



LIGHTWORKERS

SHED YOUR LIGHT ON THE WORLD





LIGHT AND DARK

THERE ARE 2 TYPES OF ENERGY ON THIS PLANET

Light energy is unlimited and comes from Source. It's high vibrational, expansive and full of love. Dark energy is much more dense. It's the manipulation, power struggle and fear. It sees us all as separate, rather than connected spiritual beings. It goes against the flow of The Universe.

A LIGHTWORKER IS
ANYONE WHO DEVOTES
THEIR LIFE TO BEING A
BRIGHT LIGHT IN THE
WORLD

We will gather up 25 participants from 5 countries for a week in Latvia with the aim to increase and share our light. During the time when the nature goes to sleep - autumn - we will be going out to experience the beauty of it and to inspire others to do the same.





CONTENT

UNDERSTANDING MYSELF

We gather for a retreat and the autumn will serve us in our self exploration journey. We will spend part of the day in a peaceful manner, absorbing what we are learning.

OUTDOORS AND NIGHT

Don't you just love the coziness of a warm blanket and hot tea? You will learn to appreciate it much more after several nights spent under the starry sky.

CREATION OF STUFF

As a physical representation of our journey we will create our own balance boards, hammocks, games and films. All filled with light. And a lot of LED. And fluorescent paint. And reflectors. And lightsticks.

ELECTRICITY IS IN THE AIR



1

**FIND YOUR
POSSIBLE PAX**

2

**CLARIFY YOUR
LEARNING NEEDS**

3

**JOIN THE
ADVENTURE**

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