



Co-funded by
the European Union

ERASMUS+ TRAINING COURSE

CALL FOR PARTICIPANTS



FROM:

Denmark, Italy, Moldova, Greece, Hungary,

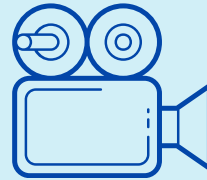


Portugal, Czech Republic, Spain, Slovakia



Documentary Circles:

Climate Change &
Emotional Responses



17-26 October 2024

DENMARK



ABOUT THE TRAINING

Documentary Circles: Climate Change & Emotional Responses is an **8-day** face-to-face training course offered by Avnø Oasis Ecovillage for youth workers from Denmark, Italy, Moldova, Greece, Hungary, Portugal, Czech Republic, Spain, and Slovakia. The main focus of the training is **documentary creation** as a tool for raising awareness of **climate change** and working with **human emotions and needs** surrounding it, particularly among young people.

Together we will create **6 video documentaries** on the topics of sustainability, climate change, and emotional management — and spread them through our communication channels.



TRAINING TOPICS & ACTIVITIES

- Climate Crisis
- Video Shooting Theory and Practice
- Video Editing Theory and Practice
- The ecovillage concept: Oases of regeneration
- Best Practices of Documentary Making
- Film Screening
- Observe Reality
- Embrace Emotions
- Discover Needs
- Reconnect with Nature
- Storytelling
- Feedback & Evaluation



FACILITATORS

DARIO FERRARO

Dario is a group facilitator, project manager and filmmaker. Since 2022, he has been a project development manager for the European ecovillage network GEN Europe. As a facilitator, he works with several ecovillages in Europe in the development of transformational learning programmes related to project development, group facilitation, participatory documentary and deep ecology. As a filmmaker, he co-directed with Adonella Marena of Lo Sbarco (2011) and was part of the collective film Demonstration (2013) directed by Victor Kossakovsky. He graduated from the UPF creative documentary master in Barcelona and was creative producer and editor of Makarìa (2020).



GIULIA ATTANASIO

Giulia is a co-founder of the Association AUDRA APS. Her work spans across communication, video, and music. Her experience is rooted in the documentary field, where she has worked on film and television projects. As an editor, author, and researcher, she has collaborated with independent production companies, e-learning platforms, NGOs, and within various communication campaigns for social projects. Her documentary "Makarìa" (selected at DOK Leipzig, RIFF Awards) is available on the French screening platform Tënk.fr.

FACILITATORS

OLHA SIMON

Olha is the project manager and the teacher of Community Education courses in Avnø Højskole. She is one of the active members of Avnø Oasis community, a board member of the Ukrainian ecovillage network GEN Ukraine, a certified Gaia Education trainer, and an ecovillage researcher. Having a pedagogical background, Olha has coordinated around 15 various educational programs and courses in Ukraine and Denmark. Olha loves being honest, talking about deep stuff and making fun.



KRISTIANE RAVN FROST

Kristiane is a co-founder of Avnø Oasis ecovillage and Avnø Højskole. She has taught about health and well-being in Norway, Sweden, Denmark and USA since 1982. She developed the Aima tools for personal transformation in 2001 to support a smooth transition to a healthy diet and lifestyle. After participating in EDE Damanhur in 2018, she received the certification of a Gaia Education trainer and created the Holistic Health Education course. Kristiane is a loving, brave and empowering person.

avno.org,

VENUE

The training will take place in Avnø Oasis ecovillage, 2 hours away from Copenhagen, Denmark. We are an international community with a great vision and solid skills in regards to organisation, teaching, entrepreneurship, permaculture, ecovillage design, health, personal development, sociocracy etc. We develop in 3 directions: a cohousing community, a school for adults (højskole), and green businesses.

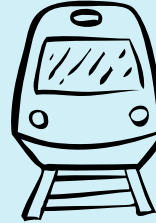
We support a healthy and stimulant-free life to deeply connect with ourselves, each other and the environment. **We have a zero alcohol & drug policy and kindly ask you to respect that.** Also, our community kitchen doesn't use sugar, coffee, alcohol, and food additives, but is full of organic and locally produced products 😊 **If you need coffee or sugar while staying at Avnø, please bring yours.**

Avnø Oasis is located in the nature reserve and is neighbor to the sea and forest. Enjoy healthy and delicious organic meals (vegan option available) and use our facilities: gym, fitness, art, woodworking, music rooms, our library, and co-working space while sharing our home with us.



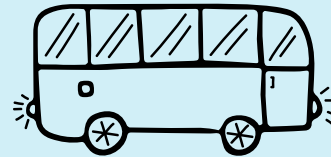
HOW TO REACH THE VENUE

COPENHAGEN



TRAIN ([REJSEPLANEN.DK](https://www.rejseplanen.dk))

LUNDBY



Avnø Oasis BUS

AVNØ OASIS

"Orange tickets" are the cheapest 😊



TRAVEL AND COSTS

Arrival day is **Thursday the 17th of October** after **14:00**. Departure day is **Saturday the 26th of October** after breakfast. You need to be able to **attend to the full duration of the training in order to participate**.

This project is co-funded by the Erasmus+ programme of the EU, which means that the **travel and participation costs are covered**. Participants should buy their tickets in advance and will be reimbursed after the activity. The tickets will be reimbursed up to a maximum amount which depends on the country where the travel starts. To be eligible as a participant, **your country of departure and arrival have to be the same**.



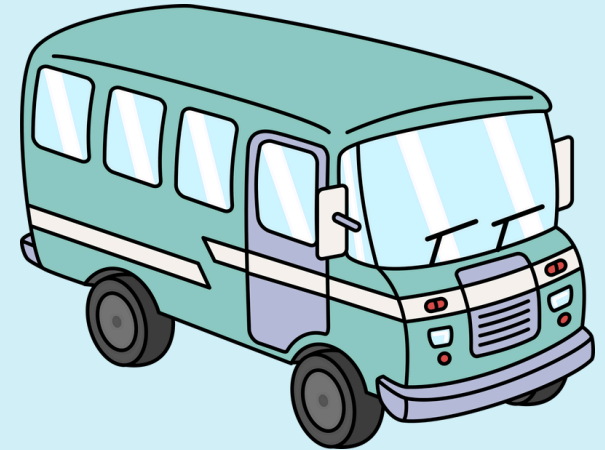
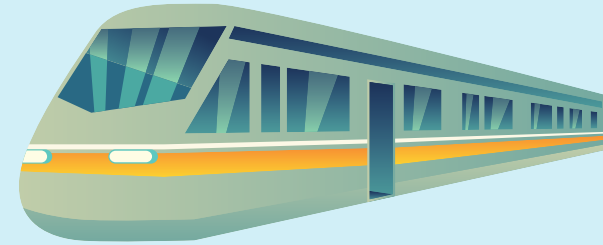
MAXIMUM REFUNDABLE AMOUNTS

Denmark: 56 EUR (400 DKK)

Greece, Portugal: 395 EUR (planes allowed)

Italy, Moldova, Hungary, Czech Republic, Spain, Slovakia:

417 EUR (309 EUR if not green travel)



GREEN TRAVEL

To reduce the project's environmental footprint, **the participants from Denmark, Italy, Moldova, Hungary, Czech Republic, Spain, Slovakia are asked to avoid flying while travelling to and from the training. Green transport is: bike, bus, train, car-pooling (2 or more participants in 1 car). Please make sure that you are comfortable with this condition if you apply. For special needs and exceptions please write to the organizers.**

You will need to provide proof of all the payments, so please **take all the travelling documents with you to Avnø** (tickets, invoices etc. - paper or digital)

LEAD ORGANIZATION



Vitalitetsfonden (Avnø Højskole) - DENMARK - olhasimon1@gmail.com

The purpose of Vitalitetsfonden foundation is to work for the common good (non-profit) by promoting a sustainable, fair and vital world in relation to physical and mental health, nature, economy, and culture on a personal, organisational and societal level. Vitalitetsfonden is supporting the emerging ecovillage Avnø Oasis, which is developing 3 parts: Avnø Højskole ("Peoples' college"), a co-housing community and regenerative entrepreneurship. The target group of Avnø Oasis is youth and adults who want to make changes in their lives and contribute to establishing a new compassionate paradigm in the world.

PARTNER ORGANISATIONS

Spolek Zemesouzneni (CZECH REPUBLIC) - eliska.sestakova@zemesouzneni.cz

Jánoshida Községi Önkormányzat (HUNGARY) - j2030@janoshida.eu

NEXES INTERCULTURALS SCCL (SPAIN) - davidetonon@nexescat.org

Comunitatea Plus (MOLDOVA) - comunitateaplus@gmail.com

African Way (PORTUGAL) - geral@africanway.world

Nature Life (SLOVAKIA) - zajezovna@gmail.com

Hives Project (GREECE) - info@hivesproject.eu

AUDRA APS (ITALY) - info@audra.it



HOW TO APPLY?

If you would like to join this training course, please fill in the following application form **before Sunday the 15th of September, 2024.**

<https://forms.gle/b18MS9ADhF81aH6f8>



AGE: 18 y.o. and older 😊

Participants' selection will be based upon the information that you share with us in the questionnaire and consultation with the project partner organisations — so please describe your motivation for participation in detail.

We will tell you the results before September 20.

