



spark

S KILL **P** ROMOTION, **A** RTS,
R ESOURCES, AND **K** NOWLEDGE
FOR YOUTH DEVELOPMENT



EUROACTIVA-T



Co-funded by the
Erasmus+ Programme
of the European Union

TRAINING COURSE MYW

12-19 January 2025

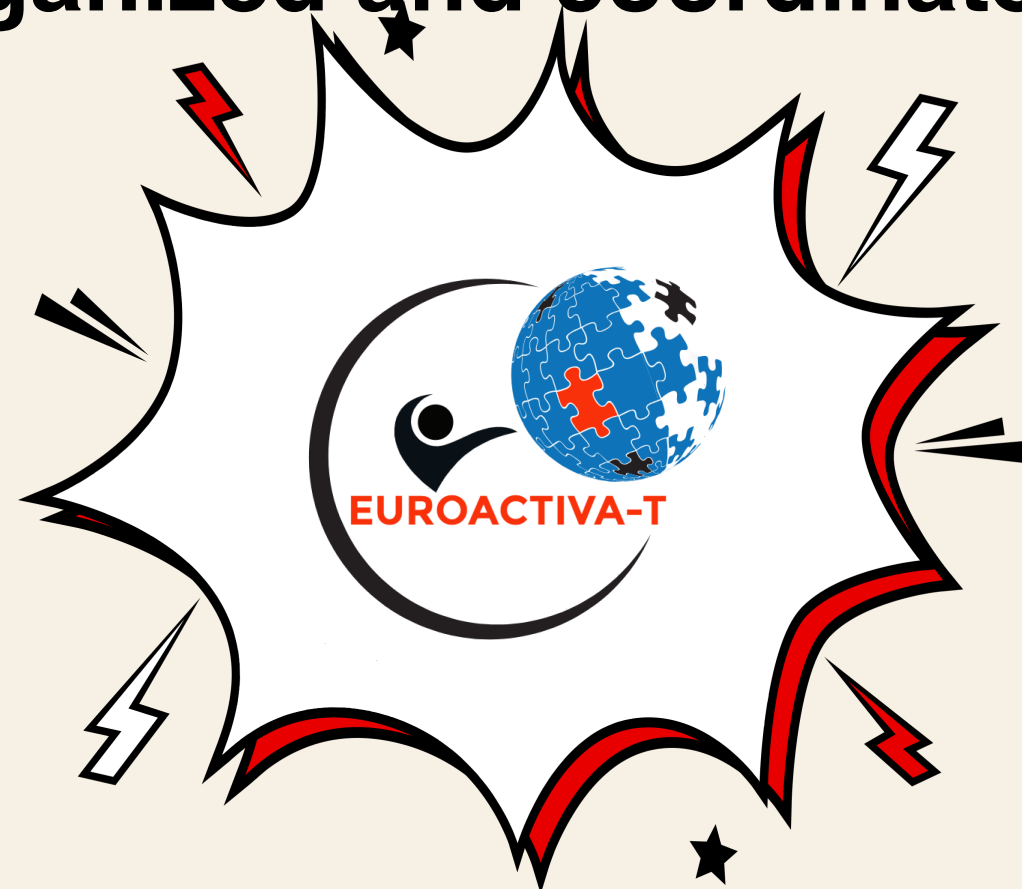
San Lorenzo de El Escorial

MADRID

REF. 2024-1-ES02-KA153-YOU-000195809

TRAINING COURSE MYW

Organized and coordinated by:



Co-funded by the
Erasmus+ Programme
of the European Union

BACKGROUND

EUROACTIVA-T

The main objective of Euroactiva-T is the implementation of actions and projects focused on the promotion of equality, social inclusion, interculturality, employment and entrepreneurship, environmental awareness and well being.

Euroactiva-T will use theatre arts during this project to promote equality, social inclusion, and intercultural understanding. Their goal is to create a more inclusive European community where everyone feels valued and respected, regardless of their background.

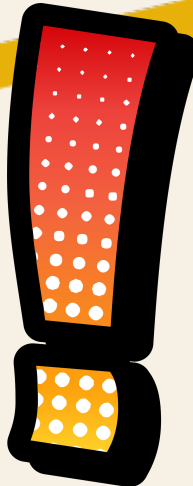
THE PROJECT

SPARK is a Training Course designed to enhance the professional skills of **youth workers** using creative and artistic tools, particularly theatre arts. By equipping youth workers with these resources, we aim to improve the employability and active participation of young people within their respective communities.

OBJECTIVES

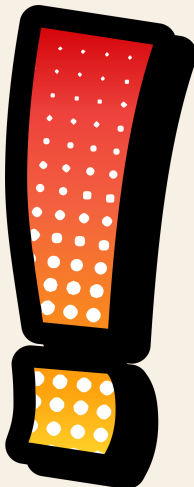
1. **Enhance Youth Work through Physical Theatre and Performing Arts**
2. **Develop a framework of performing arts practices adaptable to diverse youth communities and contexts.**
3. **Empower youth workers to create innovative performing arts tools for teamwork, reflection, energizing, space exploration, trust-building, and inspiration.**
4. **Support participants in building a comprehensive toolbox of resources for training and workshop development.**
5. **Promote the Erasmus+ program**

METHODOLOGY

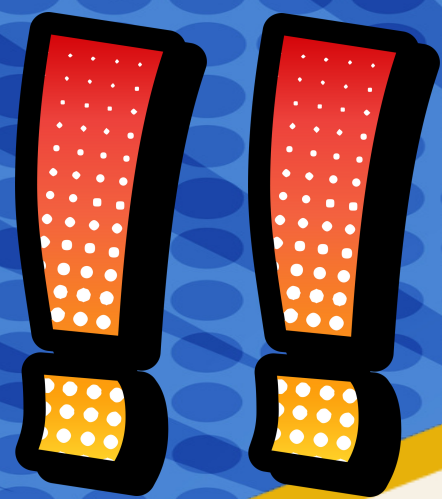


Through physical theatre and performing arts, we will employ non-formal education methodology that fosters the development of new skills, competencies, and attitudes.

Important Note:
The activities involve physical contact, such as energizers, team building, physical theater, and dance. All physical interactions will be conducted with utmost respect for participant comfort and boundaries.



Trainers



Emanuele Nargi
emanuelenargi.com



Ingrid Schramek
<https://ingridschramek.wixsite.com/ingridschramek>

OVERVIEW

The aim training aims to equip participants with the knowledge and tools to effectively integrate performing arts into their youth work practice. You will have the opportunity to:

1. Deepen your understanding of individual and group learning processes within the performing arts
2. Design engaging performing arts workshops
3. Enhance your self-directed learning abilities

THE VENUE

The daily activities will be placed in the EL ESCORIAL residence in San Lorenzo de El Escorial. C/ Residencia, 14. San Lorenzo de El Escorial, 28200 Madrid and also Casa de la Juventud de San Lorenzo de El Escorial.

<https://www.comunidad.madrid/centros/albergue-juvenil-escorial>

In the next update we will give you some more indications on how to reach the venue from Madrid Airport.

THE VENUE

San Lorenzo de El Escorial is a pretty town located 50 km of Madrid and is famous for the Real Monastery of El Escorial which is National Heritage.



PHOTO PAGE



ACCOMMODATION & MEALS

The residence rooms are from 2 to 4 people with bathroom ensuite.

Breakfast, lunch and dinner + coffee break.

We will take into consideration your diet needs, creating a healthy and good menu good for all!

THE PROGRAM

	Sun 12 Jan	Mon 13 Jan	Tue 14 Jan	Wed 15 Jan	Thu 16 Jan	Fri 17 Jan	Sat 18 Jan	Sun 19 Jan
8.30-9.30	ARRIVALS	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.45-11.15		Who is who - Getting to know each other program, objectives	Theatre workshop - Perception of myself	Theatre workshop - Space Dynamic	Learning Space Dynamic	Working groups - Outdoor	Next phase: local initiatives	DEPARTURES
11.15-11.30		Break	Break	Break	Break	Break	Break	
11.30-13.45		Name games - Team- building	Theatre workshop - Perception of myself	Theatre workshop - Site Specific	Learning Space Dynamic	Peer feedback	Next phase: local initiatives	
14.00 – 15.00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15.30 – 17.00		Quiz about ERASMUS+ Program	Theatre theoretical input	Cultural visit. Monasterio de El Escorial	Small indoor activities	Working groups	Press conference. Project showcase	
17.00 – 17.15		Break	Break		Break	Break	Break	
17.15 – 18.45		Introduction to NFE - Theatre as a tool	Theatre workshop - Perception of the others		Learning Space Dynamic	Free time	Youthpass ceremony and final evaluation	
18.45 – 19.00		Reflection Groups	Reflection Groups		Reflection Groups			
20.00-21.00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:30 – 23:00	Welcome evening	Intercultural night	Exploring San Lorenzo de El Escorial	Passion night	Free night	Reflection groups Movie evening	Farewell Party	

PERSONAL STUFF

- ❖ Your towel and personal hygiene products (shampoo, toothpaste...)
- ❖ Comfortable clothes and shoes
- ❖ Warm clothing
- ❖ Your Health European Card
- ❖ Your energy, good mood, willing to share with the others and to develop yourself and your skills!

THE PARTNERS



EUROACTIVA-T (Spain)
MORE COACHING (Croatia)
SEIKLEJATE VENNASKOND (Estonia)
MOVE2EUROPE (Italy)

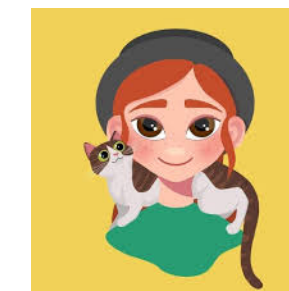


LIDOJUMA REŽĪMS (Latvia)

EU GO" ASSOCIATION (Lithuania)

ASOCIAȚIA MOTĂNICA ȘI PRIETENII (Romania)

ESKISEHIR SOSYAL İNOV GELISIM D (Turkie)



PARTICIPANTS PROFILE

- ❖ Theatre makers, Youth workers, Youth leaders, Trainers.
- ❖ Socially engaged performing artists with experience in experiential, physical, or musical theater, dance, or visual arts.
- ❖ Over 18 years old
- ❖ Fluent in English for effective communication and collaboration.
- ❖ Fully committed and active for all the length of the Training (7 days)
- ❖ Able to disseminate the results after the TC

PARTICIPANTS SELECTION

Participants from 8 countries: Spain, Croatia, Estonia, Italy, Latvia, Turkey, Lithuania and Romania.

Selection Procedure Overview

- 1. Application Portal: All participants must apply through the Salto website using the specified link.**
- 2. Partner Involvement: Partners are responsible for disseminating information about the opportunity and encouraging potential candidates to apply before the deadline.**

PARTICIPANTS SELECTION

Shortlisting and Link to apply

- 3. Initial Shortlist:** Euroactiva will create a preliminary list of suitable candidates based on the applications.
- 4. Partner Review:** The shortlisted candidates from each country will be forwarded to the respective partner for further evaluation and verification.
- 5. Final Selection:** Euroactiva will notify the selected participants and place the remaining candidates on a waiting list.

Participants can apply through the following application form by 18th October 2024:

TRAVEL BUDGET

COUNTRY	MAX. BUDGET
SPAIN	56 eur
ITALY, CROATIA	309 eur
ESTONIA, LATVIA, LITHUANIA, ROMANIA, TURKIE	395 eur

TRAVEL RULES

Your destination is Adolfo Suárez Airport - Madrid Barajas

The rules of the ERASMUS+ program for this project are the ones established for the Erasmus + KA1 T.C. Grants.

The organizers must approve your travel plan before buying the tickets.

No travel agencies are allowed to buy the tickets. We can assist you in a future update to buy the flight tickets.

TRAVEL RULES

Plan your flight to be in Madrid before 17:00 h the 9th of January 2025. We will dinner all together in the residence.
You can travel maximum 2 days before or after project dates. Those extra days are not covered by the project.

IMPORTANT: In any case keep all the boarding passes and tickets of airplane, bus, train, metro (they are needed for reimbursement). Also, all receipts / invoices are needed, without any exception. The reimbursement will be done the next week after the Training Course by bank transfer.

INSURANCE

Participants from Turkey are responsible for acquiring their own medical insurance valid for Spain during the days that the training lasts.

Other participants should bring the European Sanitary Card to be safe in case of emergency.

Participants are responsible for getting their own travel insurance and any medicaments and treatment that they use.

CONTACT INFO

EUROACTIVA-T project manager: Josep Vilalta

Mail: general@euroactivat.org

MADRID



Co-funded by the
Erasmus+ Programme
of the European Union