



## Prioritizing Mental Health 13-17/11/2025 Chania, Greece

|               | Wednesday         | Thursday   | Friday  | Saturday  | Sunday     |
|---------------|-------------------|--|---|---|------------|
| 09:30 – 11:00 |                   | Getting to Know Each<br>Other<br>Team Building                                 | World Café on Safe<br>Spaces                                  | Creativity as a<br>guide<br>(Designing Mental<br>Health & Wellbeing<br>Practices) |            |
| 11:00 - 11:30 |                   | Coffee Break   |   |   |            |
| 11:30 - 13:00 | Arrivals          | NA and Project<br>Presentation<br>Practicalities & Setting<br>up the framework | Resilient Patterns  | Creativity as a<br>guide<br>(Experiencing the<br>Sessions)                        | Departures |
| 13:00 - 15:00 |                   | Lunch Break  |   |   |            |
| 15:00 - 16:30 |                   | NGO Bazaar   | Nature as a guide<br>(outdoor workshop)                       | Ways to use the practices Nationally  |            |
| 16:30 - 17:00 |                   | Coffee Break   |   |   |            |
| 17:00 - 18:30 |                   | First Aid Mental Health  | Exchange of Good<br>Practices in Mental<br>Health & Wellbeing | Impact &<br>Evaluation  |            |
| 19:00         |                   | Reflection   |   | Dinner Out  |            |
| 20:00         | Welcome<br>Dinner | Dinner   |   | - Dinner Out  |            |



