# LIGHTWORKERS

## SHED YOUR LIGHT ON THE WORLD



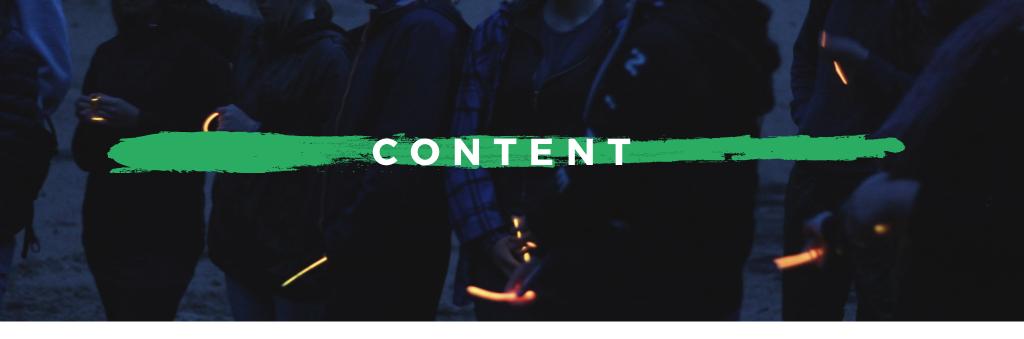


### THERE ARE 2 TYPES OF ENERGY ON THIS PLANET

Light energy is unlimited and comes from Source. It's high vibrational, expansive and full of love. Dark energy is much more dense. It's the manipulation, power struggle and fear. It sees us all as separate, rather than connected spiritual beings. It goes against the flow of The Universe. A LIGHTWORKER IS ANYONE WHO DEVOTES THEIR LIFE TO BEING A BRIGHT LIGHT IN THE WORLD

We will gather up 25 participants from 5 countries for a week in Latvia with the aim to increase and share our light. During the time when the nature goes to sleep - autumn - we will be going out to experience the beauty of it and to inspire others to do the same.





#### UNDERSTANDING MYSELF

G We gather for a retreat and the autumn will serve us in our
F self exploration journey. We will spend part of the day in a peaceful manner, absorbing what we are learning.

#### **OUTDOORS AND NIGHT**

- T Don't you just love the coziness of a warm blanket and hot tea? You will learn to appreciate it much more after several nights spent under the starry sky.
- CREATION OFAs a physical representation of our journey we will createSTUFFour own balance boards, hammocks, games and films. Allfilled with light. And a lot of LED. And fluorescent paint. And<br/>reflectors. And lightsticks.

# ELECTRICITY IS IN THE AIR

FIND YOUR POSSIBLE PAX

CLARIFY YOUR LEARNING NEEDS

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JOIN THE ADVENTURE

5

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