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SHADOW THEATER FOR SOCIAL CHANGE

Training course for youth workers

Samokov, Bulgaria

August 28- September 5, 2024 (including travel)

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PROJECT AIM



Shadow theatre is a very simple and fascinating technique in which the actors play behind a white sheet and the audience sees only their shadows because of the projector light. Actors don't have visual contact with the audience. That's why this activity is a very good integrative practice for young people coming from diverse backgrounds.

The aim of this project is to build capacity within 8 partner organizations to apply an innovative approach for boosting civic participation of young people through shadow theater activities.

Sharing good practices between partners on the topic of active participation is also part of the goal of this project.



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PROJECT OBJECTIVES

- **Increase** the skills base within youth workers in 8 partner organizations in order to internationalize their provision and support high quality non-formal education delivery and skills development;
- **Experience** the shadow theater methodology, paying focus to the social messages it can transfer;
- **Educate** participants to create shadow theater etudes on social topics to empower their target groups and facilitate social change;
- **Provide** a learning environment for participants to reflect on the political dimension of youth work and instruments for social change;
- **Provide** tools for youth workers in order to empower young people for self-responsible initiatives and turn their ideas into concrete civic engagement actions;
- **Present** social topics to a broader audience through an inclusive shadow theater performance for the local community in Samokov.

PARTICIPANTS PROFILE



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We are looking for **4 participants** from each partner country , 2 of them facing fewer opportunities.

For Spain - **2 participants** per partner.

Participants should be 18+ and actively involved in youth work.

Participants from **Bulgaria, Greece, Croatia, Hungary, Spain, Turkey and Romania** are welcome to apply.



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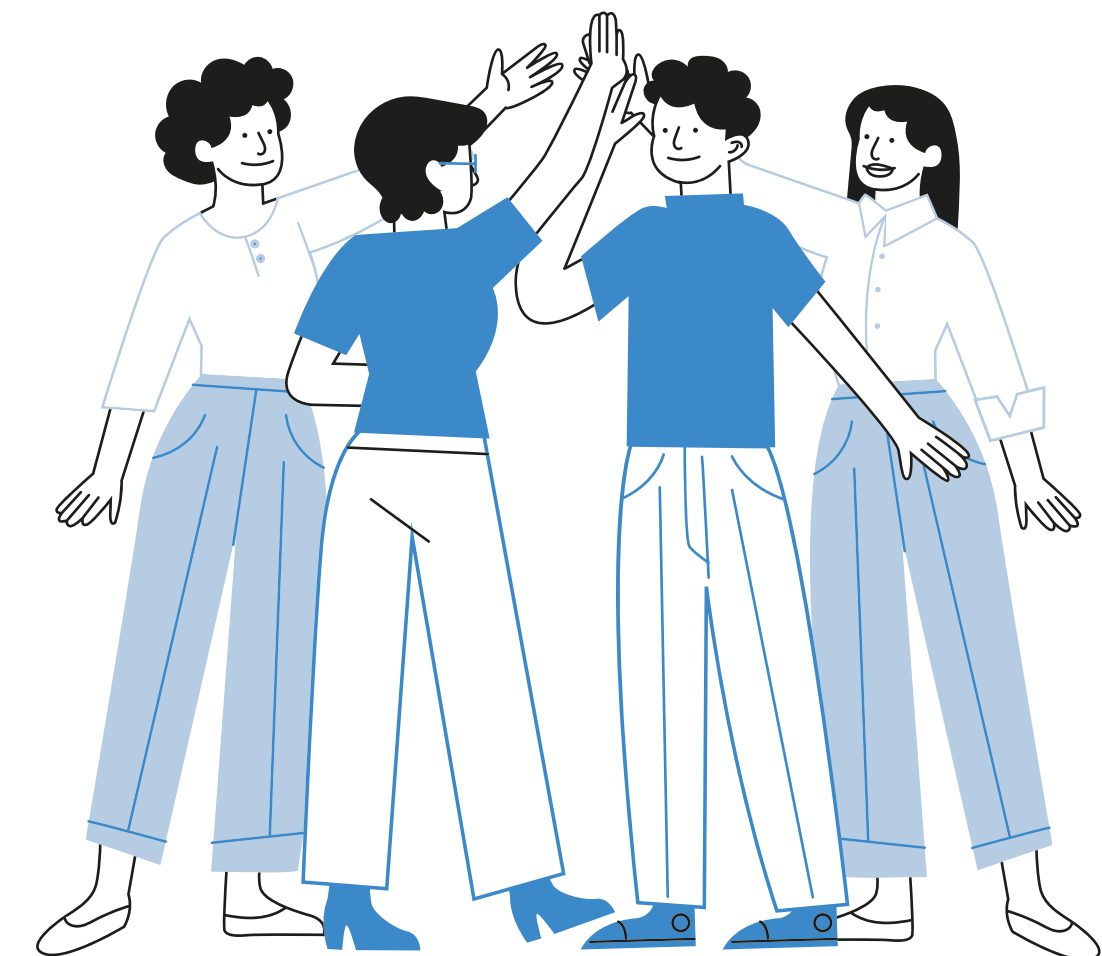
PROJECT METHODS

➤ **Workshops** on the key competences for youth workers used as a learning support system in the everyday reflection groups.

➤ The main method used will be **non-formal education**, allowing to give voice to all the participants.

➤ **Shadow theater** as a tool for youth empowerment and inclusion.

Preparing and participating in final shadow theater performance in bigger social context.





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TRAVEL LIMITS

Bulgaria- 23 EUR

Croatia - 320 EUR (Green travel)

Hungary -320 EUR (Green travel)

Greece - 210 EUR (Green travel)

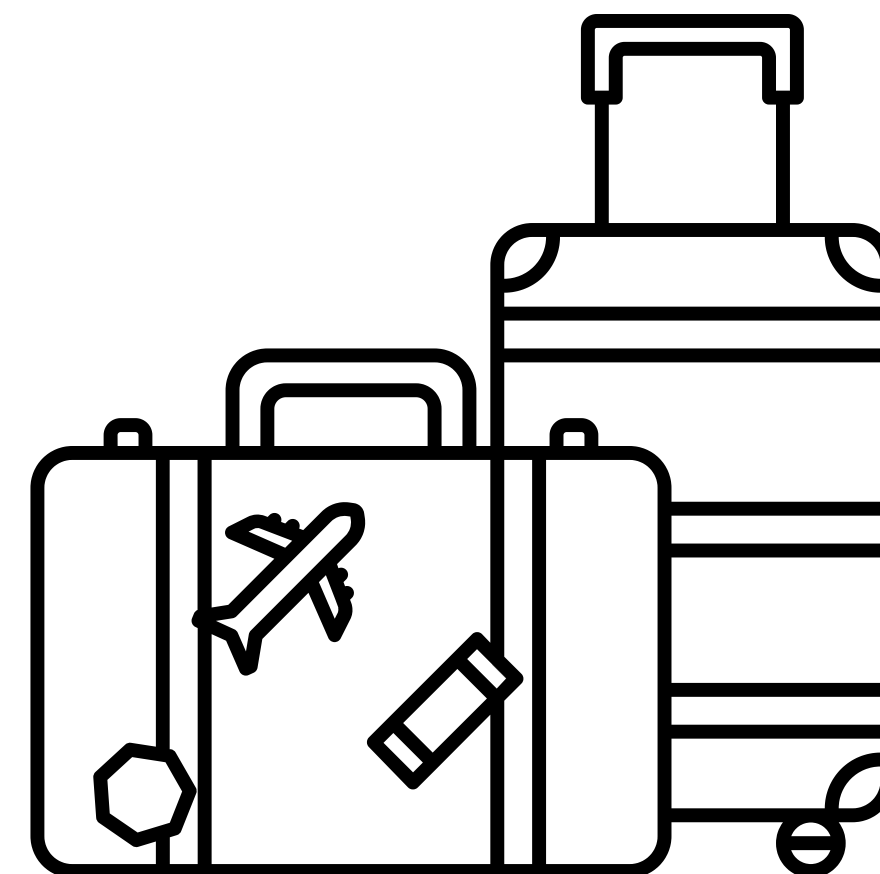
Romania- 210 EUR (Green travel)

Spain (Ticket2Europe) - 360 EUR

Spain (Canary Islands) - 530EUR

Turkey- 320 EUR (Green travel)

**Exceptional costs: Visa for
participants from Turkey - 60 EUR**





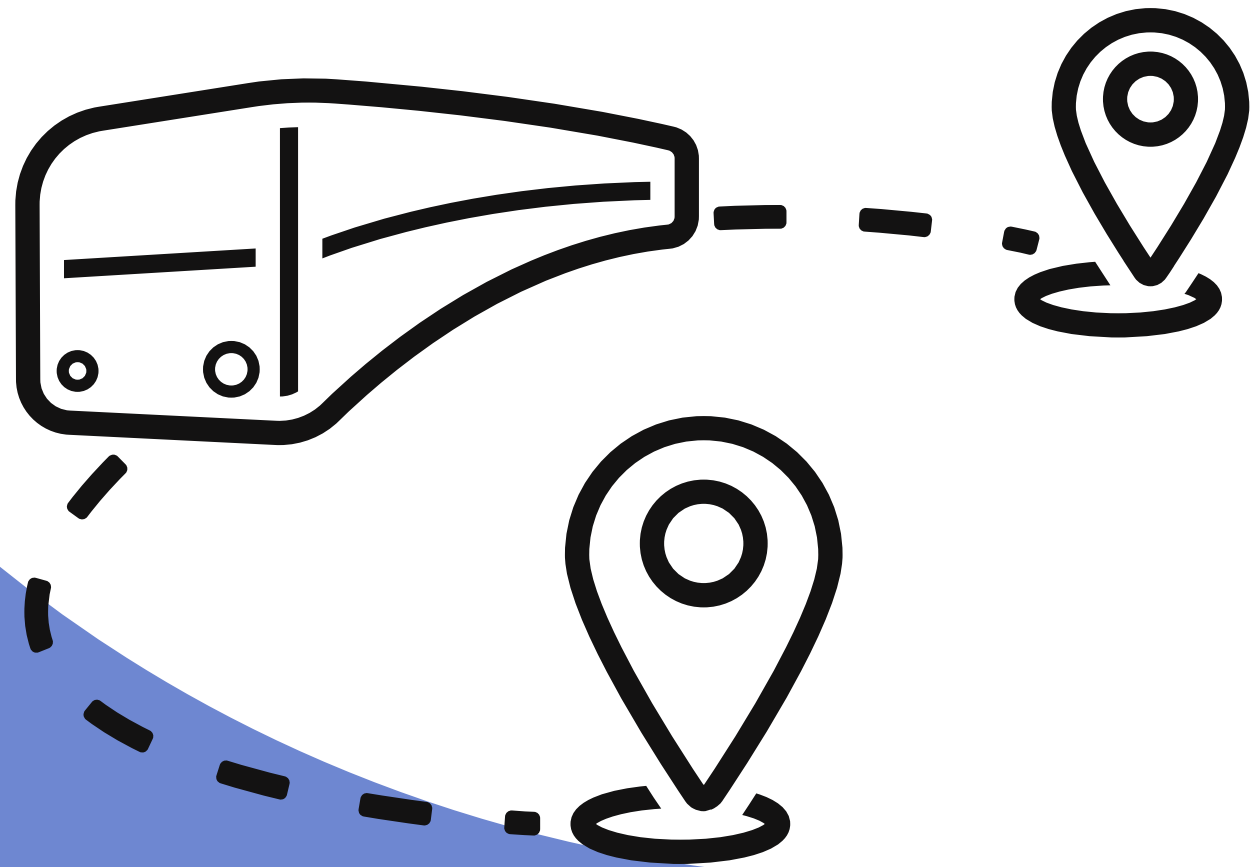
REIMBURSEMENT

Food and accommodation are **covered** by the project.

On the previous page you can find the **maximum allocated funds** for travel (flights, train tickets, shuttle buses, etc.) per person per country.

Travel should be with public transportation only. Please note that only the cheapest options will be reimbursed, please send a travel plan for approval before booking tickets to vvi.erasmus@gmail.com

Make sure that you get a receipt from **ALL** transportation. **You MUST keep** all receipts, invoices and boarding passes in order to be reimbursed.



ACCOMMODATION



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Hotel Grand is located in the center of Samokov next to a city park and a sports hall. It is a five minute walk from the bus station to the hotel. Website: <https://hotelgrand-samokov.com/index.php?l=2>

The hotel has an outdoor swimming pool, restaurant, café, fitness and sauna. Participants will be accommodated in two or three bedded rooms with separate bathrooms divided by gender. Meals will be provided three times a day according to the diet requirements of participants.





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ARRIVING AT THE VENUE



Arriving at Sofia Airport, Terminal 1 (T1)

Step 1: Shuttle bus from 5 a.m. till 11 p.m. driving every 10 min ensures direct transportation to Terminal 2 (T2) . Shuttle bus is free of charge.

Step 2: Metro station on Terminal 2 (in every 20 min.) - take the metro (blue line) for 10 stops and go down on station Julio Curie. Ticket costs 1.60 BGN (ca. 0.80 Euro)

Step 3: From metro station Julio Curie you should reach Bus station South (Attention! This is not the Sofia Central Bus station)– 5 min. walking distance

Step 4: Take the bus to Samokov (60 min. trip). Buses are in every 30 min. from 7 a.m. till 8 p.m. Ticket costs 5-6 BGN (2 – 3 Euro)

Arriving at Terminal 2 (T2) – please follow the instructions above as of Step 2.





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PRACTICALITIES

INSURANCE

It is mandatory to have a valid travel and medical insurance (i.e. European Health Insurance Card.) The host organization will not cover any personal health costs.



CURRENCY

The local currency in Bulgaria is Bulgarian Lev (BGN).
1 Euro is ca. 1.96 BGN.

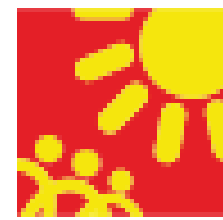
PREPARATION

Take a swimming suit and comfortable shoes for a walk in the mountain!





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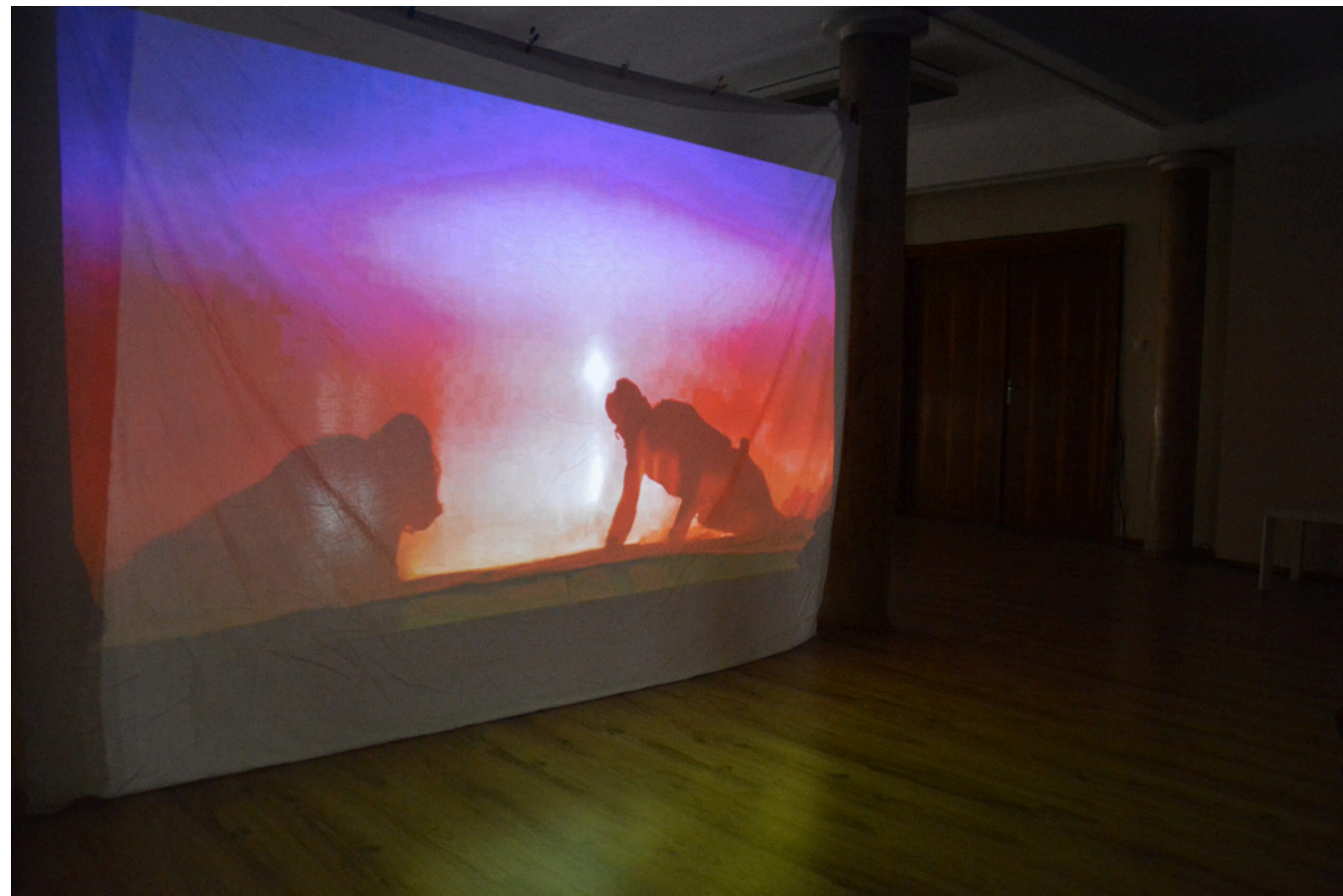


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DISSEMINATION

ONLINE DISSEMINATION

Participants and partner organisation will be asked to spread information about the project activities and results online via social networks and websites.



FOLLOW -UP EVENTS

Participants from each Partner organisation will organise at least one follow up event per country presenting shadow theater with the active support of partner organisations.

Follow up events are a **mandatory part of this project!**

APPLICATION FORM

APPLY AT THE ONLINE FORM UNTIL JUNE 28TH 2024:

<https://forms.gle/Tkz1oTxbtCP4dGX7>



CONTACT US

Bulgaria: Values, Virtues, Integrity Foundation, Ralitsa Rumenova, foundationvvi@gmail.com

Greece: Hellenic Youth Participation, Eleni Kardamitsi, hellenicyouthparticipation@gmail.com

Croatia: Ocean Znanija , Zrinka Suk, oceanznanja@gmail.com

Spain: Ticket2Europe - Ana del Valle, anadelvallecouto@gmail.com

Spain: Association Amanay, Iker Zalbidea - erasmus.amanay@gmail.com

CONTACT US

Hungary: Fiatalok Egységben Egyesület, Aykhan Samadov, youthinonehungary@gmail.com

Turkey: Nicea Culture and Education Association, İlknur GÜLER AYDEMİR, niceaproject@gmail.com

Romania: ASUR, Patricia Fechet, patricia.l.fechet@gmail.com