

**TRAINING
COURSE**



call for participants

Feminism is for everybody

21st February - 2nd March 2025



Busteni, Romania



Reflect on it

Snippets of background for this training course:

- There is absolutely NO country in the world that has achieved full gender equality.
- None of us will see gender parity in our lifetimes. (Global Gender Gap Report 2023).
- Ingrate patriarchal norms are affecting everyone's life.
- Gender norms and societal expectations are taking a toll on many people's lives (men and women alike).
- Violence against women (and children) is considered normal by large sections of societies worldwide.
- Double standards (different for men and women) in society are often accepted as normal.
- Representation in media, politics, and business is disproportionately dominated by men.
- Feminism as a movement and feminist topics are often misunderstood, and perceived as belonging only to women and sometimes, weaponised for political agendas.
- Often people with feminist values lack confidence or strong competencies to engage in meaningful conversations on these topics.
- Feminism and Gender Equality are directly linked and Youth Workers should be more vocal, active and engaged in the Feminist movement if we want future generations to achieve equality.



the main goal of this training

...is to build the capacity of youth workers from the EU and neighbouring regions to mainstream feminist values and gender equality principles in their work with young people.

In this training, we wish to explore comprehensively and more deeply the following.

- **Feminism as a concept** (*what it is, history, myths, misconception, importance, values, principles, etc.*)
- **Feminist specific topics** (*representation, language, jokes, norms, double standards, gender-based violence, safety, gender data gap, invisible work, etc.*)
- **Practical Sessions** for conveying feminist messages in our personal and professional lives (*debating/communicating, designing feminist strategies at the organization level, facilitating sessions on these topics, online campaigning, personal strategies and action plans etc.*)

Not all these issues can be covered in one training course. They are all important but some are more needed than others for various individuals. **Therefore, the final training design** will be tailored to the specific interest and learning needs of the final group participants. **A second form** will have to be filled in by the selected participants in order to extract the main priorities in terms of topics and focus of the course.





The learning process will be guided and facilitated by an experienced **A.R.T. Fusion team**: **Andreea-Loredana Tudorache** (<http://trainers.salto-youth.net/AndreeaLoredanaTudorache>), **Monica Tudorache** and **Victoria Carasava**.

All of them are designing and bringing to life powerful feminist projects using theatre, movies, non-formal learning, research and other approaches/methods. Through their work, they bring more feminist values into people's lives, challenge narratives and status quo, empower young women or change patriarchal and biased systemic aspects. They are deeply passionate about feminism, constantly learning and practising it in personal and professional contexts and have a strong desire to live in a feminist world.

Do you want to take part in this learning opportunity? This is what we are looking for:

- Members or close collaborators of active Youth Organizations (staff or active members, paid or not). The organization should have a valid OID number (we will sign partnership agreements with the sending organization).
- Enthusiastic youth workers who are motivated to work with feminist topics with young people
- High personal motivation/passion for the Feminist cause
- Good command of the English language;
- People older than 18 years and with a legal residence (proven by valid documents) in the country they are currently residing in.



Important:

- **If you consider yourself an expert in feminism, are very confident and see yourself as quite competent in this field, this might not be the right place for you.**
- **We aim to reach out to people either at the beginning of their feminist journey or who need to develop more competencies (knowledge, skills, attitudes) to be a more strong feminist advocate in their own lives (personal and professional).**

expenses

- **Board and lodging** for the training course are fully covered by the local organizers during the period mentioned in shared rooms and no exceptions will be made (2 to 3 people in one room). Food will be served as a buffet and it will provide only vegan and vegetarian options.
- **Visa and visa-related expenses** are covered 100% based on the financial documentation provided.
- Each participant is free to choose the preferred way of travelling. Due to the organizers' policies, **we strongly encourage the use of green travel**. If flights are used for more than 50% of the total travel distance (roundway) the maximum budget allocated available will be from the Non-Green travel category!
- Use this website (<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>) to find out your distance. This is the official website to be used in order to determine the distance. Write at the START, your location, from where you will start your travel and at the END, Busteni, Prahova, Romania. You will get a km number as a result which will correspond to financial support which you may get for your travel costs.

The individual maximum budget for travel, per person, is the following:

10 – 99 km	56 EUR (Green Travel)/ 28 EUR (Non-Green Travel)
100 – 499 km	285 EUR (Green Travel)/ 211 EUR (Non-Green Travel)
500 – 1999 km	417 EUR (Green Travel)/ 309 EUR (Non-Green Travel)
2000 – 2999 km	535 EUR (Green Travel)/ 395 EUR (Non-Green Travel)
3000 – 3999 km	785 EUR (Green Travel)/ 580 EUR (Non-Green Travel)
4000 – 7999 km	1188 EUR (Green Travel) 1188 EUR (Non-Green Travel)
8000 km or more	1735 EUR (Green Travel)/ 1735 EUR (Non-Green Travel)

