

## Participation in Youth Work

**Training Course - exchange of expertises** 

Brežice, Slovenia March 2025

INFOKIT

#### Welcome!

It would be a pleasure to have you on board with us as part of this training designed especially for youth workers like yourselves. We will embark on a journey of sharing, learning, and growing together to strengthen our collective impact on the lives of young people.

The primary aim of this meeting is to exchange experiences, methodologies, and activities that have proven effective in engaging youth participation. By learning from one another, we hope to foster an environment of mutual inspiration and innovation.

This training is designed not only to facilitate knowledge transfer but also to build a network of experts, where collaboration and mutual support can flourish. Together, we'll develop new approaches to youth work that respond to today's challenges and opportunities.

The training course will be implemented in non formal education methodologies, that acquire active participation, explorative and experiential learning and will bring you concrete results.

# ABOUT PiNA - The hosting organisation

PiNA is an association, established in 1998 at the initiative of the Open Society Institute, which has been promoting socially responsible practices and strengthening the culture of dialogue for over 20 years. Since its establishment, PiNA has served as a point for meeting, providing information, exchange, connection and collaboration in the field of societal challenges. In 1998, PiNA was the first internet café in Slovenia, and by 2016, it has operated as a multimedia and youth centre, member of Slovenia's Europe Direct information centres, partner in the Eurodesk Regional Information Point network, a hub for NGOs of the Coastal-Karst Region and an organisation operating in the public interest in the field of youth.

PiNA's activities are supported by programmes, such as European territorial cooperation, Erasmus+, Europe for Citizens, European Social Fund and Norwegian Financial Mechanism, and are being developed, some even presented in the association's 240 m2 premises in the heart of Koper. The premises consist of office space, event facilities, a conference room, a room for meetings, a kitchen and a library.

Learn more at www.pina.si.

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## Trainer of the activity will be the Head of education at PiNA - Maja Drobne

Maja holds a bachelor in Political science and has been working in the youth sector for the past 15 years. She is a member of the Pool of trainers for the Slovenian national agency of Erasmus+ and an alumni member of the Pool of trainers of the Slovenian National council. She has been dealing with topics like Inclusion, Global education, Human Rights, Project Management, Fundraising and functioning of NGOs. She is an experienced trainer working for several international organizations such as Plan International, WeMove.eu and several National agencies of Erasmus+, such as Finnish, Austrian, Estonian, Bulgarian, Czech and German National Agency. She was a facilitator of the European Youth Conference in Slovenia, Intercity Youth Conference 2022 and several others international events. Gender equality is a concept, that she has been using during all of the events and bringing the importance of how to be mindful about that, so she is looking forward to exploring the concept with other participants as well.



#### **ABOUT THE TRAINING COURSE**

Dates: 24 - 28 March 2024

Location: Slovenia

Aim of the training: exchange experiences, methodologies, and activities among youth workers to increase youth participation and improve the quality of youth work.

#### **Participants profile:**

- youth workers,
- representatives of youth organisations,
- experts in youth work, interested in the field of Participation,
- at least 18 years old,
- resident of an EU member state or associated country.

#### We will accept 15 participants.

#### **Qualitative learning goals:**

- Provide youth workers with tools and strategies to involve young people in decision-making and community activities.
- Develop and share innovative methods to make youth work more effective, inclusive, and responsive.
- Create opportunities for youth workers to exchange experiences, insights, and best practices.
- Build stronger connections among youth workers to encourage collaboration and idea sharing.
  Promote creativity and innovation to address challenges and develop effective solutions in youth work.
- Help youth workers improve key skills like facilitation, communication, and program design for professional growth.

#### Language:

official training language will be English.

## **TIMETABLE**

Time	Day 1	Day 2	Day 3	Day 4	Day 5
09:00 - 9:30	Introduction & icebreaker	Morning warm-up	Morning warm-up	Morning warm-up	Morning warm-up
9:30 - 11:00	Organizations' fair - Presentation of participants and their organizations	Presentations of methodologies and activities (session 1) - Presentation of practices by youth workers from different areas	Testing methodologies in groups (session 2)	Presentations of methodologies and activities (session 4) - Presentation of three practices by youth workers	Simulation of combined methodologies
11:00 - 11:15	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
11:15 - 13:30	Definition of current needs in the youth sector (Lego Serious Play)	Testing methodologies in groups (session 1)	Presentations of methodologies and activities (session 3) - Presentation of practices by youth workers	Testing methodologies in groups (session 4)	Presentation of group work results
13:30 - 14:30	Lunch	Lunch	Lunch	Lunch	Lunch
14:30 - 16:00	Interactive networking activity	Presentations of methodologies and activities (session 2) - Presentation of new practices	Testing methodologies in groups (session 3)	Combining learned practices into new activities / Creating guidelines for future work	Final discussion and evaluation of the meeting
16:00 - 16:30	Summary of the day and preview of the next day's program	Summary of the day and discussion	Summary of the day and discussion	Summary of the day	Certificate distribution and closing of the meeting

#### WHICH COSTS ARE COVERED

- → Accommodation in a hostel
- → Food (3 meals and 2 coffee breaks per day)
- Reimbursement of the travel costs (the amount will be calculated based on the travel distance of the participant)

Distance	Standard travel	Green travel
From 10 to 99 km	23 EUR	
From 100 to 499 km	180 EUR	210 EUR
From 500 to 1,999 km	275 EUR	320 EUR
From 2,000 to 2,999 km	360 EUR	410 EUR

#### **ACCOMODATION**

You will be staying in the youth hostel Pekarna in Maribor, the second-largest city in Slovenia.

Participants will stay in rooms up to 2 people per room. Rooms will be divided by gender. Bathrooms and toilets will be shared among max 4 people. Beddings will be provided by the hostel.

Address: Ob železnici 16, 2000 Maribor, Slovenia.

<u>Location</u> of the hostel.







### **TRAVEL**

We suggest you use the airport of <u>Zagreb</u> (Franjo Tuđman Airport) or Ljubljana as an option, but you will need to travel from the airport to Brežice by bus or <u>train</u>. Here is another option for traveling with the train from Ljubljana to Brežice.

From the airport in Zagreb the best way to reach Brežice is <u>GoOpti</u>, a low cost shuttle. The ticket has to be booked in advance on their web page; as a release position you have to choose Hostelling International (MC hostel Brežice, Gubčeva ulica 10A, 8250 Brežice, Slovenia).

If you are willing to travel, using transports which are "greener" (not flying), please contact us and we will find some extra funds (if needed), to cover that kind of travel, since the Erasmus+ program is making that possible.

Reimbursement of the travel costs will only be done upon the full attendance in the Erasmus+ activity and presentation of original tickets with boarding passes and receipt/invoices. You will have to send us the original tickets and boarding passes proving your trip back home from Slovenia to your country. We will be able to reimburse you after we will receive all the documents (invoices and boarding passes).



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#### WHAT ABOUT THE INSURANCE ABROAD?

Each participant is responsible to arrange his/her own health and travel insurance for their stay in Slovenia in addition to the European Health Insurance Card (EHIC)

If you don't already have insurance abroad, we recommend applying for European Health Insurance Card which is a free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries (Iceland, Liechtenstein, Norway and Switzerland or the United Kingdom under the same conditions and at the same cost (free in some countries) as people insured in that country). The benefits covered include, for example, benefits provided in conjunction with chronic or existing illnesses as well as in conjunction with pregnancy and childbirth.



#### **ABOUT SLOVENIA**

**Capital City: Ljubljana** 

Official Language: Slovenian

**Population: 2,061,085** 

Slovenia is a green, creative and innovative—country; it is a full member of the European Union while remaining fully capable of retaining its own identity. Is on the 38th place in Europe regarding the size of the country. You would need around 3 hours of driving to come from wherever you are to wherever you want to go. Our neighbouring countries are Hungary, Croatia, Austria and Italy. Slovenia lies at the intersection of the Alps, the Mediterranean, the Pannonian Plain and the Dinaric Alps. The great diversity of the Slovenian landscape is matched by its well-preserved natural environment; more than half of Slovenia is forested and over one-third of its territory is included in the Natura 2000 network. Slovenians are known as a kind but can be a bit reserved like Alpine people, open like Mediterraneans or good-hearted like Pannonians. Since there are not that many of us, we often joke that in Slovenia everyone knows each other. One of the things we are proud of is our landscape. You can swim in the sea, stand on the peak in the Julian Alps, explore caves, swim in lakes, observe our agricultural areas, get lost in the forests or visit spa centres within one day.

We are the only country in the world that has love in its name: sLOVEnia. We are a young country (got independent in 1991) with our own language, culture and history.

### **APPLICATION DEADLINE**

Fill in the online <u>application form</u> at the latest by the 24th February 2025.

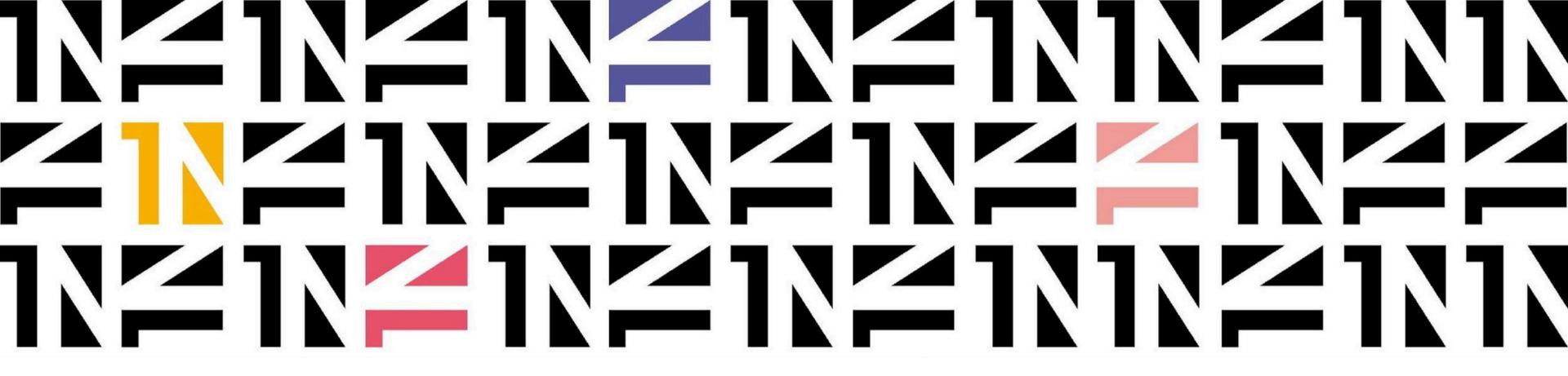
The training course is supported by the Erasmus+ program, within the action Mobility projects for youth workers.

If you have any additional questions you can contact terminal@pina.si.









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