## INFOPACK

#### PARTNERSHIP BUILDING ACTIVITY

Peñalba de Santiago, Spain 23-30 / 01 / 2025







Ayuntamiento de Ponferrada



6 f





valdeorrasvive@gmail.com

www.valdeorrasvive.org

@valdeorrasvive

#### **Ruralmakers**

**Rural Makers** is a PBA designed to empower youth workers with new skills and innovative approaches to strengthen youth engagement and development in rural areas.

The main objectives of the project are:

- To create a strong network of rural youth workers and organizations across Europe.
- To equip youth workers with tools to foster creative thinking and problem-solving in rural communities.

• To develop and share practical tools and strategies for addressing the unique challenges faced by young people in rural areas, to create joint initiatives for the upcoming February and March deadlines.



#### **About Valdeorras Vive**



**Valdeorras Vive** is a youth association driven by a passion for non-formal education and dedicated to working with rural and international youth. With extensive experience in Erasmus+ mobilities, we aim to bring international opportunities to our region of Valdeorras and El Bierzo, fostering innovation and entrepreneurship in these rural settings.

Our focus is on addressing rural depopulation by introducing fresh ideas in areas such as entrepreneurship, rural and slow tourism, heritage preservation, and the promotion of our natural resources.

#### **Ruralmakers**





## From the trainers

Since founding Valdeorras Vive in 2019, we have embraced the magic of nonformal education and youth work, recognizing the need to invest in our youth and provide international opportunities. Our experience with Erasmus+ projects has shown us their impact and the potential for improvement in youth work.

Our mission, both in Spain (Valdeorras Vive) and Estonia (Ethos MTÜ), is to inspire youth to be the change they want to see in their communities. We invite you to join this Erasmus+ Partnership Building Activity to connect youth workers, share best practices, and explore solutions for rural challenges.

Let's collaborate and grow together to enhance the impact of youth work in our communities. We look forward to welcoming you to Peñalba de Santiago!



Lucas from Valdeorras Vive and Aleksandra from Ethos MTÜ

### Ruralmakers: our goals



#### Facilitate networking

Connect youth workers, NGOs' members and volunteeers from rural areas and remote regions across Europe to share ideas and experiences.

## Promote innovation in rural areas

Explore creative and innovative solutions to improve youth work in rural communities, focusing on topics like entrepreneurship, inclusion, and cultural diversity.



#### **Exchange best practices**

Provide a platform to share successful strategies and tools that enhance youth engagement and education in rural settings.

#### Ideathon

Methodology on creating a feasible partnership and ideas during the mobility itself, creaion of future plans



#### **Preparation of participants**

- At least one of every country group should bring a laptop, tablet or similar.
- Since this is a partnership building activity, we did not plan "typical" intercultural night. However, we offer to arrange "intercultural coffee breaks", so instead of the night every country can take over one of the coffee breaks during the week. For that, please, bring some snacks from your country to share with other participants. Something that you like!
- During the week we will have a small **hike**. For that, bring comfortable clothes to make sportive activities as sneakers, tracksuits, comfortable pants, jacket for the cool night, etc.

We are going to be living in a small village for a week so you must come prepared for the experience!



#### **Youthpass certificate**

**Youthpass** certificate is going to be given, which will ensure an awareness and reflection of the participants on their learning process and competences developed.

#### **Participants profile**

- Enthusiastic and aware that we will be living in a rural area, learning by examples
- NGOs' representatives who are motivated to contribute
- People responsible for networking and/or project writing at their otganisations
- Able to participate the whole project (participants will not be able to arrive after or to leave before the arrival/departure day is establish on the project)
- A good level of English
- Open to exchange experiences and create connections with participants from other cultures

The PBA will gather a total of **16 participants**, including youth workers, and educators. Each country will be represented by 1 to 2 participants, ensuring a diverse and collaborative group. The participants will be 18 years or older, with no upper age limit.

#### About your trip to Spain

The most convenient airport for arriving in Spain is **Madrid airport**. There is also an alternative that is **Santiago de Compostela (SCQ)**.

From Madrid (or Santiago), all participants must look for the best price of their own travel schedule to **PONFERRADA**. For the Madrid (Santiago) - Ponferrada trip there are two options:

- Alsa bus: www.alsa.es
- Renfe train: www.renfe.com

A private bus in Ponferrada will be waiting for the participants and the members of Valdeorras Vive to travel all together to our venue, **Peñalba de Santiago**. <u>Arrival in Ponferrada on the 23rd should be before 21:30</u>.</u>

The cost of private transport is 20€/participant, so participants should deduct 20€ from the maximum travel reimbursement amount.

#### **Travel budget**

•	Between 10 and 99 KM:	28€
•	Between 100 and 499 KM:	211€
•	Between 500 and 1999 KM:	309€
•	Between 2000 and 2999 KM:	395€
•	Between 3000 and 3999 KM:	580€
•	Between 4000 and 7999 KM:	1188€



#### **Ruralmakers**

#### About the travel costs

- All participants must keep their travel tickets: flight reservation, boarding passes, bus or train tickets... If they are in paper, participants will bring them to the project and give them to Valdeorras Vive staff. If they are electronic tickets, participants will have to upload them in their personal **Google Drive** folder.
- Valdeorras Vive will return the travel money to all participants after the project. The payment will be a bank transfer as soon as we have all the participants' tickets checked and filled out the EU form.

Remember that without the original invoices and boarding passes we will not be able to return the money for the trip.





#### About the venue

Participants will be hosted in **Fogar Mozárabe** during the project. Fogar Mozárabe is a complex of three rural houses located in the medieval village of **Peñalba de Santiago**, in the region of **El Bierzo**.

This rural complex is a project of two of the members of Valdeorras Vive. We want to present it to you as an example of an entrepreneurial initiative in a mountainious village.

Rooms will be double, separated by gender, and we will seek to mix teams for a greater immersion in the intercultural group. There are a few matrimonial beds, so please let us know in private message if you are okey sharing the bed with another person.

We will organize by ourselfs **breakfasts**, while dinners and lunches will be arranged in one of the Peñalba restaurants.

We have a fully equipped kitchen for breakfasts and in case you need it.

**Towels** and hair dryers are provided and we recommend that you bring **indoor shoes/slippers** (we don't wear street shoes inside the house).



## **Activities schedule**

Arrival Day - 23rd Jan

Friday 24th Jan.	Saturday 25th Jan.	Sunday 26th Jan.	Monday 27th Jan.	Tuesday 28th Jan.	Wednesday 29th Jan.		
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
PROJECT INTRO	TEAM BUILDING & IKIGAI	ERASMUS+ PROMOTION PREPARATION		DEVELOPMENT OF PROJECT IDEAS	VISUAL PROMOTION OF RURAL AREAS		
Coffee Break		Coffee Break	SCHOOL VISIT ERASMUS+ PROMOTION	Coffee Break	Coffee Break		
GET TO KNOW EACH OTHER	HIKE TO CAVE OF SAN GENADIO	ERASMUS+ PROMOTION PREPARATION		DEVELOPMENT OF PROJECT IDEAS	VISUAL PROMOTION OF RURAL AREAS		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
PREPARING FOR NETWORKING	WORLD CAFE	X & Y GAME		DEVELOPMENT OF PROJECT IDEAS	DISSEMINATION FINAL EVALUATION		
Coffee Break	Coffee Break	Coffee Break	ıL JEURIAL LES	Coffee Break	Coffee Break		
NGO HUB & RURALMAKERS WALL OF FAME	ERASMUS+ PROMOTION PREPARATION	DEVELOPMENT OF PROJECT IDEAS	LOCAL ENTREPRENEURIAL EXAMPLES	DEVELOPMENT OF PROJECT IDEAS	CLOSING CEREMONY		
	Reflection session	Reflection session			Reflection session		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
Time for working, resting, writing projects, proposals of participants							

\*Project structure can be adapted to participants' needs

## RUG

# Makers 2.0

#### **BUILD RURAL FUTURE WITH US!**







Ayuntamiento de Ponferrada



0 f





valdeorrasvive@gmail.com

**M** 

www.valdeorrasvive.org

@valdeorrasvive