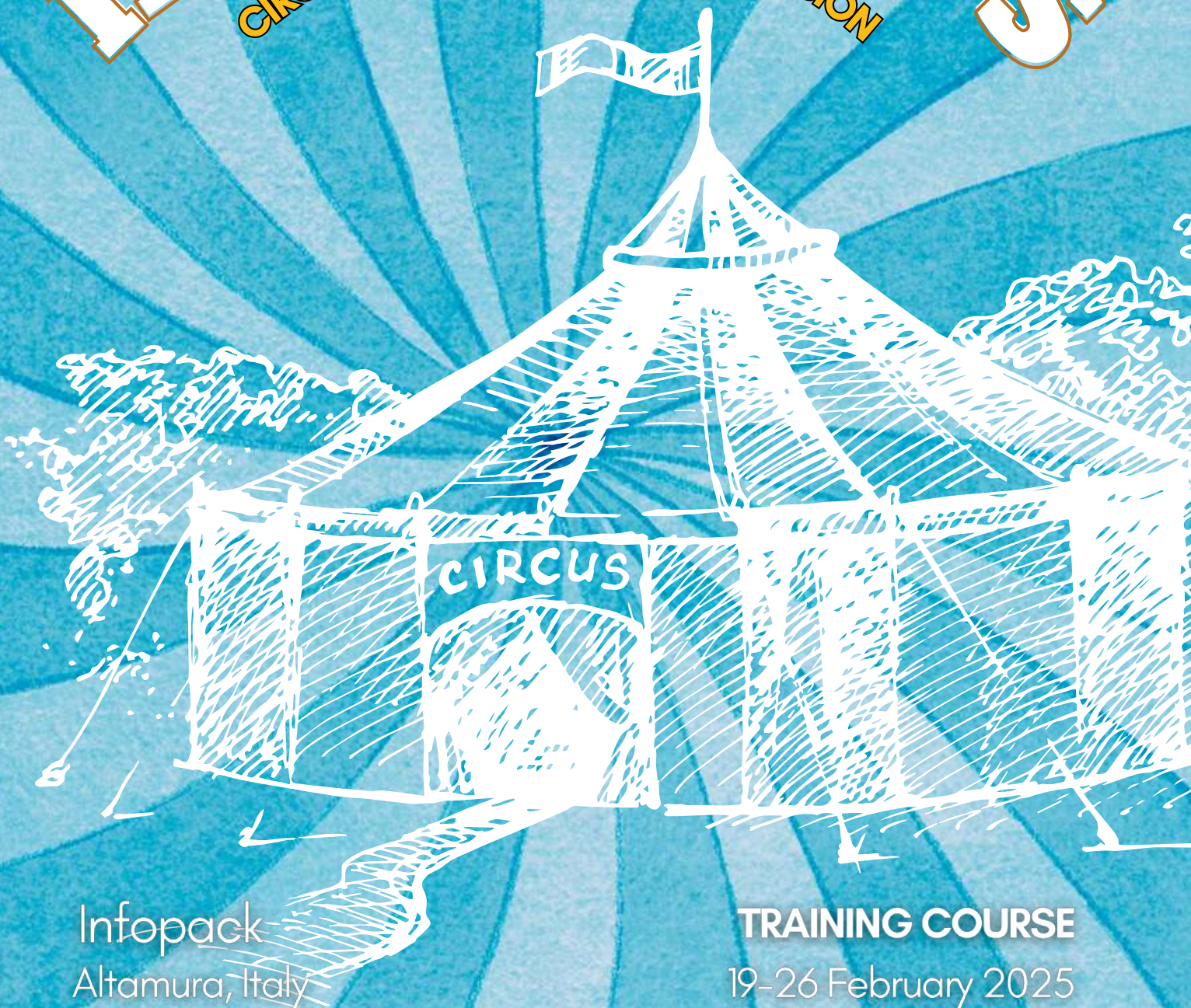


INCLUSIRCUS

CIRCUS ARTS FOR SOCIAL INCLUSION



Infopack
Altamura, Italy

TRAINING COURSE
19-26 February 2025



Co-funded by
the European Union





ABOUT LINK



For more than 20 years, Associazione Link has been dedicated to working with young people across Europe and the local area to implement European projects. Our organization focuses on promoting social inclusion, youth engagement, and intercultural dialogue through a wide range of activities. We offer training, workshops, and events designed to empower young individuals and foster community development, often utilizing the arts as a means of expression and connection.

SHORT DESCRIPTION

This training course provides an opportunity for youth workers, young people, trainers, youth leaders to acquire circus skills to use them in their local context.



OBJECTIVES

- 1. Skill Development:** Equip participants with foundational circus skills (e.g., juggling, acrobatics, clowning) that can be easily integrated into youth programs.
- 2. Empowerment:** Foster confidence and self-expression among youth workers and young people through hands-on circus activities, encouraging creativity and teamwork.
- 3. Community Engagement:** Provide tools for participants to utilize circus skills as a means of engaging and inspiring local youth, promoting social inclusion and collaboration.
- 4. Cultural Exchange:** Encourage sharing of experiences and ideas among participants from different backgrounds, fostering a sense of community and mutual learning.
- 5. Fun and Enjoyment:** Emphasize the importance of enjoyment and play in learning, encouraging a positive and supportive environment for both participants and the young people they work with.



PARTICIPANT'S PROFILE

We are looking for youth workers, trainers, educators, and youth leaders with the following characteristics:

- Interested in applying circus skills in their organisations.
- Possess fluency in English to ensure effective communication and collaboration.
- Are affiliated with an organization committed to community development and engagement.



ACTIVITY SPACE

Activities will be hosted at the **Santa Croce Monastery** in Altamura, Italy. The place is an old monastery located in the heart of the historical centre, **a 4-minute walk from the accommodation.**

The place has plenty of rooms to carry out the activities, but there is no wi-fi connection.

Lunches during the project will be held inside the Monastery.

TRAINERS

Stefano Bottai: clown and circus Coach

With over 20 years of dedicated experience, Stefano Bottai is a circus and clown coach committed to empowering youth through creative expression. His career is marked by a profound passion for nurturing talent, fostering personal growth, and facilitating transformative experiences.



Xavi Silveira has been a dedicated youth specialist for over a decade, bringing a wealth of experience and commitment to the holistic development of young people. His journey began as a volunteer for a social circus in South America, a formative experience that laid the foundation for his subsequent career.





ACCOMMODATION

Participants will be accommodated in double rooms at the **Malandri B&B** in the city centre. Breakfast will be available at the same B&B. The place is reachable on foot **from the station** or **bus stop**.



FINANCIAL RULES

Travel, board and lodging expenses are covered by the European fund. Regarding the travel, the expenses will be reimbursed within the limits of the ceilings as foreseen by the User's Guide of the program Erasmus+ ([distance calculator](#)) and according to the rules of the Partnership Agreement that will be signed.

In the case you want to use **GREEN TRAVEL** option please contact us.

The project dates are 19th-26th OF FEBRUARY 2025 (**travel days included**). If you want, you can arrive one day before the beginning of the project and leave one day after the end. In this case, the accommodation expenses for the extra-days will be NOT covered by the budget, so they will be NOT reimbursed.

To get reimbursed, you need to send us, at the end of the project, all the documents related to the travel (tickets, invoices, receipts etc.).



HOW TO REACH US



FROM
BARI
AIRPORT

There are two chances from Bari Airport: one is by shuttle bus from (timetables [here](#)) and another one is by train. In this second case, you need to take the train from the airport (Bari K.W.) to Bari centrale and then from Bari Centrale to Altamura (information on this [website](#)). To get the train to Altamura you need to change the station. They are close to each other, the company is [Ferrovie Appulo Lucane](#)).



FROM
ANOTHER
AIRPORT

From another airport, the connection will be discussed with the organization.

IMPORTANT:

You have to arrive in Altamura by 7 p.m. on the 19th and leave in the morning on the 26th.

TRAVEL BUDGET

Namely: if the main part of the travel, in terms of kilometers traveled, is done by bus, train or car-pooling

Travel distance	Normal travel	Green travel
10 – 99 km	23 euro	/
100 – 499 km	180 euro	210 euro
500 – 1 999 km	275 euro	320 euro
2 000 – 2 999 km	360 euro	410 euro
3 000 – 3 999 km	530 euro	610 euro
4 000 – 7 999 km	820 euro	/

- You need to arrive on the 19th before 19:00 and leave on the 26th before 13:00. **In case of special exigences**, you can:
 - Arrive one day earlier (18th) and leave one day after (27th);
 - Arrive two days earlier (17th) and leave on the 26th;
 - Arrive on the 19th and leave two days after (28th).

IMPORTANT

Anyway, **accommodation and food for the extra days are not covered by the project budget**, which means that participants need to take care of it.

- In case of **green travel**, participants have 2 travel days for the arrivals and other 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.

THE TREE OF DISCLAIMERS


Bring a **notebook**




Activities will be done **barefoot**




Opt-out of work. Focus on the process. Enjoy the moment.



All the activities involve **physical contact** in the respect of the participants. If functional physical contact during the activities is not accepted, this project might not be right for you :)



WARM and COMFY CLOTHES: it will be winter and you'll need comfortable clothes for physical activities (no heels, no skirts, etc.)





HOW TO APPLY

Do you want to apply?
Please use this link!

For any question, please, don't
hesitate to contact us:

Marco: +39 3348138197

Emanuele: +34 602674049

link@linkyouth.org



CONTACTS