



MATTIAS BUYSSENS

Facilitator of learning processes

PROFILE

I am an enthusiastic and openminded facilitator, who keeps on learning about himself.

My strengths are in creating safer spaces, being calm and seeing opportunities in a creative way.

Topics I love to work around are: sustainability/wellbeing on all its levels (Personal, group and World), critical thinking, intercultural learning and inclusion.

CONTACT

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TRAINER EXPERIENCE

National:

Zin-d'erin(g)/ Jong en Van zin 2010-2014

Fulltime Trainer for young people from secondary schools (12y-18y) and bachelor programs on topics as: group dynamics, peer pressure, relationships, sexuality, creativity courses, experience based working by f.e. guided group hikes (2 or 3 days), ..
From 2012 also active as a coach within the organization.

Freelance trainer/facilitator

Freelance trainer for the following organisations	Since:
- Pimento (Former name: Zin-d'ering)	2017
- Labo vzw (Working on critical citizenship) F.e.: T4T for new trainers, teambuilding with focus in inclusion, ..	2018
- Jint (NA Flanders, Belgium) F.e: Sessions for youth workers on Wellbeing or Inclusion, On Arrival trainings.	2020
- Odisee (Higher Education, Brussels) Sessions on setting boundaries through body conscience, session on Wellbeing and nature connection.	2023

International facilitations:

2020 - 2021 Whats Up sessions (main trainer and design of sessions)
Started as online sessions during the corona period to support European solidarity corps volunteers in their wellbeing throughout these challenging period. This has been started up by Europeer volunteers where I was hired to co-create and facilitate the online sessions.

In total 5 rounds of sessions took place:

- One with solidarity corps volunteers all over Europe, supported by Europeers volunteers who took part as co-facilitator during the online sessions.
- Two online rounds with ESC volunteers active in Flanders, Belgium
- Two offline rounds with ESC volunteers active in Flanders, Belgium
→ when it was possible again to meet in real live.

2022 Belonging to nature KA2 (research, design and trainer)
Focus on how Nature (connection) contributes to the wellbeing of young people and how youth workers can contribute in this process. We chose to have to training moment in this 1,5 year project with the same group of 24 Youth workers coming from the 6 partner countries.

- Training in Slovenia May 2022
- Training in Iceland September 2022

2023 TSW Wellbeing

Trainer Skills Workshop focussing on trainers wellbeing competences in a training context offered by Salto.

OTHER RELEVANT EXPERIENCE AS TRAINER/FACILITATOR (NATIONAL AND INTERNATIONAL)

Dwagulu Dekkente vzw – Educational worker

2015-2017

Dwagulu Dekkente organizes Intercultural exchanges between Belgian youngsters (16-18) and young people in West Africa: Senegal and Burkina Faso. And creating and supporting a youth group named Fair Local, who focused on sustainability.

→ From 2017 on in the board of the organisation.

Climate Express- Coördinator

12/2017-12/2019

Coordinator of a Belgian climate movement who focussed on organising big mobilisations to make people connect for the same cause, create a feeling of connection within the movement and to put pressure on the governments in Belgium.

→ Volunteer from 2015 on. In the board since 2020.

Odisee practice lecturer/ internship supervisor Graduate Social Work

10/2020 -10/2023

Working as part-time lecturer.

Two main courses: One is general knowledge on topics like: what is social works, Psychology(base), diversity, participation, ..). The other about Professional ground attitudes as Social worker, mainly focussing on who they are (becoming) as future social workers (strengths, reflection, self-awareness, ..

And coaching and following up of internships of the first year students.

CERTIFICATES AND TRAININGS FOLLOWED

2003	Animator in Youth Work
2005	Head animator in youth work
2006	Instructor in youth work
2009	Aspirant Initiator Badminton
2010	Badminton initiator
2012	Ropes course Rescue certificate
2013	Rock and water , 3-day basic training
2017:	Coaching and Mentoring Training, Olde Vechte Foundation.
2019-2020	Train the Trainer International training course for Trainers (Salto Youth). TPP on Wellbeing in 2020: Are you(th) Aware 3 days online training

INTERNATIONAL TRAININGS/EXCHANGES AS VOLUNTEER

2010	Animator course in Zambia for Zambian youth workers in the frame of Don Bosco Youth work Belgium.
2011:	Trainer on an intercultural exchange of 3 weeks between Belgian and Zambian youth, Don Bosco Youth work
2012:	Trainer on an intercultural exchange of 3 weeks between Belgian and Zambian youth, Don Bosco youth work
2013:	Trainer on an intercultural exchange of 3 weeks to India. Collaboration of UP Leuven and Don Bosco youthwork Belgium
2017-2018	Trainer on an intercultural exchange with youth from Belgium and Burkina Faso. Dwagulu Dekkente (20 days)
2020	TPP on Wellbeing: Are you(th) aware. Online training course of 3 days.

OTHER JOB EXPERIENCES

2009-2010	IBO Scoebidoe: Coördinator after-school care and playground work. Children between 3 and 12 years old.
2010	Opvangcentrum Rode kruis. Working with refugees (families and unaccompanied minors)
2014-2015	Beroepenhuis vzw (targetgroup 10-13) Giving workshops based on the talents of the youth so they could make a better choice towards secondary school.