









OUTWARD BOUND CROATIA

ERASMUS+ TRAINING COURSE

EMPOWERING WOMEN IN OUTDOOR EDUCATION



ABOUT US

Outward Bound Croatia is non-profit organization that provides outdoor experiential learning courses. Our main field of activity is the organization and implementation of innovative outdoor courses for school children and youth, with special concern for youth with fewer opportunities. We believe in the power and intensity of learning and adventure in the outdoors – as a means of bringing out the best in our participants.

Our mission is to encourage young people to discover and develop their potential and create a better world for themselves and others through challenging experiences in unfamiliar settings

Besides outdoor education, we contribute to developing young people's competences through international youth- and mobility projects within the Erasmus+ program.

Our work and courses are based on the values of cooperation, compassion, courage, and responsibility.



<u>Outward Bound Croatia</u> (#) <u>www.outwardboundcroatia.com</u>

outwardboundcroatia

PROJECT OBJECTIVES

- bringing together 20 women working in outdoor education field from 6 different countries
- networking and sharing of knowledge and experience
- breaking the gender segregation in outdoor education field
- diving into: using nature as a classroom, hard skills development, facilitation skills
- expedition as a tool in outdoor education
- personal development
- women's circles
- designing and practicing new educational activities

PARTICIPANTS PROFILE

- women age 18+
- involved in outdoor education field, experienced outdoor instructors as well as less experienced, beginners in this field are welcome to apply
- have a sending organization from their country involved in Erasmus+ program (it is necessary to send contact from the sending organization)



PRACTICAL INFO

- Activity dates: 24. 29. 11. 2024.
- Travel days: 23 & 30 NOVEMBER
- Arrival: 23/11/2024 in the afternoon/evening hours (from 16:00). On arrival day, dinner will be provided.
- Departure: 30/11/2024. Breakfast will be provided on departure day.
- VENUE: OBC Educational Center in Veliki Žitnik, a small village in the rural, mountain region of Lika, Croatia. It's located 6km away from the nearest bigger city - Gospić.
- The OBC Educational Center is fully equipped with 2 dormitory-type bedrooms (male and female), bathrooms, a kitchen, a common room, and a big yard, surrounded by forest.
- No WIFI



HOW TO GET TO USP

(NO PLAINS, JUST BUSES, TRAINS, CARPOOLING) • The nearest airports: Zagreb, Zadar, Split, Budapest, Ljubljana, and Belgrade • There are regular bus and train lines to the meeting point - the town of Gospić. • Info about travel https://www.putovnica.net/en • Buses from Zagreb: https://www.akz.hr/en • Croatian Railway: http://www.hzpp.hr/en • Please send us your travel propostion per e-mail and wait for our confirmation before purchasing

the tickets! As there is no public transport from Gospić to Veliki Žitnik, we will pick you up with the organization's car and drive you to the education center.

options

within

Croatia:

GREEN TRAVEL IS WARMLY

RECOMMENDED!

Let us know about your exact arrival time and means

of transportation to Gospić.

REIMBURSEMENT

- This training will be implemented within the Erasmus+ Programme. Food and accommodation will be provided by OBC and covered by the project budget. The travel costs will be reimbursed to the participants after the project, ONLY IF they take part in the whole project.
- The travel costs will be reimbursed up to a certain amount according to the Erasmus+ distance calculator. If the costs of the travel exceed that amount, the participants will have to come up for it by themselves.
- The refund of the travel expenses will be made until 1/4/2025 in Euro by bank transfer and only upon submission of all the necessary travel documents . All the tickets' costs purchased in a local currency will be converted to EUR and calculated according to the exchange rate of the month of the project contract given by the European Commission.



How to calculate your travel budget?

- Calculate the distance from your place to Veliki Žitnik <u>HERE</u>
- Find the calculated distance in the table and there is your and budget for the travel both ways!

TRAVEL BUDGET: REGULAR TRAVEL

0 - 99 km - 28 EUR 100 - 499 km - 211 EUR 500 - 1999 km - 309 EUR 2000 - 2999 km - 395 EUR

YOU CAN USE 2 TRAVEL DAYS FOR REGULAR TRAVEL

TRAVEL BUDGET: GREEN TRAVEL

0 - 99 km - 56 EUR 100 - 499 km - 285 EUR 500 - 1999 km - 417 EUR 2000 - 2999 km - 535 EUR

YOU CAN USE 6 TRAVEL DAYS FOR GREEN TRAVEL

PLEASE SEND US YOUR TRAVEL PROPOSITION PER E-MAIL AND WAIT FOR OUR CONFIRMATION BEFORE BUYING THE TICKETS!

IMPORTANT!! KEEP ALL ORIGINAL TICKETS (BOARDING PASSES, E-TICKETS ETC.) AND BRING THEM WITH YOU.

TRAVEL DOCUMENTS AND REINBURSEMENT

• We can reimburse the travel expenses only upon presentation of ALL ORIGINAL DOCUMENTS stating your travel data and costs, namely:

Boarding passes (for round trip);
Tickets for plane/bus/train (including e-tickets);
Invoices.

- You are required to bring with you all the mentioned documents, as well as any other payment bills, checks, tickets and payment proofs of your travel.
- After you return home, in order for us to reimburse your wayback tickets, you will need to send us the original tickets and boarding passes by registered post and scans by e-mail to the following address:

1. Post: Outward Bound Croatia Milana Ogrizovića 47 10000 Zagreb, Croatia

2. E-mail: lana.novosel@outwardboundcroatia.com



WHAT TO BRING?

- passport or ID
- travel tickets & invoices
- European Health Insurance Card
- comfortable indoor and outdoor clothes
- slippers
- personal toiletries
- towels
- personal medicine if you're taking any please let us know in advance!
- optional: instruments, games ...

ARE YOU READY?

APPLY

WELCOM

GOT ANY QUESTIONS?

Do not hesitate to contact us at: lana.novosel@outwardboundcroatia.com