



PROJECT RESUMÉ

TITLE OF THE PROJECT: to be defined

EUROPEAN PROGRAMME: Erasmus +

ACTION: KA1 Learning Mobility of Individuals - Youth Exchange

DEADLINE: 26 aprile 2016

APPLICANT: Municipality of Roccagloriosa

PARTNERS: 3

In order to be coherent to the chosen priority and the topic of the project we believe that it is important to choose countries, which have similar rural dedication as well as an important background on multicultural and integration issues, such as **Spain, Cyprus, Croatia, Greece** on one side and **Estonia, Latvia, Lithuania** or **East European countries** on the other side.

BENEFICIARIES: young people aged from 18 to 25 (if possible involved in fields such as catering, hospitality, fishing, crop or food production or processing)

PARTICIPANTS' No.: 24

DATE: 7/12 November 2016

GENERAL OBJECTIVES:

- a) to promote the democratic participation and the active citizenship through intercultural dialogue, social inclusion, and to enhance mobility and learning opportunities of young people involved in youth field, and finally strengthen the connection between youth and job market;
- b) to increase the awareness about European principles and values;
- c) to reinforce the cooperation between youth organizations and other stakeholders;
- d) to increase the European dimension of youth activities;
- e) to promote different formal/non formal learning levels adopting European instruments for the recognition of competences;
- f) to stimulate interregional and trans boundary cooperation between public, local and regional entities.

For the year 2016 a stronger accent will be given to the selection of projects promoting:

- opening dialogue towards young emarginated people, to promote the the intercultural and interreligious dialogue, common values of freedom, tolerance and respect for human rights;
- development of critical and enterprise sense;
- development of a media culture, which can be universally understood and positively used and critically employed to disseminate a positive thought;
- supply young people with methods and skills to transmit the common value of our society.

In this regard, taking into account the critical context in Europe -and considering the fact that youth work, non-formal learning activities and volunteering can significantly contribute to address the needs of refugees, asylum seekers and migrants and/or increase awareness about this issue within local communities – particular attention will also be given to support youth mobility



projects involving or focussing on the refugees/asylum seekers and migrants.

SPECIFIC OBJECTIVES:

- improve the level of key competences and skills of young people, including those with fewer opportunities, as well as to promote participation in democratic life in Europe and the labour market, active citizenship, intercultural dialogue, social inclusion and solidarity, in particular through increased learning mobility opportunities for young people, those active in youth work or youth organisations and youth leaders, and through strengthened links between the youth field and the labour market;
- foster a better knowledge, awareness and validation of youth work and of non-formal learning at European, national, regional and local level, especially enhancing the role of youth workers and of other organisations as support to young people;
- Improve key competences and multilingualism;
- enhance entrepreneurship;
- foster the co-operation between public local and regional organisation to promote reform policies regarding youth;
- foster the ability of young people to express their opinions, get linked and influence policy-makers, to connect with public administration, interests groups, civil society organisations or single citizens involved in policy-making and social process, regarding youth;
- enhance the international dimension of youth activities and enhance the capacity of youth workers and organisations in their support for young people in complementarity with the European Union's external action, in particular through the promotion of mobility and cooperation between stakeholders from Programme and Partner Countries and international organisations.

PROJECT IDEA:

in 2013 UNESCO has Inscribed the Mediterranean Diet on the prestigious Representative List of the Intangible Cultural Heritage of Humanity (8.COM).

The Mediterranean diet involves a set of skills, knowledge, rituals, symbols and traditions concerning crops, harvesting, fishing, animal husbandry, conservation, processing, cooking, and particularly the sharing and consumption of food. Eating together is the foundation of the cultural identity and continuity of communities throughout the Mediterranean basin. It is a moment of social exchange and communication, an affirmation and renewal of family, group or community identity. The Mediterranean diet emphasizes values of hospitality, neighbourliness, intercultural dialogue and creativity, and a way of life guided by respect for diversity. It plays a vital role in cultural spaces, festivals and celebrations, bringing together people of all ages, conditions and social classes. It includes the craftsmanship and production of traditional receptacles for the transport, preservation and consumption of food, including ceramic plates and glasses. Women play an important role in transmitting knowledge of the Mediterranean diet: they safeguard its techniques, respect seasonal rhythms and festive events, and transmit the values of the element to new generations. Markets also play a key role as spaces for cultivating and transmitting the Mediterranean diet during the daily practice of exchange, agreement and mutual respect.



R.1: Transmitted from generation to generation, particularly through families, the Mediterranean diet provides a sense of belonging and sharing and constitutes for those who live in the Mediterranean basin a marker of identity and a space for sharing and dialogue;

R.2: Inscription of the element on the Representative List could contribute to raising awareness of the significance of healthy and sustainable food related practices in other parts of the world, while encouraging intercultural dialogue, testifying to creativity and promoting respect for cultural, environmental and biological diversity;

R.3: Safeguarding measures focus on raising awareness, transmission, documentation, revitalization as well as legislative actions; emphasis is placed on strengthening cooperation mechanisms between and among the communities and States concerned;

The project aims to foster the intercultural dialogue and to enhance the awareness of the importance of food, related to co-operation, intercultural dialogue, mutual respect, stimulating the exchange of views between peers about European values through methods and techniques of non formal education.

The exchange will involve young people coming from different EU countries, each one with its own history of European integration within communitarian policies but with one common factor: their food habits. These can show common features at long distances and can make people feel at home also far away from their home countries, which is probably one of the reasons migrants never feel at home. If the young participants are able to spread their tradition to other European Countries they will make one step towards the development and increase of European awareness on EU fundamental values, and furthermore they will help migrants coming from the Mediterranean basin feel more at home.

All the activities organized during the exchange will be finalized to the creation of a *social food blog* and a page on the main social networks to disseminate receipts, videos, and food habits included in the Mediterranean Diet. This will guarantee the sustainability and continuity of the project and its transnational dissemination.

In its role of hosting country, Roccagloriosa Municipality will have the possibility to endorse local culture and traditions through foreseen outdoor visits.

ACTIVITY PLAN

- Start up of activities
- Selection of participants through an intense campaign in schools/associations/youth forums;
- Selection of hospitality venues on the territory to host the young participants;
- Incoming and hospitality management of participants;
- Preliminary meeting with the young participants to introduce the project aims;
- Planning of the results' dissemination process (press campaign on the web and on traditional papers, web radio interviews, etc);
- Closing event involving the community and all stakeholders.



The following are some of the activities that will take place during the youth exchange and that will have to be defined properly and described in the detail.

- Ice-breaking, team building, role play, open space
- Outdoors activities (visit to the cultural heritage of the territory);
- National fairs (theme nights to present the traditions, uses and food of the involved countries).

TYPE OF PARTNER NEEDED/REQUESTED

- Non profit organizations;
- European youth NGOs;
- Social Enterprises;
- Public local entities;
- Groups of people acting in youth work (informal group);
- Public entities at regional and national level;
- Regional associations;
- European groups of territorial cooperation;