

**TC-Study visit / PBA
on
YOUTH and RURALITY**

**10TH-16TH
MARCH 2025**

www.obretebre.org



Co-funded by the
European Union



Erasmus+





YOUTH AND NATURE

Study visit in Jesús (Tortosa, Catalonia, Spain)



Place: Jesús (Tortosa, Catalonia, Spain)



Total days: 5+2 travelling days



Programme dates: from 10th to 16th March 2025



Languages: English and Spanish



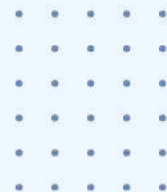
Total participants: 14+ 2 from hosting entity



Number of countries: 4

ABOUT US

Obre't Ebre (www.obretebre.org) as coordinating organization of the Study Visit is running youth projects at international level since 2005. The organization was created in 2005 by a group of young people. Nowadays the organization is managing projects addressed to young people and women (specially the ones who face greater difficulties).



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Participants profile:

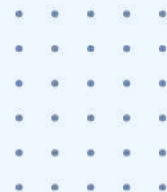
- Age: +18
- Active in rural youth work;
- Interested youth cooperation at rural world;
- Eager to learn more about rural youth work and apply it in your practice;
- To participate or have a link with rurality;
- Having a working knowledge of English, the working language of the activity;
- Available to actively attend the full duration of the activity.
- Having experience with mobility or willing to work with mobility programs.

Partner countries:

Spain, Germany, France , Italy, Portugal.

Travel reimbursement:

According to EU travel band. Previous to the booking Obre't Ebre will give you the approval. After checking all the prove and not late than 2 months we will reimburse the travel.



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Accommodation:

Albergue Maria Rosa Molas (<https://alberguemariarosamolas.com/>)

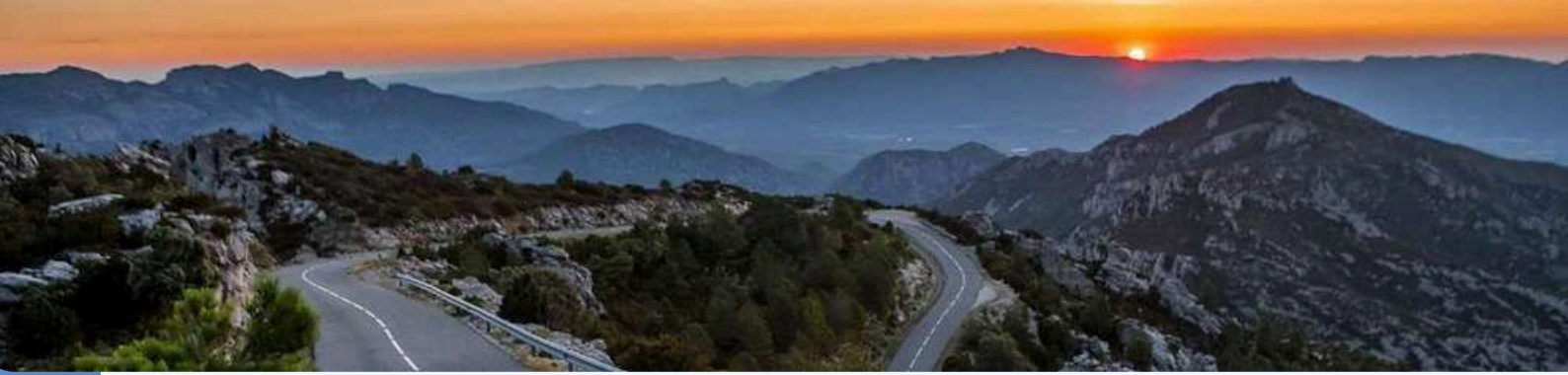


*Towels are provided by the hostel

STUDY VISIT

The study visit has the aim of **meeting different international people interested in rural world** (agriculture, environment, nature) so we can help them to get inspired. The meeting should bring new projects, create network and bring ideas related to rural world and youth in order to empower them. Ecological problems and education are an interesting field to learn in this area. The program is set also to **meet local people** and to know how they have empowered themselves into a very small society, also how they have overcome obstacle or how they see themselves into Europe. The place where we usually host our projects is also a good example on how to **grow in a sustainable way with youth**. Torre Sant Antoni it is placed in the country side. Since 2021 **international groups, workcamps, volunteers** or **trainings** are being develop in this place. The house is a dynamic place where long term volunteers live but also a place where we develop workcamps, hosting TC or develop activities at local level. We are looking for candidates motivated to learn more about it and have a strong interest on **sharing and creating new ideas/ projects**.





AIMS OF THE VISIT:

To share experiences and best practices between the countries and local community.

To discuss the quality of rural youth work and how it can be improved;

To promote sustainable contacts between the youth NGOs aiming at future development of projects within the Erasmus Plus program.

Learning outcomes:

Cross-cultural exchange: Participants will gain insights into youth work practices and approaches from different countries. **Best practices:** Participants will identify and learn from effective youth work from other partners. **Rural youth work:** Participants will develop a deeper

understanding of the unique challenges and opportunities faced by rural youth.

PLAN

Day 1 -10/03: Arrival day . At 19h Meeting in the hall of Hostel.

Day 2 -11/3: Expectations and getting to know each other and round table agriculture projects. in *Sant Antoni Tower*.

Day 3 -12/03: Entrepreneur youth programs in Public Youth Information Point in Tortosa.

Day 4 -13/03: Territory cohesion with Terra Roja and Local public administration in a rural area in Terra Alta county + wine cellars visit in Gandesa town.

Day 5 -14/03: Youth network cafe and experience sharing in Institut de l'Ebre (teachers and students) in Tortosa.

Day 6 -15/03: Evaluation day and cultural visit in Tortosa.

Day 7- 16/03 Departure



WHAT TO BRING?

- **Presentation of your organisation in power or canva format.**
(only 1 page with pictures and little text)
- Short presentation/best practices about your area concerning **participation, social cohesion, entrepreneurship** for the young people and youth workers: can be projects, strategies, methods, best practices, etc. (only 2 pages)
- **Leaflets and materials** for working café
- Some **typical food** from your area / country .Vegetarians and gluten free or on the group!
- **EU sanitary card or Private medical insurance**
- Travel insurance (included repatriation) obligatory.
- **Raincoat or umbrella** in case it rains.
- **Hairdryer** in case you need it.
- **YOU DO NOT NEED TO BRING:** towels and sheets.



HOW TO GET TO TORTOSA and JESÚS

a) **BY BUS from BARCELONA AIRPORT:** FROM THE AIRPORT - TERMINAL 1 If you arrive at Terminal 2 and you need to get to Terminal 1, just use the (green) shuttle bus which runs every 6-7 minutes, 24 hours a day and is free. It will take you 10-15 minutes. **BUS DIRECT TO TORTOSA** From Terminal 1 there is a bus to Tortosa (Tortosa Estació d'Autobusos - carrer Adrià d'Utrecht 1). You will find it near to the parking exit C, close to where you will exit the airport building. This bus is operated by local bus provider - **HIFE**. It takes about 2 hours, and you can check the exact departures on **website www.hife.es** (Barcelona airport to Tortosa). You can buy the ticket in advance (online), it will be cheaper - but be careful that your flight arrives on time) Or in a **vending machine** which you will find close to parking Be prepared, you will only spend about 15 minutes on this bus from the airport because it will only take you to the edge of Barcelona. There, you will get on another bus (Hife bus) which will only take you directly to Tortosa's main bus station. This bus stop is approximately 10 minutes away from Tortosa itself, where you will have to get on another bus again. Listen to the BUS DRIVER!!



HOW TO GET TO TORTOSA

b) BY TRAIN from BARCELONA AIRPORT:

FROM THE AIRPORT TO BARCELONA TRAIN STATION (Estació Barcelona Sants) To travel between the airport and the train station you can : a) Take the R2Nord train from Terminal 2, which operates every 30 minutes, it costs around 4,20 EUR and it takes about 30 minutes. b) Go by metro (orange line) L9Sud from Airport T1 or Airport T2 and go to Collblanc station, where you will change to the (blue line) L5 which goes to Sants Estación (L9S goes approximately every 7 minutes, total duration is around 40 minutes, and the price for single way from airport is around 4,60 EUR. For more information visit this site.

FROM TRAIN STATION TO TORTOSA

There is a national train operator : **RENFE**. You can search for connections to Tortosa directly on their *website* <https://www.renfe.com/es/en> This Journey takes about 2h 30 min and costs around 15 EUR.



HOW TO GET THE LODGEMENT

The accommodation is located in Jesús, at 10 minutes by bus and 30 by food

<https://maps.app.goo.gl/4q6r1QcX8XqDBu5i9>

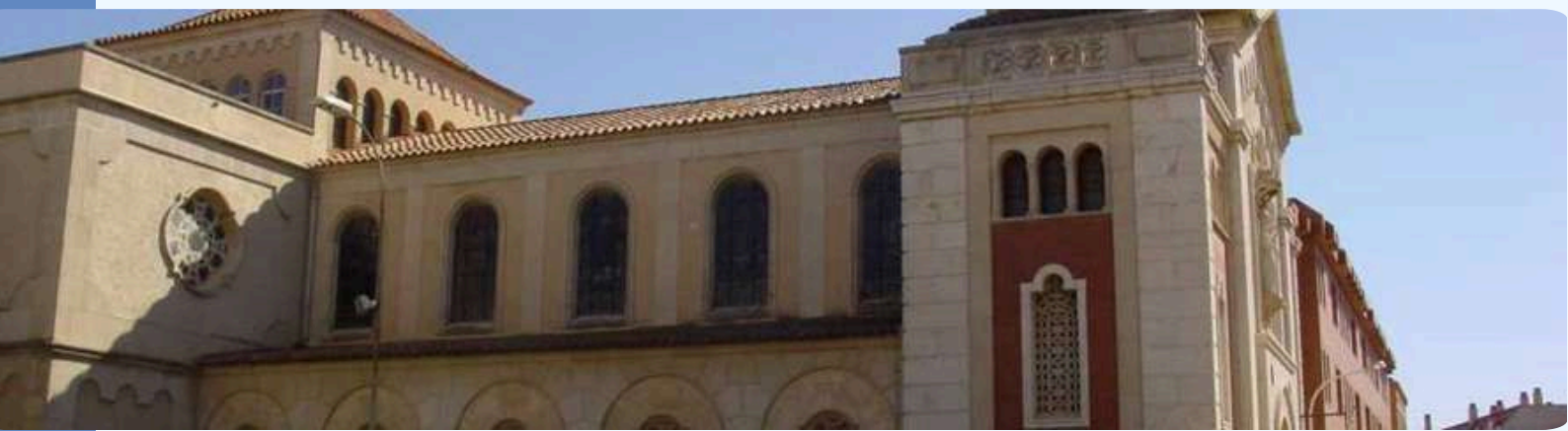
Address: Carrer Santa María Rosa Molas, 2, 43590. Jesús (Tortosa)

Jesús is a decentralized municipal entity that belongs to the municipality of Tortosa and is next to Roquetes village. Please, note that you will be responsible of getting to the house, so before arrival you must check how to get to the house.

You will arrive to the bus station or the train station of Tortosa. Then to get to the house in Jesús: you could walk (around 3,5 km); catch a **bus L1** (Tortosa centre - Ferreries - Jesús - Roquetes) and get to the **bus stop Plaça de la Creu in Jesús** and walk to the house around 5 minutes more; or get a taxi. Here you can find some contacts:

- <https://www.serveisactius.cat/es/baixebre/taxi-tortosa>
- <https://www.taxis24h.com/taxis-en-tortosa/>

Taxi's phone number: +34 618 55 21 49 (write them in Spanish or English by WhatsApp)





Terres de l'Ebre is one of the most rural areas in Catalonia. It has a population of 182,231, placing it second to last in terms of population. The region includes the county of Baix Ebre, Montsià, Terra Alta and Ribera d'Ebre. It is located in the lower course of the Ebre river, and its northern coastal limit is marked by the Coll de Balaguer, a natural limit with the Camp de Tarragona region.

It is a **UNESCO Biosphere Reserve since 2013** being the second territory in Catalonia to be awarded with this recognition, the first one being the Montseny Massif. Its capital, following the law of vegueries, is the city of Tortosa.



CONTACTS



For logistics please write:

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- obretebre@sinergia.org



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