



Co-funded by  
the European Union

ERASMUS+ TRAINING COURSE

CALL FOR PARTICIPANTS



FROM:

Denmark, Moldova, Greece, Hungary, Serbia, Portugal,  
 Germany, Spain, France, Ukraine, Finland, Sweden, Italy

# COCLEA : Collective Climate Leadership

yes to sustainability 



7-15 December 2024

DENMARK



# ABOUT THE TRAINING

**COCLEA: Collective Climate Leadership** is a **7-day** face-to-face training course offered by Avnø Oasis Ecovillage for youth workers from Denmark, Germany, Portugal, Serbia, Spain, Ukraine, France, Finland, Greece, Italy, Sweden, Moldova, and Hungary. The training will offer youth workers and young leaders tools to develop Collective Leadership skills, learning how to facilitate transformative group dynamics and promote the creation of regenerative social experiences for young people in the field of climate activism.



The training belongs to a wider project in which we will **create a community of youth workers** active in Collective Leadership and support the organization of an **Ecovillage Youth Work Fair** in collaboration with GEN Europe, the European Ecovillage Network!

# TRAINING TOPICS & ACTIVITIES

- Group facilitation
- Collective Leadership
- Climate activism
- The ecovillage movement
- Leadership styles
- First-hand practice in facilitation
- Emotional management
- Nature-based practices
- Power dynamics in groups
- Feedback & Evaluation culture



# FACILITATORS

## SIMONE CESARO

Simone is a project coordinator, group facilitator and transition activist. He has mentored several groups of European Solidarity Corps volunteers facilitating different group spaces connected to all sustainability dimensions. He has coordinated for 10 months the eco-project Sunseed Desert Technology, in Almeria, Spain. He has participated in more than 10 Erasmus+ mobilities and co-facilitated more than 5. He is trained with the IIFACE certified group facilitation programme. and as a facilitator for the Transition Network movement. He is part of **Yes to Sustainability**, a network of European organizations and youth workers that mentors and helps other young people to create mobility opportunities in ecovillages.





# FACILITATORS

## KRISTIANE RAVN FROST

Kristiane has facilitated courses and personal processes in regards to food & lifestyle, personal & spiritual development since 1982 according to the Macrobiotic philosophy. She's a founding member and vision keeper of Avnø Oasis ecovillage and Avnø Højskole - an adult education center aiming to support the ongoing paradigm shift on many levels towards a sustainable, fair, and life-affirming world. She has been the main mentor for the volunteers Avnø Oasis and Avnø Højskole has hosted over the years. In 2001 she developed a new generation of dynamic, systematic and in-depth leadership, coaching and self-reflection tools - AIMA. In 2017 she was trained in Sociocracy and soon became a member of SoFA's Facilitation Trainer group and has assisted GEN Europe and GEN Denmark in developing new organizational structures. She is the director of Vitalitetsfonden and a member of the board of the Danish ecovillage network LØS and through that she collaborates with other green organisations.



[avno.org](http://avno.org)

# VENUE



The training will take place in Avnø Oasis ecovillage, 2 hours away from Copenhagen, Denmark. We are an international community with a great vision and solid skills in regards to organisation, teaching, entrepreneurship, permaculture, ecovillage design, health, personal development, sociocracy etc. We develop in 3 directions: a cohousing community, a school for adults (højskole), and green businesses.

We support a healthy and stimulant-free life to deeply connect with ourselves, each other and the environment. **We have a zero alcohol & drug policy and kindly ask you to respect that.** Also, our community kitchen doesn't use sugar, coffee, alcohol, and food additives, but is full of organic and locally produced products 😊 **If you need coffee or sugar while staying at Avnø, please bring yours.**

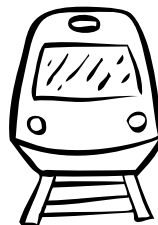
Avnø Oasis is located in the nature reserve and is neighbor to the sea and forest. Enjoy using our facilities: gym, fitness, art, music, woodworking rooms, our library, and the co-working space while sharing our home with us.

**Participants will be accommodated in double rooms.**



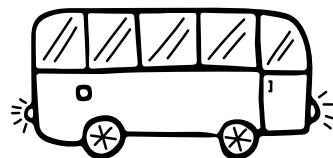
# HOW TO REACH THE VENUE

COPENHAGEN



TRAIN ([REJSEPLANEN.DK](https://www.rejseplanen.dk))

LUNDBY



Avnø Oasis BUS

AVNØ OASIS

"Orange tickets" are the cheapest 😊



# TRAVEL AND COSTS

Arrival day is **Saturday the 7th of December** after **14:00**. Departure day is **Sunday the 15th of December** after breakfast. You need to be able to **attend to the full duration of the training in order to participate**.

This project is co-funded by the Erasmus+ programme of the EU, which means that the **travel and participation costs are covered**. Participants should buy their tickets in advance and will be reimbursed after the activity. The tickets will be reimbursed up to a maximum amount which depends on the country where the travel starts. To be eligible as a participant, **your country of departure and arrival have to be the same**.





# MAXIMUM REFUNDABLE AMOUNTS

Denmark: 56 EUR (400 DKK)

Germany, Sweden: 285 EUR

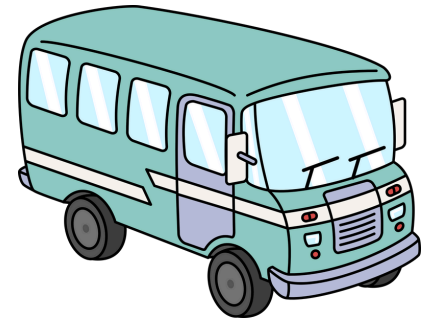
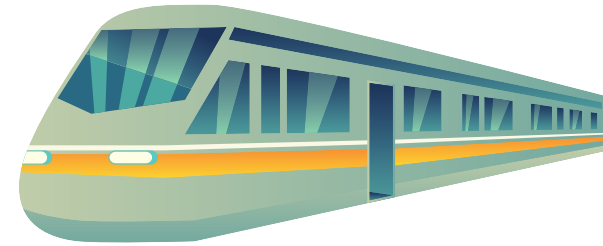
Spain: 309 EUR (planes allowed)

Portugal: 395 EUR (planes allowed)

Serbia, France, Ukraine, Finland, Moldova, Hungary:

417 EUR (309 EUR if not green travel)

Greece, Italy: 535 EUR (395 EUR if not green travel)



## GREEN TRAVEL

To reduce the project's environmental footprint, **the participants from Denmark, Germany, Sweden, Serbia, France, Ukraine, Finland, Italy, Moldova, Hungary, Greece will be asked to avoid flying for travelling to and from the training. Green transport is: bike, bus, train, car-pooling (2 or more participants in 1 car). Please make sure that you are comfortable with this condition if you apply. For special needs and exceptions please write to the organizers.**

You will need to provide proof of all the payments, so please **take all the travelling documents with you to Avnø** (tickets, invoices etc. - paper or digital)



# LEAD ORGANIZATION



Vitalitetsfonden (Avnø Højskole) - DENMARK - [olhasimon1@gmail.com](mailto:olhasimon1@gmail.com)

The purpose of Vitalitetsfonden foundation is to work for the common good (non-profit) by promoting a sustainable, fair and vital world in relation to physical and mental health, nature, economy, and culture on a personal, organisational and societal level. Vitalitetsfonden is supporting the emerging ecovillage Avnø Oasis, which is developing 3 parts: Avnø Højskole ("Peoples' college"), a co-housing community and regenerative entrepreneurship. The target group of Avnø Oasis is youth and adults who want to make changes in their lives and contribute to establishing a new compassionate paradigm in the world.

## PARTNER ORGANISATIONS

Germany - GEN Deutschland - [annika.alex@gen-deutschland.de](mailto:annika.alex@gen-deutschland.de)

Portugal - Jardim do Mira - [ahenckel@protonmail.com](mailto:ahenckel@protonmail.com)

Serbia - KidHub - [kidhub.serbia@gmail.com](mailto:kidhub.serbia@gmail.com)

Spain - L'Alzina - [info@lalzina.org](mailto:info@lalzina.org)

Hungary - Janoshida Municipality - [kinga@hekatefoundation.org](mailto:kinga@hekatefoundation.org)

Ukraine - Tepla Gora - [sofiia.levinska@teplagora.org](mailto:sofiia.levinska@teplagora.org)

France - Grain&Sens - [shelbygeitner@gmail.com](mailto:shelbygeitner@gmail.com)

Finland - GEN Finland - [ronja@skey.fi](mailto:ronja@skey.fi)

Greece - Kikli Exelixis - [sofiavalasi@posteo.com](mailto:sofiavalasi@posteo.com)

Italy - TNTEG APS - [tnt.erasmusgeneration@gmail.com](mailto:tnt.erasmusgeneration@gmail.com)

Sweden - Omställning Järna - [peter.hagerrot@telia.com](mailto:peter.hagerrot@telia.com)

Moldova - Comunitatea Plus - [tudorarnaut@gmail.com](mailto:tudorarnaut@gmail.com)



# HOW TO APPLY?

If you would like to join this training course, please fill in the following application form **before Thursday the 31st of October, 2024.**

<https://forms.gle/GAD5TmvZR1JcTf6s7>



**AGE: 18 y.o. and older** 😊

Participants' selection will be based upon the information that you share with us in the questionnaire and consultation with the project partner organisations — so please describe your motivation for participation in detail.

**We will tell you the results before November 4.**

