

Anna-Liisu Arukask

**Project manager,
teacher, trainer**



About Me

I was born on a small island in Estonia and spend most of my life in the capital Tallinn. I moved to Spain in September 2022 to do an international volunteering program and decided to continue living here after that. I have around 14 years of work experience in very different fields, which has contributed to a very versatile skill-set.

Expert skills

- Adult training
- Non-formal learning & gamification
- Teaching & educational design
- Intercultural environments
- Leadership
- Project management and problem solving
- Facilitation
- Soft skills and conflict management

Languages

- **Estonian** - mother tongue
- **English**- C1 writing and speaking
- **Spanish**- B1 understanding, A2 speaking
- **Russian** - A2 understanding, A1 speaking

Education

- 2019- ...
Tallinn University
Masters degree, general education and teaching of history, civic studies, human studies
Currently finishing my thesis
- 2016-2019
Tallinn University
Bachelors degree, pedagogy and teaching of history, civic studies, human studies

Additional trainings

- “Be entrepreneurial” - 2021
International training course about teaching entrepreneurship in Croatia
- “Breakout” - 2021
International training course about creating educational portable escape rooms
- Sexual education in middle school- 2020
Local 13h training about teaching sex ed to teenagers
- Healthy and safe relationships- 2020
Local 20h training for preventing dating violence among teenagers
- “Leading Ladder”- 2020
International training course about leadership in Malta
- L.E.A.D - 2019
International training course about facilitation and leadership in Portugal
- “Stop your impulse”- 2019
International training course about conflict management in Austria

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Hobbies

- Dancing bachata and salsa
- Playing the piano, guitar and ukulele
- Traveling, hiking and camping
- Reading and board games

Recommenders

- [Carles Cunill](#)

+34 635 92 90 00

Leader of La Vibria Intercultural

- [Ailen Mendoza](#)

+34 645 49 67 82

Volunteers coordinator at La Vibria Intercultural

- [Pavel Vassiljev](#)

+372 5647 4298

Leader of Shokkin Group Estonia

Contact Me

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Work Experience

● 2022-...

[La Vibria Intercultural NGO](#) | [Intern](#)

Tasks: project management (coordinated 9 international projects), project writing, facilitator & trainer, administration, sending and preparing participants for international projects

Skills: *dynamisation and gamification of activities; intercultural environment, teamwork; leading; problem solving; communication & marketing; soft skills, creativity, networking and making partnerships*

● 2019-2022

[Shokkin Group Estonia NGO](#) | [Freelancer](#)

Tasks: Event management, project writing & facilitating (2), translation (English-Estonian)

Skills: *Leadership development & teamwork, English, administration, facilitation and coordination, game-based learning*

● 2018-2022

[Tabasalu High School](#) | [Estonia](#) | [Teacher](#)

Tasks: Teaching general history, civics (politics, media literacy, financial literacy) and human studies (social skills, sexual education, mental health, psychology) to 12-19 year old students.

Skills: *Adaptation, patience, innovation communication, conflict management, inclusion of special needs, learning designing, creativity, gamification,*