

INFOPACK FOR ERASMUS+ MOBILITY OF YOUTH WORKERS: BULGARIA

Program Dates: 9–15 December 2024

Host Locations: Vratsa (9–11 December 2024) and Svishtov
(11–15 December 2024), Bulgaria

Organized by: Institute for Perspectives
<https://www.institute-perspectives.com>



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PROJECT OVERVIEW

Welcome to the Erasmus+ Mobility for Youth Workers in Bulgaria! We are excited to host you in Vratsa and Svishtov from 9 to 15 December 2024 for an enriching program designed to foster the development of youth workers across Europe. This event will focus on strengthening capacities in career guidance, labor market inclusion, and building strategic partnerships for future projects. We look forward to working together to create new opportunities for youth empowerment across the EU.

The mobility program aims to equip youth workers with the necessary competencies to support the inclusion of young people from vulnerable groups in the labor market and public life. This event is not just a training opportunity but also a platform to build networks and foster long-term collaboration for future Erasmus+ projects and other European initiatives.

Sincerely, Institute Perspectives Team



KEY OBJECTIVES:

EMPOWER YOUTH WORKERS:

Equip participants with tools and methodologies to help young people, especially those from marginalized backgrounds, integrate into the labor market and engage in civic life.

METHODOLOGY TRAINING:

"Towards a Successful Future" – participants will be trained in identifying talents in young people and directing them towards professional opportunities.

COMBATING SOCIAL INEQUALITY:

Collaborative sessions to tackle youth unemployment and social inequality.

BUILDING A EUROPEAN NETWORK FOR YOUTH INCLUSION:

Strengthen partnerships between youth organizations and educational institutions across Europe for sustained collaboration on youth work.



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PARTICIPANT PROFILE:

WE ARE HOSTING 14 YOUTH WORKERS FROM DIFFERENT ORGANIZATIONS ACROSS THE EUROPEAN UNION, IDEALLY THOSE WITH DECISION-MAKING CAPACITIES WITHIN THEIR INSTITUTIONS. WE SEEK INDIVIDUALS WHO:

- Have the authority to make decisions within their organizations.
- Are committed to fostering the inclusion and development of vulnerable young people, particularly from small or rural communities.
- Are interested in long-term collaboration in future projects and youth exchanges.
- Are willing to support the dissemination of innovative educational methods and projects.
- NO AGE LIMIT, only 18+



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PROGRAM SCHEDULE



Day 1 (9 December, Vratsa):

- 16:00: Arrival and Check-in
- 17:00: Welcome and Ice-breaking Activities
- 17:30: Introduction to the Mobility objectives
- 18:30: Workshop: career guidance for vulnerable youth
- 19:30: Networking Session
- 20:30: Dinner

Day 2 (10 December, Vratsa):

- 09:00: Workshop: Identifying talents and strengths in youth
- 11:30: Field Visit: Local youth Innovation Hub
- 13:00: Lunch
- 14:30: Collaborative Session: Addressing Youth Unemployment
- 17:00: Group Discussion: Innovative Approaches to Youth Work
- 19:00: Dinner

Day 3 (11 December, Vratsa):

- 09:00: Team-Building Activities and Reflection
- 11:00: Transfer to Svishtov
- 13:00: Lunch in Svishtov
- 14:30: Introduction to the Svishtov Youth Ecosystem
- 16:00: Workshop: "First Steps Towards EU Values"
- 19:00: Dinner

Days 4–6 (12–15 December, Svishtov):

- 09:00: Learning Sessions on EU Methodologies
- 11:30: Project Concept Development Workshops
- 13:00: Lunch
- 14:30: Partnership Building and Network Strengthening
- 17:00: Presentations: Drafting Project Concepts for Future Collaboration
- 19:00: Dinner and Cultural Exchange

Day 7 (15 December, Svishtov):

- 09:00: Final Presentations and Evaluations
- 12:00: Departure



TRAVEL AND ACCOMMODATION

- **Arrival and Departure:**

Participants should arrive in Vratsa by 9 December 2024, and the program will conclude in Svishtov on 15 December 2024. Detailed information about local transport from airports to Vratsa and Svishtov will be provided in advance.

- **Accommodation:**

Accommodation for all participants will be provided at hotels or guesthouses in Vratsa (9–11 December) and Svishtov (11–15 December). Rooms will be shared, but we will accommodate any specific needs or preferences. Please notify us in advance of any special requirements.

- **Meals:**

Breakfast, lunch, and dinner will be provided during the entire program. Please inform us of any dietary restrictions so we can make appropriate arrangements.

- **Financial Arrangements**

All costs related to accommodation, meals, and local transportation during the mobility are covered by the Erasmus+ budget. Travel costs will be reimbursed according to the Erasmus+ guidelines, so participants must keep their boarding passes and travel receipts for reimbursement.

- **Health and Safety**

Participants are required to have their own travel and health insurance. Please ensure that your insurance covers the full duration of the program, including any travel days. We will also follow any current health protocols and regulations applicable in Bulgaria at the time of the mobility.



CULTURAL AND PRACTICAL INFORMATION

- **About Bulgaria:**

Bulgaria is a culturally rich and historically significant country. Participants will have the opportunity to experience local traditions, customs, and explore the host towns. Both Vratsa and Svishtov are known for their cultural and natural landmarks, so we encourage participants to take some time to explore.

- **Currency:**

The local currency in Bulgaria is the Bulgarian Lev (BGN). You can exchange money at the airport or use ATMs in Vratsa and Svishtov.

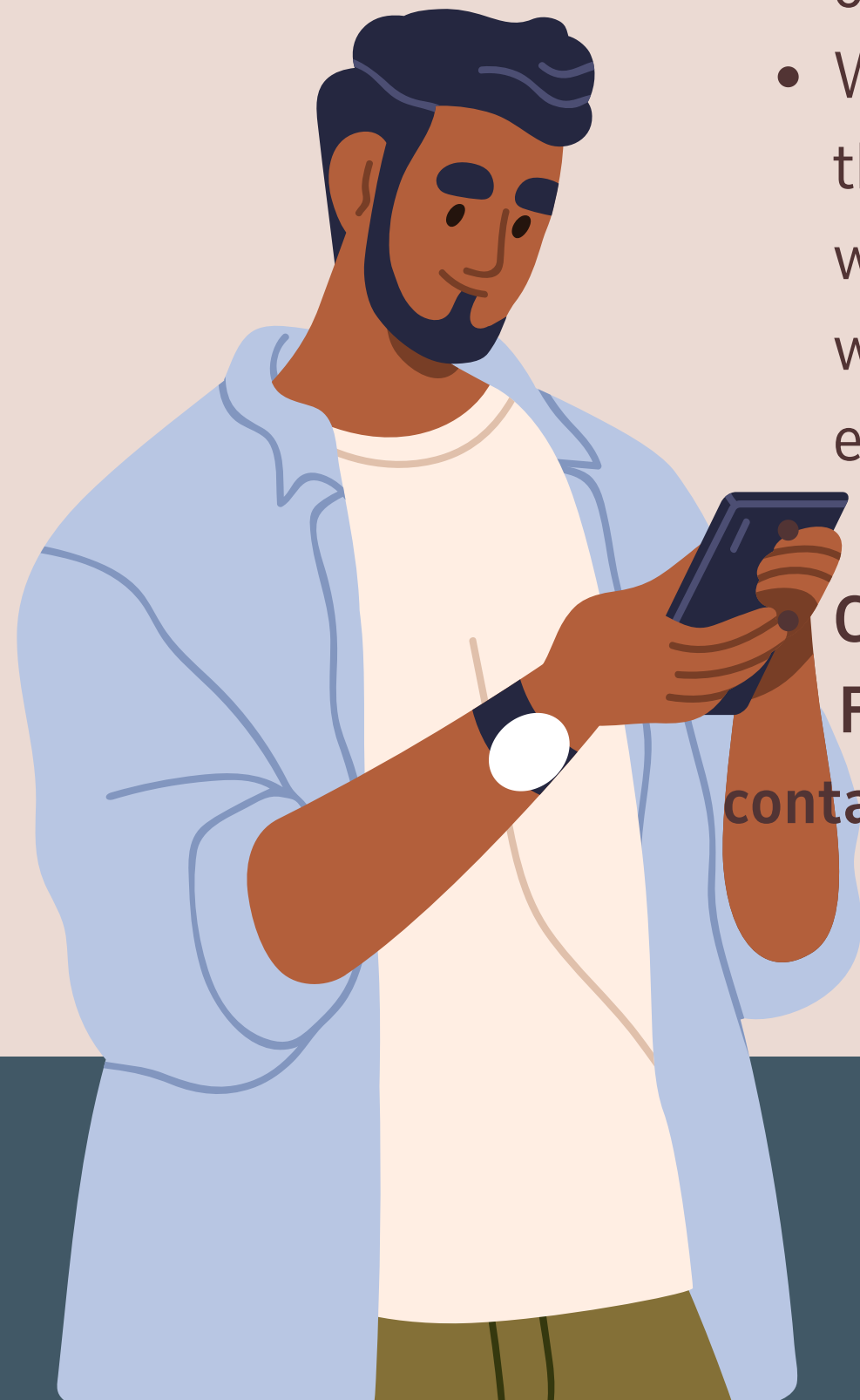
- **Weather:**

December in Bulgaria can be cold, with temperatures ranging from 0°C to 10°C. Please bring appropriate winter clothing, including warm coats, hats, and gloves.



ONLINE PREPARATION MEETING

- An online preparation meeting will be held on 23 October 2024 at 19:30 CET. During this meeting, we will go over the final logistics and answer any questions you might have about the program. Please mark your calendars and ensure that your organization's representative attends.
- We expect that participants will actively disseminate the knowledge gained during the mobility within their organizations and networks. This may involve organizing workshops, writing reports, or sharing experiences on social media. Additionally, we will invite participants to partner with us in future Erasmus+ projects and exchanges.



Contact Information

For any questions or concerns before or during the mobility, please feel free to.

contact the project coordinator at: Email: erasmuska1@institute-perspectives.com

Phone: +359879866850



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VRATSA YOUTH CENTER:

A HUB OF YOUTH EMPOWERMENT AND INNOVATION

The Vratsa Youth Center stands as a beacon of hope and opportunity for young people in the northwestern region of Bulgaria. Nestled in the heart of one of Bulgaria's most picturesque towns, this center is more than just a building—it is a thriving community space designed to ignite the potential of youth and inspire change. Since its establishment, the center has committed itself to creating a dynamic environment where young people can cultivate their talents, develop life skills, and foster a deeper connection to their local and European communities. At the core of the Vratsa Youth Center's mission is youth empowerment. The center offers a range of programs designed to build leadership, communication, and problem-solving skills. Through interactive workshops, mentorship opportunities, and volunteer initiatives, participants are encouraged to take active roles in shaping their futures and contributing to their communities. The center's activities are geared toward addressing the challenges faced by young people today, including unemployment, social exclusion, and the need for greater civic engagement. With programs focused on personal development, entrepreneurship, and digital literacy, the center helps youth gain the tools and confidence to navigate an increasingly complex world. For young people in Vratsa and beyond, the Vratsa Youth Center represents a place of inspiration and growth. It is a space where ideas come to life, where the voices of youth are not only heard but amplified, and where each individual is empowered to make a difference. Whether through training programs, cultural events, or hands-on projects, the Vratsa Youth Center continues to light the way for the next generation of change-makers, offering them the tools and the opportunities to build a better future for themselves and their communities.



To learn more, visit: [Vratsa Youth Center](#)

INSTITUTE PERSPECTIVES YOUTH SPACE:

A CATALYST FOR INNOVATION AND COMMUNITY TRANSFORMATION

One of the most innovative aspects of the Youth Space is its focus on combining education with practical, real-world experience. Through its partnerships with local universities and businesses, young people have access to internships, volunteering opportunities, and hands-on projects that help them build the experience and confidence they need to succeed in the job market. The Youth Space is not just a place for learning; it is also a model of sustainable innovation. The transformation of the physical space itself reflects the Institute for Perspectives' dedication to ecological responsibility. The entire center has been designed with sustainability in mind, featuring energy-efficient technologies, eco-friendly materials, and a commitment to reducing the community's carbon footprint. In addition to its green infrastructure, the Youth Space also offers a range of educational programs focused on sustainability and environmental stewardship. Young people are encouraged to engage with topics like green entrepreneurship, renewable energy, and sustainable development, helping to shape a generation of youth leaders who are conscious of their environmental impact and motivated to take action. The Youth Space is more than just a place for individual development—it is a hub for building stronger, more resilient communities. By fostering connections between local schools, businesses, and civic organizations, the Youth Space helps to create an ecosystem in which young people can thrive. Its focus on community engagement ensures that the benefits of the space extend beyond the individual participants, creating positive ripple effects throughout the entire region. Through its various outreach programs, the Youth Space also works to break down the barriers that often prevent marginalized young people from accessing educational and professional opportunities. By providing a welcoming and inclusive environment, the Youth Space helps to bridge the gap between vulnerable groups and the resources they need to succeed. The Youth Space also serves as a platform for co-creation and collaboration. It brings together local and international partners to work on projects that address some of the most pressing challenges facing today's youth, from unemployment and social inequality to digital exclusion and environmental degradation. By connecting young people with experts, mentors, and peers from across Europe, the Youth Space empowers them to co-create solutions that are innovative, impactful, and sustainable. As it continues to grow, the Youth Space remains at the forefront of youth empowerment in Bulgaria, setting an inspiring example for other communities across Europe. It is a place where dreams turn into action, where collaboration leads to tangible change, and where young people are empowered to build a brighter, more inclusive future for themselves and their communities.



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to learn more, visit: [Institute for Perspectives Youth Space](#)

THANK YOU

