

6-11 MAY 2025
(INCLUDING 2 TRAVEL DAYS)



BUILDING ACTIVE
YOUTH COMMUNITIES

PROGRAMME



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Topic of the Day	Welcome	Community Building	Interculturality & Identity	Actions & Tools	Bridging & Evaluating	
9:00-9:30	arriving	Community Breakfast	Slow Start	Slow Start	Slow Start	leaving
9:30-13:00		Program introduction Intro into community building	All Day in Wonderland and Ambiguity (identity, power, interculturality, diversity)	Back to reality: Working with the reality of our communities	Action Planning	
15:00-18:30		Resources of the Community			Evaluation & Reflection	
20:00-...	Welcome	Sharing circle	Storytelling Evening	Free Evening	Goodbye Party	





THE TEAM OF TRAINERS

Alexandra Person is a project coordinator and facilitator working within the context of Erasmus+ and the European Solidarity Corps (ESC), currently mostly focused on coordinating the learning cycle of DiscoverEU Germany. Alexandra has worked for different NGOs in the field of non-formal education and international youth work, e.g. as an ESC coordinator and Eurodesk multiplier. Due to her own background, her main interest is in working with young people with fewer opportunities.

Anna Capasso has a background in international development with experience in delivering training and capacity building to rural communities; she designed and delivered educational programs across multiple international contexts and holds a Master's in Humanitarian Action.

Carolina Caspa is a community-builder with a deep interest in narrative and storytelling as tools for healing and transformation. Since moving to Iceland in 2017, after living in Portugal, Denmark, Bulgaria, and Malta, she has dedicated herself to empowering young people, particularly those facing socioeconomic challenges. Through her work with Icelandic NGOs, she has been actively supporting youth of foreign backgrounds and fostering opportunities for meaningful volunteerism and personal growth.

Juraj Vig has a background in LGBT+ activism and community organising. After his burnout he focused on leadership development and authenticity - in both the business sector and NGOs. As a facilitator of systemic constellations, he brings much of the systemic approach, embodied learning, and projective and visual techniques to the learning process.



THIS IS A TRAINING PRACTICE COURSE WITHIN THE SALTO TRAINING OF TRAINERS 2024/25

