



GreenUp
Development



Co-funded by
the European Union

INFOPACK- TC2 GREEN UP DEVELOPMENT

ERASMUS-YOUTH-2023-YOUTH-TOG -101131869

23 June- 01 July 2024

Ankara, Türkiye





GreenUp Development

About the project

The aim of our project is to raise awareness about the most crucial problem in today's world, which is the protection of the environment.

- **What are the objectives of the project?**

To educate of up to 72 young people to become youth leaders of environmental initiatives in local communities; to raise awareness, create and deliver 18 local activities in 6 country with inclusion of additional 200 final beneficiaries.

- **What are the objectives of the Training Course?**

This training, which will take place in Türkiye, aims to empower participants with sustainable living skills applicable to individual and community life. We will use non-formal education methods and experiential learning to internalize and experience sustainable living skills and knowledge.

During the 7-day training, trainers will provide participants with tools, methods and good practices for sustainable consumption, production and income generation. Topics will cover sustainable development goals, circular economy, composting, green cleaning products. The team will visit a wildlife collective to produce their own products (noodles, jam, molasses, etc.) and to closely observe a good practice.

Participants

The training will be attended by 18 young people coming from Serbia, Croatia, Austria, Lithuania, Macedonia and Türkiye. Each country will be represented by 3 participants aged 18-30.

Country	Organisation	Participants
Serbia	RES POLIS	3
Austria	ACTIVE Austria	3
Croatia	Borakia	3
Türkiye	Sustainable Development Association	3
North Macedonia	SFERA	3
Lithuania	ACTIVE Youth	3



Training Agenda

23 June – Arrival and check-in



DAY 1 – 24 June Monday

- Getting to know each other
- Team Building games,
- Group Agreement
- Getting to know the project



DAY 2 – 25 June Tuesday

- Snowball debate on Sustainable Development
- Exploring HR and Environmental Action
- Challenges of Sustainable Development



DAY 3 – 26 June Wednesday

- Linear and Circular Economy
- Sustainable Living as Income Generation Tool



DAY 4 – 27 June Thursday

- Good practice visit
- Erişte workshop
- Jam and Molasses workshop

Training Agenda



DAY 5 – 28 June Friday

- Foundational ethics of Permaculture
- Basics of Bokashi



DAY 6 – 29 June Saturday

- Non-toxic green cleaning
- Make your own cleaning products
- National SDG observation and comparison



DAY 7 – 30 June Sunday

- Recommendations for national SDG improvement
- Youthpass preparation
- Final Evaluation and Certification

I July Monday – Departure

How to reach Ankara?

- **Esenboğa Airport:**

Ankara has one airport which is named as Esenboğa International Airport (ESB). You can check out the flights from your country to there. Most likely the number of direct flights are low. Generally the flights are from İstanbul Airport (IST) or Sabiha Gökçen Airport (SAW) to Ankara. The travel from İstanbul to Ankara by plane should take around 1h 30min.

Travel details from Airport to the city centre can be made through shuttle or inner city bus (EGO). (Check out next pages)

- **YHT GAR/Ankara GAR:**

If you are travelling from İstanbul to Ankara and would like to travel more sustainable we have the option of train. You can check out [TCDD website](#) or the [TCDD E-Bilet App](#) for the tickets and schedule of trains. There are two options fast train which takes around 4h 30min and classical train takes around 7h 50min.

Note: Tickets tend to be sold out really fast we recommend you to buy them once you plan your trip.

- **AŞTİ (Bus Station):**

AŞTİ is the name of the international bus station in Ankara. You can check out the bus tickets through various websites but most commonly used ones in Türkiye are:

<https://www.obilet.com/>

<https://www.biletall.com>

Accommodation:



Ilksan Deha Otel is located in the center of Ankara, close to the city's commercial center (Kızılay). This location is the main accommodation venue. Participants will arrive here on the arrival day and depart from this location as well. Participants will stay in double or triple rooms with WiFi available. Full board will be provided during the whole stay. The hotel is conveniently located near Ankara University, the training venue, and the city center. You can take a shuttle from the airport and then take the subway (A1 line) to the hotel.

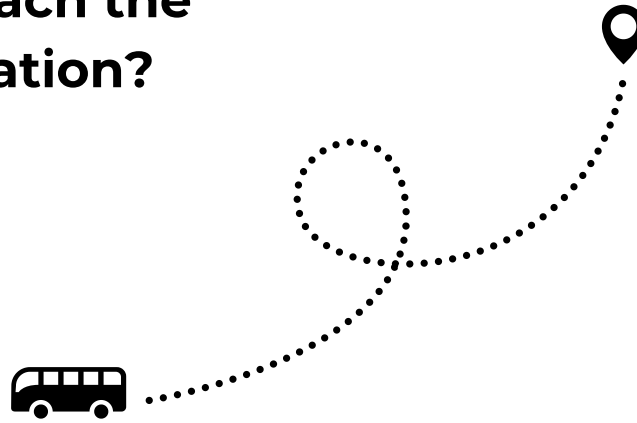
Address: Çamlıtepe, Taşkent Sk. No. 25, 06590 Çankaya/Ankara

Prestij Evren Hotel is the accommodation in Polatlı (a rural district of Ankara where two days of our training will take place). The hotel is located outside of the city center, near the training venue. The project team will provide transportation to the hotel. Participants will be accommodated in triple rooms at the hotel, with Wi-Fi available. Full board will be provided during the whole stay. However, given the rural nature of the city, it is important to prepare for the possibility of low internet connectivity. In that case, the project team will be ready to assist you.



Address: Fatih, Ali Rıza Bey Cd. No:1, 06900 Polatlı/Ankara

How do I reach the accommodation?



1) Esenboğa Airport to City Centre (Kızılay)

a. Inner-city bus (EGO):

From Esenboga Airport you can go to city centre (Kızılay) with city busses (red busses or occasionally blue called EGO). It takes around 40-60 minutes depending on the traffic.

The bus number is **442**. Normally you'll need a city card (Ankarakart) or **creditcard** (mastercard only) to be able to use the busses but in this bus **you can pay by cash**.

Here is the [timetable](#) of the bus numbered 442. After reaching Kızılay take the A1 subway line and take off in Kurtuluş stop. The venue is 5 min walk from the subway.

Important note: If you are required to collect payment proof, the bus will not give you receipt or an invoice for cash transactions. For that we suggest taking a shuttle.

b. Shuttle :

You can take the shuttle (called Ankara Air) from airport to the centre. The bus is right outside of arrivals in Esenboğa airport. There are other companies but the only one that goes to Kızılay is Ankara Air.

Kızılay is the last stop of the bus. The price is around 90TL (they'll give you little ticket which you can use for reimbursement). After reaching Kızılay take the A1 subway line and take off in Kurtuluş stop. The venue is 5 min walk from the subway.

Important Note: The shuttle only accepts **cash or IBAN tranfer.**

The bus stop: <https://maps.app.goo.gl/EsE7JR4cCcatQTCSA>

c. Taxi from the Airport to Kızılay

We do not recommend taking a taxi unless you are in groups. Airport has its own taxi company you can safely take a taxi from there or you can use following apps:

- Bitaksi
- Uber

Note: Most of the taxis have pos machines you can pay by card just check their window for the card sign. The price of cash and card might vary.



If you are taking a taxi please dont forget to ask for a receipt in turkish “Taksi fişi” which looks like the thing in the picture:

2. Train Station to Kızılay:

a. Metro:

Ankara has two train stations one is for fast speed train (which most likely the ones you too from İstanbul to Ankara) and the old train station.

Luckily both of them are located really close to each other.

From fast speed train station which is called **YHT GAR** you can take a metro to Kızılay direction. The metro line is called **M4** the stop that you'll take off is called **15 Temmuz Kızılay Milli İrade** and then change the **A1 line** and take off in Kurtuluş stop.

b. Taxi:

We do not recommend taking a taxi unless you are in groups. Trainstation has its own taxis in front of it you can safely take a taxi from there or you can use following apps:

- [Bitaksi](#)
- Uber

If you are taking a taxi please dont forget to ask for a receipt in turkish "Taksi fişi" which looks like the thing in the picture:



Places to See in Ankara:

Being the capital, there are many places in Ankara that are historical for the country. The museums are great places to get to know the history of the land.

Anıtkabir:

Anıtkabir is the mausolea of the founder of Republic, Mustafa Kemal Atatürk. There you can find historical aspects of the city, as well as the Turkish War of Independence Museum and the personal book collection of Atatürk.



Ankara Castle:

Ankara Castle is the historical castle that was used by several empires for thousands of years.

Do not forget to walk down those narrow streets and to enjoy the astonishing view from the castle. Also, there are a variety of interesting museums around the Castle, waiting to be explored.



Anatolian Civilizations Museum

Closer to Ankara castle, Anatolian Civilizations Museum is one of the most important museums in Türkiye, where you can witness the ancient history of Anatolia, housing a countless number of civilizations throughout the centuries.

Places to See in Ankara:

Çengel Han Museum:

Rahmi M. Koç Museum is Ankara's first industrial and transport Museum and is opened in 2005. The museum is housed in two historic caravanserais, namely Çengelhan and Safranhan, across the Ankara Citadel, very near the site of the former horse market, or At Pazarı, and the present antiques bazaar.



Erimtan Archeology Museum:

Erimtan Archaeology and Arts Museum is a cultural institution in which many valuable works from the Roman, Urartu, Hittite, and Byzantine ages within Yüksel Erimtan's collection are displayed using innovative techniques, and which hosts many interdisciplinary and artistic events curated with a contemporary museology approach.



Atakule Ankara Atakule,

Designed by the Turkish architect Ragıp Buluç, Atakule features an observation deck and a revolving restaurant at its pinnacle. As a cultural and architectural symbol, Ankara Atakule attracts both locals and tourists, offering panoramic views of the city and serving as a focal point for various events and celebrations.



Weather in Ankara

- The training will take place at the end of June and will involve field work. Daily high temperatures range from 4°C and 24°C to 28°C and rarely fall below 19°C or rise above 33°C. Please take into consideration when you pack that some workshops will take place outdoor (short hike, practical exercises). Make sure bringing: comfortable outdoor clothes/sport clothes and shoes , warm clothes in case of worsened weather, slippers to wear inside, personal medicine, if any

Currency in Türkiye

- The currency of Turkey is the Lira (TL).
- Here is a link to check out [current exchange rate](#).

As in every other country the exchange rate is differnt and not in you profit in the airports. You can find various different exchange offices in the city centre and around the office of SKD.

Emergency Phone Number in Türkiye

Police Emergency	155 The police emergency hotline in Turkey is 155. You can dial this number to report crimes, seek police assistance, or in any situation requiring immediate police intervention.
Ambulance and Medical Emergencies	112 The emergency medical services hotline in Turkey is also 112. This number can be dialed to request an ambulance or seek medical assistance in case of accidents, illnesses, or other medical emergencies.
Fire Department	110 The hotline number for the fire department in Turkey is 110. If there is a fire or any situation requiring fire-fighting services, you can dial this number for immediate assistance.



Who we are?

Sustainable Development Association (SDA) is an NGO founded in 2017 and our headquarter is in Ankara. The association works to achieve the sustainable development goals set by the United Nations in 2015.



SDA was established with the perspective of **solving the problems from the past** without leaving them to the next generation, **by adopting custodianship** instead of inheritance in the field of civil society at national and international level. To that ends SDA works on/for





European Youth Together

European Youth Together projects aim to create networks promoting regional partnerships, to be run in close cooperation with young people from across Europe.



The networks should organise exchanges, promote trainings and allow for young people themselves to set up joint projects, all of which can be done through both physical and online activities.

European Youth Together projects aim to create networks promoting regional partnerships, enabling young people across Europe to set up joint projects, organise exchanges and promote trainings (e.g. for youth leaders) through both physical and online activities.

More info: <https://erasmus-plus.ec.europa.eu/programme-guide/part-b/key-action-3/youth-together>



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