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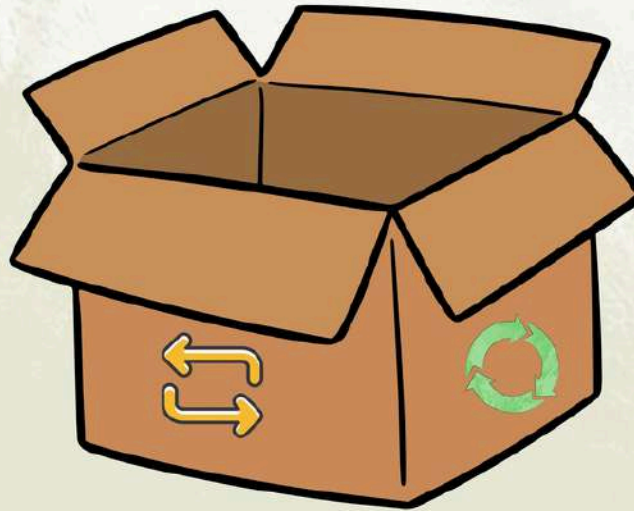
BİLGİN
ANADOLU
LİSESİ



CHANGE YOUR BOX



Youth Exchange



28 November – 5 December 2024
Istanbul, Türkiye

ABOUT THE PROJECT

The aim of the **"Change Your Box"** project is to promote the use of recycling bins, reduce the prevalence of trash bins, and raise environmental awareness among individuals and communities. By encouraging a shift towards eco-friendly practices, we seek to foster a culture of sustainability and responsible waste management, ultimately contributing to the protection of our environment for future generations.

EXPERIENCE

The project encourages young people to implement waste management systems based on recycling in both their school and personal lives. They will learn firsthand the environmental and economic benefits of recycling.

RECYCLING

Young people will design their own recycling bins to creatively express the importance of recycling. This process will not only increase their awareness of recycling but also allow them to personalize and transform recycling bins with artistic touches. These designed bins will contribute to spreading the culture of recycling.

SUSTANABILITY

The main goal of the project is to help young people understand waste management practices on a global scale and enhance their competence in this area. They will connect with young people from other countries to explore how waste management is addressed worldwide.

COMMUNITY

The project aims to reduce the amount of waste each young person generates and ensure that recyclable waste is collected and delivered to the Ataşehir Municipality, contributing to the local community. In this way, they will contribute to the economy of our country through recycling.

EMPATHY

Young people will have the opportunity to learn about waste management systems in other countries and share their own experiences, developing awareness of different environmental practices. This will foster responsibility and empathy towards global waste issues.

PERSPEKTIVE

By removing trash bins from classrooms / home and encouraging young people to manage waste more effectively, our project helps them contribute to cleaner and healthier learning environments through small daily behavioral changes. It also raises awareness for a sustainable future.



Project ACTIVITIES



2 Participants will design recycling bins from waste materials to contribute more to environmental protection.

5 Aims to raise environmental awareness by encouraging the design of alternative recycling tools.



6 An event aimed at designing a catchy and memorable logo for the project.



7 Designed to increase the project's visibility and spread recycling awareness.



1 Participants will discover the environmental harms of products we use and find solutions to reduce them.

3 Aims to raise awareness about Erasmus+ projects and encourage more people to participate



4 Participants will develop a sense of beautifying and protecting nature.



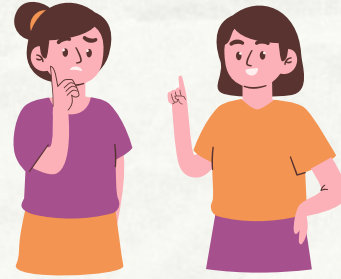
General Information



A total of 42 young participants from 6 countries will participate in this project.



Gender balance is important. Each partner will take responsibility for achieving this balance.
3 Male-3 Female
(excluding group leader)



Ability to speak and understand in English (A2 Level at least, support will be offered by other participants with better knowledge of English)

PARTICIPANTS PROFILE



- 15-20 age range
- High motivation towards the project
- Willingness to develop digital skills
- Sensitive about environmental problems and interested in working on this issue
- People with or without experience in youth projects
- People who want to contribute to the project
- People who will be excited and actively participate in the activities
- People interested in the subject of the project
- Active social media users
- Balanced selection of young participants (50% male and 50% female)
- Each group consists of 6 participants and 1 group leader. In total 42 participants and 6 group leaders will take part in the project activity

GROUP LEADER

- 25-35 years old,
- Facilitation skills (group leader of each national team will be responsible for one day during the programme)
- Someone who won't pressure or discriminate between participants
- People in the process of learning a new language and adapting to a new social community
- Participation in at least 3 Erasmus+ projects
- Someone who will support participants and ensure their integrity
- Solid knowledge of youth policies, and youth activism, or are active volunteers in their organizations
- Leadership qualities, a believer in team spirit
- Strong communication and coordination skills
- Minimum B1 level of English is required.

APPLY NOW



<https://forms.gle/v9eJUQ4ued3aW3b37>

For applying, you need to fill the following form:

Country + Travel Budget

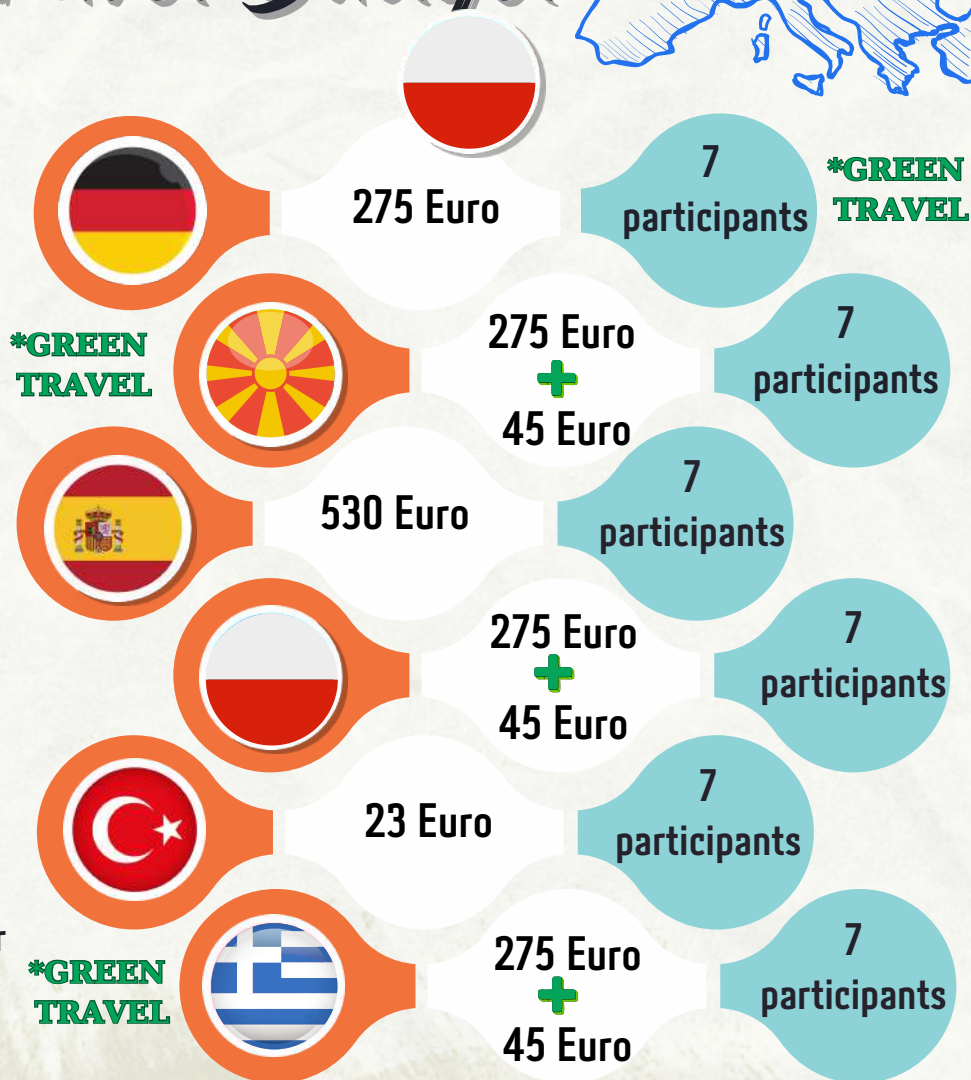


The Reimbursement will be done on the leaders and or sending organizations, after all of the national teams send original complete return tickets and dissemination or follow-up activity – visibility of the activity.



GO GREEN

The partner and/or applicant organization is not responsible for any late, delayed and/ or cancelled flights or any other transport, including lost luggage but rather your airlines companies and agencies. No refund twice is legible for the same trips.



****Only participants from North Macedonia, Poland and Greece can use Green Travel.
Travelling by bus, train, low-carbon vehicles is valid during the trip.**

Only travel costs that have been approved by organizers prior to booking will be reimbursed. Hence, do not buy any tickets without consulting your sending organization first.

We will help you to find the most suitable and easiest option for you all.



Hosting Organization



BİLGİN
ÖZEL
ANADOLU
LİSESİ

Bilgin Anatolian High School (Ataşehir, Istanbul) has been providing education since April 2015, with a mission to nurture inquisitive, skillful, and socially responsible individuals. The school aims to prepare students for both national and international success, offering a comprehensive education that emphasizes critical thinking, leadership, and universal values. With 23 academic staff and hundreds of graduates, Bilgin stands out for its innovative educational models and international collaborations.

The school is actively involved in Erasmus+ projects, focusing on international mobility, student exchanges, and cross-border partnerships with countries like **Germany, Hungary, and North Macedonia**. It also engages students in various social responsibility projects and e-twinning initiatives, fostering skills in leadership, human rights, and career development.

Bilgin Anatolian High School offers a variety of educational, social, and cultural projects, including leadership training, human rights education, ecological events, and art exhibitions. Its **International & Erasmus office** facilitates international exchanges and EU programs. Through personalized support, Bilgin helps young people develop the skills needed for employment and entrepreneurship, empowering them to reach their full potential.





REIMBURSEMENT CONDITIONS

The project is financed by the Erasmus+ program. Personal and medical insurance are the responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs.

Make sure that you keep all your original travel tickets because they are needed for reimbursement. Use only PUBLIC TRANSPORT and select the cheapest and/or affordable tickets. Before booking any tickets, please contact the project coordinators.

Taxi is not eligible for reimbursement.

Note 1: Only the cheapest means of transport/fares are subject to reimbursement.
All amounts are expressed in Euros.

Note 2: For all participants who send us [original] tickets, the organization will reimburse travel costs 2-3 months after the project's end. Original tickets MUST be sent, but participants need to ensure a copy or a photo of them as proof, in case of loss. Reimbursement will be done by the team leaders or the responsible people of each organization.
In case you are unable to find flights within the budget limits please contact us ASAP.



Health Recommendations

It is mandatory to have health insurance valid in Türkiye during the period of stay, for any emergency, accident, or civil responsibility.

- The health insurance cost is not subject to refund, but there are many options in every country, you can consult with your medical center (sometimes also house insurance includes travel ones)

Bring always your own medicines as our team cannot prescribe any medical treatment, only supplies from the first aid kit.





Accommodation INFO



The address of our hotel is (The Hera Platinum Hotel)

Address: Istanbul, Ataşehir, Küçükbakkalköy, Kayışdağı Cd. 143

Accommodation, meals (breakfast, lunch, dinner), wifi, coffee break and training are covered for the days of project (28 November–5 December 2024).

Check-in after 14:00, check-out 12:00 in the morning.

Participants will be accommodated in rooms together with 3 participants, with mixed nationalities, according to gender.

Location: https://maps.app.goo.gl/ohu8Hp6XBK3bMjvGA?g_st=com.google.maps.preview.copy





RECOMMENDATIONS

Istanbul

Istanbul is a city rich in history, culture, and diversity, with a legacy spanning over 2,500 years. Once known as Byzantium, and later Constantinople, it served as the capital of the Roman, Byzantine, and Ottoman empires. Its strategic location, connecting Europe and Asia, made it a key center for trade, culture, and politics. By the 15th century, under Ottoman rule, Istanbul thrived as a hub of commerce, science, and the arts. Today, with a population of approximately 16 million, Istanbul stands as a dynamic metropolis that blends its historical heritage with modern life. Iconic landmarks like the Hagia Sophia, Topkapi Palace, and the Blue Mosque reflect the city's rich past, while its bustling bazaars, cosmopolitan neighborhoods, and breathtaking views of the Bosphorus make it a global center for culture, education, and tourism.

The Most Important Places

Ayasofya

Blue Mosque

Topkapi Palace

Galata Tower

Grand Bazaar

Maiden's Tower

Taksim Square

Bosphorus





Terms & Conditions



Participants cannot come later or go before the activity days (from 28 November–5 December 2024).
The travel days allowed are 2 days before **OR** 2 days after the project date.



We would like to see optimistic and active participants in the activities!



Participants should take their own responsibility for attending the activities on time and being respectful to the rest of their mates.



Adaptability is very important, you are coming to a different country and meeting people from other cultures: food, conditions, or behaviors may be different but enjoyed and respected.



Dissemination actions and sharing about the experience are requested to participants and very appreciated for accomplishing some of the aims of the program.



What to Bring ?

- Clothes suitable for the cold weather
- Your digital devices (phone, camera, tablet...)
- Personal hygiene supplies (shampoo, toothbrush, etc.)
- **Accompanied by Group Leaders, each country will lead the workshops determined in the Project with its own participants.**
- Medicines according to your health and needs
- **Materials for the intercultural night: food, any kind of traditional clothes or national speciality...**
- Your cup for avoiding plasticwaste
- All groups should bring two magazines from their own country.



Activity Table

We will share the facebook group to see the agenda...

Still not sure? Come and be part of it...



Our intercultural
environment and
international
friendships



Together
learning and
self-growth



Turkish cultural,
gastronomic,
artistic
experience



Funny events such as
intercultural nights,
parties and gathering

Contact Information



Logistics support
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Program Coordinator
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Project Coordinator
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See you!

