

GENERAL INFORMATION TO PARTNERS:

“CreativeTherapy meets YouthWork”

Aim: to increase the competence of people working with youth with special needs to use methods based on creative therapies (CT) (music, body movement, art) to stimulate self-development and increase social inclusion of the target group.

Sub objectives:

- introduce methods based on creative therapies as a tools for social inclusion;
- to promote the use of methods based on CT in their present and future work;
- to give participants skills on how to integrate creative methods (music therapy, body movement, visual arts) to their work;
- to give experience in designing workshops;
- sharing of good practices by professional therapists and youth workers;

When: 1-8 june 2015, Saaremaa (biggest island in Estonia).

Profile of participants: youth workers; people working with youth living with special needs (disabilities); people who are interested in start using creative methods in their work. Participants of the training course will be mixed group of professionals working with therapeutic methods on daily bases and youth workers who are beginners in the field, but interested in integrating the methods in their daily work with youngsters.

Preliminary program:

day one	:arrivals
day two	:getting to know each other/program
day three	:method day: music
day four	:method day: body movement
day five	:method day: art
day six	:workshop preparation/presentation
day seven	:evaluation/feedback
day eight	:departures

Partners: 10 organisations, 2 people per organisation (total 20 participants).

Funding will cover:

- international travels;
- lodging (accommodation, food);
- 30€ participation fee;

* application will be submitted on the 1st of October deadline under Key Action 1 (KA1) of Erasmus+ program.

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