

LEGAL NAME OF ORGANISATION	UMP – União das Mutualidades Portuguesas	
TYPE OF ORGANISATION	Non-governmental organisation/association	
OID (ORGANISATION ID)	E10069154	

Legal representative

TITLE	Dr.		
GENDER	Male		
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FAMILY NAME	Silva		
POSITION	President		
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Contact person

TITLE	Dra.		
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Please briefly present the organisation.

União das Mutualidades Portuguesas (UMP), founded in 1984, is a higher level mutual association, bringing together 53 Portuguese Mutual Associations.

Its main objective is the representation and dissemination of the Mutualist Movement, and the definition of its strategic guidelines and general lines of action.

Within the scope of its attributions, it is an active partner in the definition of social policies and in the development of the Social and Solidarity Economy, participating in national and international representations.



Mutualism is a private system of social protection aimed at the mutual support of its members. It is a form of economic organization in which the associates are an active part in the definition of their social self-protection, based on responsible solidarity, because by joining with others to "mutualize" the risks that affect the stability of their incomes, sharing the costs in an equitable way and participating in the organization of complementary regimes and welfare, they benefit from the effect of dimension and solidarity.

As an entity officially recognized by the Portuguese State to represent the Mutualist Movement in Portugal, UMP develops its action in the promotion, defense, innovation, culture and practices of the Mutualist Movement in the development and representation of Portuguese Mutual Societies in the National and International territory, based on the values of Solidarity, Mutual Support, Coresponsibility, Independence, Democracy and Freedom.

UMP's historical performance in favour of civil society is proven and consolidated in the implementation of a set of activities and projects that promote social cohesion, employment and individual liberties, especially for the most **disadvantaged young people**.

What are the activities and experience of the organisation in the areas relevant for this application?

UMP develops several initiatives that reflect its commitment to the promotion and empowerment of young people and their added value to society. In addition to stimulating the renewal of the Mutualist Movement through a clear focus on the recruitment of young people, seeking to contribute to mitigate the problem of youth unemployment, the creation of the Mutualist Youth Movement (MMJ) demonstrates UMP's commitment to this sector.

UMP is developing the project "Beyond NEET - Promoting youth social inclusion through volunteering", approved in 2022 with ref. 2022-1-PT02-KA210-YOU-000083033, whose main objective is to empower Civil Society Organizations in the area of inclusive volunteering, in order to increase the civic participation of young NEETs (not in education, employment, or training). The aim is to promote the civic and social inclusion of these young people, through employment, training, social entrepreneurship and volunteering, reducing their risk of social exclusion. http://beyondneet.mutualismo.pt/

In 2018, UMP coordinated the project "YOU're H.O.M.E - Youth & Refugees: Helping Others Means Europe", approved under ref. 2018-2-PT02-KA105-005254, through which it organized a youth exchange, bringing together for a week young people from several European countries, in Porto, with the aim of analyzing the refugee crisis, seeking to identify the main challenges that refugees face upon arrival in Europe, what good practices exist not only in Portugal but also in



Europe, and also seeking to discuss new solutions to this problem.

Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

Luís Alberto Silva, President of UMP since 2012, currently Vice-President of the World Mutual Union, represents the Mutual Movement at the Portuguese Government and the European Union.

Edgar Diogo, Coordinator of UMP, head of the institution's capacity development project and of international projects in the area of Social Economy, including Erasmus Plus projects. Represents UMP in the European Economic and Social Committee, and in several international projects with the CPLP countries - Community of Portuguese Speaking Countries.

Adriana de Sá, Coordinator and manager of the Erasmus Plus project "Beyond NEET". She is responsible for the events and protocol office of UMP.

José Dias, Coordinator of the Communication Office of UMP, responsible for setting and implementing the communication strategy and image of the institution (website, newsletter, social media, magazine and events).

Susana Chaves, Was project manager of social, cultural, employment, entrepreneurship, science, technology and innovation projects at the Portuguese Youth Foundation for 28 years. Currently works as a project manager at the project's office of the UMP. Has a lot of experience in managing European projects under Erasmus Plus and other european programmes.

Has the organisation participated in a European Union granted project in the 3 years preceding this application? Please, provide us ALL PROJECTS FUNDED BY EUROPEAN UNION WHICH YOU PARTICIPATED IN (as a beneficiary and as a partner organisation from last 3 years).

EU Programme	Year	Project identification or Contract number	Applicant/Benficiary Name
Erasmus Plus	2022	2022-1-PT02-KA210- YOU-000083033	União das Mutualidades Portuguesas
Erasmus Plus	2018	2018-2-PT02-KA105- 005254	União das Mutualidades Portuguesas

Web-site: https://mutualismo.pt

Social media:

https://www.facebook.com/mutualidades.portuguesas



https://www.instagram.com/mutualidadesportuguesas/https://www.linkedin.com/company/mutualidades-portuguesas/