



WELCOME TO
Training course
"Fostering Inclusion in Youth Work: Empowering
Diverse Voices for a Brighter Future"



Erasmus+



**Asociatia Nationala de Dezvoltare Continua a
Tineretului din Romania**





Erasmus+

Hello dear friends and partners,

We would like to welcome you to the Training course titled “**Fostering Inclusion in Youth Work: Empowering Diverse Voices for a Brighter Future**” that will be host in Craiova, Romania by ANDCTR in cooperation with other youth NGOs. In this INFO PACK you can read all the details of the project.





The project is designed to the understanding of new approaches in the field of inclusion of young people from disadvantaged backgrounds, by interested youth workers actively involved in the inclusion field. It is focused on creating a safe and creative space for participants to share and open up and to exchange ideas and experiences. During the course the participants will gain useful competencies in working in making projects and/or activities more inclusive.



The aim of the project "Fostering Inclusion in Youth Work: Empowering Diverse Voices for a Brighter Future" is to promote inclusivity and diversity within the youth sector by equipping youth workers, group leaders, and young participants with the skills, knowledge, and tools to create more inclusive environments. This will ensure that all young people, regardless of their background, are empowered to actively participate, contribute, and thrive in youth projects and community initiatives.

Objectives:

1. Raise Awareness of Diversity and Inclusion:

- To foster understanding of the challenges faced by marginalized and underrepresented youth groups.
- To highlight the importance of inclusion and diversity in youth work and its impact on community well-being.

2. Develop Inclusive Practices:

- To equip youth workers and leaders with effective strategies and tools to create inclusive programs and activities that cater to diverse groups of young people.
- To explore innovative approaches to overcoming barriers that prevent full participation in youth activities.

3. Empower Youth to Advocate for Inclusion:

- To provide youth participants with opportunities to engage in discussions and workshops on inclusivity, enabling them to become ambassadors for inclusion within their communities.
- To develop leadership and advocacy skills among youth, empowering them to promote inclusive values.

4. Enhance Cross-Cultural Understanding:

- To foster intercultural dialogue among participants from diverse backgrounds, encouraging mutual understanding and respect.
- To create a safe space for young people to share their experiences and challenges regarding inclusion in their respective communities.

5. Encourage Active Participation of Underrepresented Youth:

- To ensure that young people from marginalized communities (e.g., ethnic minorities, LGBTQ+ youth, differently-abled youth) are actively engaged in the project and feel a sense of belonging.
- To work on strategies for reducing social exclusion and increasing access to opportunities for all youth.

6. Strengthen Collaboration and Networking:

- To create a platform for youth workers, leaders, and participants to exchange best practices and collaborate on initiatives promoting inclusion.
- To establish a sustainable network of youth inclusion ambassadors who continue to support and advocate for inclusive practices in their respective regions..

WHO WE ARE?

We aim to support and promote the social responsible development of the society and the environment, through social, cultural and learning activities. Through our projects we intend to develop and to exchange good practice in the youth work with other associations around the world, aiming to provide support for youngsters from our community into any type of social initiative that they will have, focusing more on developing awareness in relation with the negative environment changes, all by using non-formal education as a central key point in education.

Our association is organizing community events like fairs, concerts, workshops, debates etc, with the aim of providing youngsters with the opportunity to understand the community reality and to empower them with tools in order to be able to be elements of change in the community.

Find us at:

<https://andctr.ro/>

<https://www.facebook.com/voluntariatpentrucomunitate>

While there do not forget to LIKE US!



For a glimpse in our association vibe visit:

<https://www.facebook.com/watch/?v=632412397386889>

<https://www.facebook.com/watch/?v=2637145249933253>





PARTICIPANT PROFILE

- ✓ Aged over 18 years old
- ✓ Working in an NGO of youth
- ✓ Fluent in English, both speaking and writing
- ✓ Motivated to take part in the project and showing involvement during all the stages of the project
- ✓ Able to disseminate the results of the TC in social media and through their work
- ✓ Having the ability to organize the follow-up and dissemination activities
- ✓ Be open-minded, motivated and ready to share experience and good energy 😊

Participants with few opportunities (unemployed, not in school, few financial possibilities, cultural / religious/gender obstacles etc) will have priority and a tailored support plan.

In case of interest WHAT TO SEND US:

- CV in EUROPASS FORMAT**
<https://europass.cedefop.europa.eu/documents/curriculum-vitae>
- APPLICATION FORM**– adapted on the topic of the project, from which we want to see how you consider can add a value to the project [HERE](#)
- Valid passport or ID**
- ABILITY TO BUY THE TRAVEL TICKETS** (reimbursement will be made after the project to the bank account provided in the reimbursement form)

DETAILS OF THE PROJECT



- Accommodation and food are fully covered.
- Transportation will be reimbursed based on the travel band distance calculator:



<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

- It is recommended to have travel insurance and health insurance. This cost IT IS NOT covered by the project.

1

We will host max 4 participants per country, 40 participants in total.

Registration form:

<https://forms.gle/Q9RCL3m36DUCKxSd8>

2

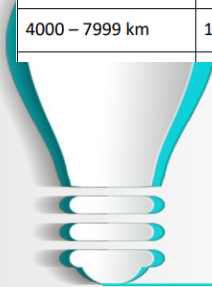
Dates of TC: 22 -28 November 2024, travel days not included. Arrival day: 21st starting from 09:00. Departure day: 29th from 06:00 to 12:00.

3

Countries participating: program, associated countries and third countries not associated to the program.

4

Venue: Craiova, Romania.



DETAILS OF THE PROJECT



4

- Accommodation will be provided here
<https://drive.google.com/file/d/1qHg0vxOKNp637uTYpbVYiXtMG3TDjMq/view?usp=sharing>
- Transportation will be reimbursed based on the travel documents provided (boarding passes, train tickets, electronic tickets etc) on the bank account provided in the reimbursement form

1

Accommodation location – Euphoria Hotel
<https://www.craiova-hotel.ro/accommodation/hotel-euphoria-craiova>
and we will also use rooms in another hotel at 2 min walking <https://hotel-parc-craiova.ro/> - ALL MEALS WILL BE AT EUPHORIA HOTEL in case of need.

2

What personal items to bring: laptops/tablets, personal hygiene items, comfortable clothes, any medication you may need for daily usage, food, and items needed for the intercultural night.

3

What to prepare for activities: bring laptops, your association presentation, presentation of your youth work etc? You may use any method or tool in order to present it. Be creative! 😊



Your weekly schedule



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◆ A general example of what your day will look like

	10.00 – 11.20	11.20 – 11.50	11.50 – 13.00	13.00 – 14.30	14.30 – 16.00	16.00 – 16.30	16.30 – 17.45
Day 1 - 22 November	Participant arrival, registration, and official course opening (Overview of objectives and agenda)	Coffee Break	Introduction to the Erasmus Plus program and inclusive education	Lunch	Icebreaking activities and participant introductions (Non-formal games)	Coffee Break	Exploring the concepts of inclusion, integration, segregation, and exclusion
Day 2 - 23 November	Types of disabilities and special educational needs	Coffee Break	Challenges and solutions for including young people with disabilities in educational activities	Lunch	Simulation: Participating in educational activities with various disabilities	Coffee Break	Reflection and discussion: Sharing experiences from the simulations
Day 3 - 24 November	Introduction to digital tools for inclusive education	Coffee Break	Workshop: Using digital tools to facilitate the participation of young people with disabilities	Lunch	Case studies: Best practices in using technology in inclusive education	Coffee Break	Practical exercise: Creating inclusive educational activities using digital tools
Day 4 - 25 November	Non-formal education: Principles and methods in working with youth with disabilities	Coffee Break	Practical workshop: Adapting non-formal methods for inclusion	Lunch	Collaborative activities: Developing inclusive non-formal sessions	Coffee Break	Presentation and evaluation of created activities
Day 5 - 26 November	Exploring the differences	Coffee Break	Introduction to the concepts of	Lunch	Group discussion: How	Coffee Break	Team exercise: Developing an



Your weekly schedule

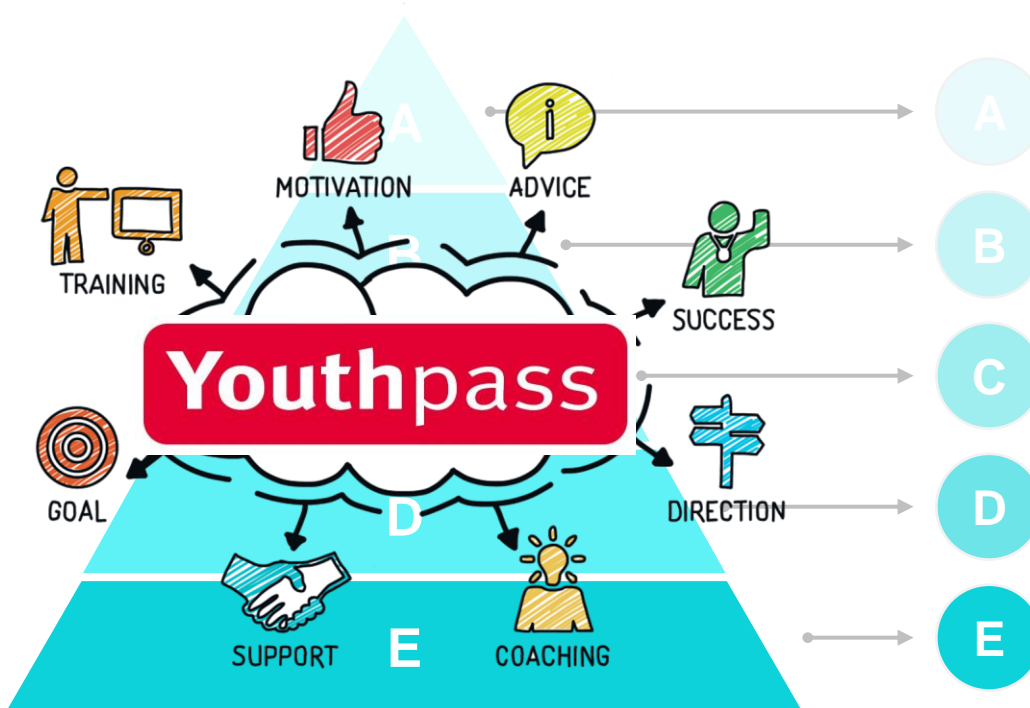


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◆ A general example of what your day will look like

	between inclusion and integration		segregation and exclusion		can we create a more inclusive educational environment?		inclusion plan for a specific organization
Day 6 - 27 November	Connections between stereotypes, prejudices, and discrimination	Coffee Break	Methods for combating stereotypes and prejudices in educational contexts	Lunch	Practical workshop: Identifying and addressing discrimination in educational activities	Coffee Break	Feedback and reflection: How can we apply what we've learned in our organizations?
Day 7 - 28 November	Final course evaluation: Reflection and feedback from participants	Coffee Break	Personal action plan: How can I use the new knowledge in my work with youth with disabilities?	Lunch	Course closure: Certificate awarding and final discussion	Coffee Break	Final conclusions and participant departure

Youthpass - to reach your full potencial



Your guide

<https://www.youthpass.eu/en/about-youthpass/about/>

Your way to personal development

Your way to professional development

Learning to learn

Your certificate

<https://www.youthpass.eu/en/about-youthpass/video/>

!! Each participant will be supported during the learning process

Organizational Aspects & Reminders



Do not forget about the reimbursements conditions and the fact that they are linked to your task fulfillment

Each participant will need to prepare a presentation about the topic provided via e-mail before arrival

Bring all your personal items that you think you will need, including laptops/tablets and personal medicines

Must prepare some sessions as presented in the daily agenda.

Attendance to all workshops and working days is mandatory

All participants must fill the participant form and to agree that they read and understand all this YE requires and the facilities offered. No need that is not mentioned in the form will be taken in consideration at arrival.

For intercultural night bring some snacks or sweets. Unfortunately, cooking is not possible

We can cover food preferences, but we need to know in advance. Halal meat or kosher food sadly in our community are not possible to be provided.

If we disagree with an idea, we do not critique or attack a person.

The accommodation has NO SMOKING rooms. No alcohol is allowed during the activities.

The focus is on having a great European experience, not a 5* holiday. Mind that the accommodation it is basic.

Bring your laptops!! We will use them a lot during the sessions. Prepare two energizers

Transportation dates and route need to be send to us as organizers no later then one week before the starting of the TC via the registration form.

We need active and motivated participants in order to have a lot of fun.

Arrival and departure dates and hours MUST be respected, other wise reimbursement of travel costs may not occur. All participants must arrive and depart by themselves to the venue.

Make sure to check accordingly all venues and agenda of the TC to see if it fits your special needs and or quality requirements. No complaints on this matter will be later addressed.

How to arrive to us?



FOR CRAIOVA

OPTION 1:

1. Come by plane to: Bucharest Otopeni “Henri Coanda” Airport
2. Exit the terminal (do NOT forget your luggage)
3. Take the bus to Craiova, reservations can be made [HERE](https://www.bbilantravel.ro/)
<https://www.bbilantravel.ro/>
(you can pay in Romanian currency at the driver or on-line on the website)

Or by train:

4. Take the train from the Airport to Gara de Nord Bucharest and then Train Bucharest – Craiova <https://www.cfrcalatori.ro/en/>

OPTION 2:

1. By plane to Craiova international airport
2. By bus / Uber / Bolt to the hotel venue: Hotel Euphoria, Iancu Jianu Street, no 6



Thank you

For any questions you want to address us send an e-mail to andctr@yahoo.ro

See you soon!