

INFOPACK

Rethink remigration: how
to support youth on their
way back home

6-14.03.25, Podgórzyn, Poland



KAMAN



Funded by
the European Union

ERASMUS + KA1

About the Project

Rethink Remigration is a project aimed at developing and creating innovative art-based methods for working with youth who have a remigrant background. We are committed to supporting youth inclusion and addressing their unique needs, ensuring that we do not take ownership of their experiences. Our goal is to empower youths to maintain their identities while adapting to new living environments and navigating the challenges of remigration. Ultimately, we aim to build a supportive network of individuals dedicated to aiding youths on their journey back home.

During the training Youth workers from 11 countries will come together to exchange experiences, learn new approaches and methodologies, and explore both new and existing methods for engaging with young people in their contexts. That step will be followed by a local workshop, organized by youth workers in collaboration with our partners NGOs. The last step is to prepare a guidebook—an online tool designed to share knowledge and best practices with stakeholders, youth workers, and wider audiences interested in our initiatives.

After being selected, you will be invited to join a pre-training online meeting (date to be determined). During this meeting, we will discuss expectations, concerns, and contributions.

All participants will be required to organize local workshops after the training, in cooperation with the sending NGO and with our full support.

The project's main objectives are to:

- Support young people with remigration backgrounds in integrating into society while preserving their unique identities.
- Equip organizations and youth workers with tools to aid youth integration without identity loss.
- Develop and share a toolkit of artistic self-exploration methods for youth workers.
- Build a network of organizations interested in international youth work collaboration.

About the methods:

Creative writing exercises are short writing activities designed to get writing and, in our case, to express your own ideas, thoughts, and emotions; it can be a valuable tool for anyone struggling to articulate what's on their mind. These exercises encourage self-expression and creativity, allowing individuals to explore their feelings and experiences in a safe and supportive environment. By writing freely and without judgment, participants can gain insights into their thoughts and emotions, foster personal growth, and enhance their communication skills. Ultimately, creative writing serves as an accessible means for youth to connect with themselves and others, facilitating deeper reflection and understanding.

Collages are a versatile art-based tool for working with youth, allowing them to express their thoughts, emotions, and identities creatively. By combining images, text, and materials, collages encourage self-exploration and storytelling in a non-verbal way. This medium fosters collaboration, communication, and reflection, making it an effective way for youth to engage with their experiences and connect with others.

Traditional tracking methods refer to the approaches businesses have historically used to measure the success of their digital marketing campaigns. In this project, we will explore these methodologies from a fresh perspective, examining how they can be adapted to meet the needs of the youth we work with.

Additionally, we will dedicate time to collaboratively creating and developing new ideas and art-based tools. We believe that you know best what tools you need, and the primary goal of this project is to discover and develop them together!

Programme

Below is the training program. Arrivals are scheduled for March 6th, with Day 1 starting on March 7th. The final day of the training will be March 13th. It is essential that all participants remain actively engaged throughout the entire program. To ensure we can focus fully on the last day, departures are planned for March 14th.

	DAY I March 7th	DAY II March 8th	DAY III March 9th	DAY IV March 10th	DAY V March 11th	DAY VI March 12th	DAY VII March 13th
8:00	Breakfast						
9:00	Introduction	From exclusion to inclusion	Creative writing	Collages	Day Off	How to design your own art-based method	Presenting new exercises and ideas
10:30	Coffee break I					Coffee break I	
11:00	Get to know each-other	Experience exchange	Creative writing	Tradition tracking		Open Space: developing new ideas	Preparing local workshops
13:00	Lunch					Lunch	
14:00	Team-building	Into the art-based tools	Collages	Tradition tracking / Preparing for NGOs Fair		Open Space: developing new ideas	Preparing local workshops
15:30	Coffee break II					Coffee break II	
16:00	Into the remigration	Creative writing	Collages	NGO Fair		Open Space: developing new ideas	Closing
17:30	Reflections					Reflections	
18:00	Dinner					Dinner	

The organizers

KAMAN is a dynamic Polish NGO led by experts in non-formal education, digital innovation, and the arts. Our goal is to create social change through community building, activism, and the transformative power of creativity. Through workshops, international and local trainings, as well as events supporting community engagement, we're empowering individuals to unlock their potential, and grow to become change-makers. We believe in the impact of non-formal education and the power of creativity to bring a positive, long-lasting change.

The venue

For a training we will meet in **Podgórzyn** - lovely mountain village in Jelenia Góra County, Lower Silesian Voivodeship, in south-western Poland. It lies approximately 9 kilometres south-west of Jelenia Góra and 101 km west of the regional capital Wrocław (see the maps below).



Accommodations: Participants and staff will stay at Karolinka, located at ul. Żołnierska 69, Podgórzyn. Accommodation will be in double rooms with private bathrooms. The training sessions will also take place in the same building.

Detailed information about the venue will be provided in the infopack after participants are selected for the training.

See more here: <https://www.okwkarolinka.pl/>



Application:

If you wish to join us, please fill the application form till December 31st:
<https://forms.gle/NpFq2Pq1hmD1vhG46>

After being accepted, you will receive an additional infopack with detailed information about transport, the program, next steps, and an invitation to the WhatsApp group.

Travel conditions and reimbursement

All costs related to the activity - such as accomodation and food - will be covered. It is really important for us to make sure, that finansial situation will not exclude potential participant from taking part in the project. Of course this project has no participation fee.

As for the costs of your travel, it will be covered up to the maximum amount per person as follow:

Bulgaria	309 EURO	Italy	309 EURO
Croatia	309 EURO	Republic of North Macedonia	309 EURO
France	309 EURO	Romania	309 EURO
Germany	309 EURO	Sweden	309 EURO
Greece	309 EURO	Türkiye	395 EURO

IMPORTANT: You will receive a separate infopack with travel arrangements and other practical details after being selected to participate. Please do not purchase any tickets until you have received official confirmation and approval from us.

We are looking for participants who:

- Are actively engaged in youth work, especially with at-risk youth, including those with remigrant backgrounds.
- Have experience organizing community activities and are eager to explore innovative, art-based methods to support youth identity development.
- Are committed to applying new tools and approaches in their work and sharing knowledge within their communities.
- Are ready to collaborate, promote project results, and contribute to building an international network.
- Have a strong understanding of non-formal education principles.

Questions? Feel free to reach out to us at: fundacja.kaman@gmail.com

You may also find us here:

Facebook: [KAMAN EDU](#)

Instagram: [KAMAN EDU IG](#)

WWW: <https://kamanedu.org/>