



Symbiosis!

Collective intelligence & permaculture training

September 12-23
Cornac, France

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Tiliade mission

Tiliade is a french based non-profit organization connecting creative professionals, artists, non formal educators and trainers working with arts and youth, adults and children, for experiences of co-creation, skill sharing, civic activity and community building.

Symbiosis training & creative residency

Symbiosis will invite 60 artists & youth workers from France, Germany, Hungary, Netherlands & Portugal for two trainings and exploration of their emotional relationship to the environment, engaging in symbiotic green initiatives, mutually beneficial to themselves and our world. Brace yourself for a transformative experience of co-living & co-creating!

It is a training. You will explore the use of emotional intelligence tools, embodied practices, nature based learning and collective intelligence to help yourself and others, to better connect to nature and your/their emotions, fostering mental health and ecological action. We invite you to experience a set of methods and practices rooted in permaculture, eco-construction, embodied work and collective creativity. Then you will get support to share what you learnt with others!

It is a residency. You will be hosted in a creative rural space to research, question, develop and confront your vision and creative practices with trainers and participants. The aim will be to gradually merge your personal narrative and experience into a collective physical and digital exhibition.

At the end of our time together a public event will give you a chance to storytell the magic of your relationship to our world and share it with the local rural community. By going digital we also look further to reach out to your personal and professional networks across countries to raise awareness about emotional health and ecological engagement in Europe and beyond.



Our programme

Mornings will be dedicated to collective training.
Afternoons will be time to develop your projects, personal or collective creations ; to exchange about your project evolution in peer groups, sometimes in plenary ; to consult individually with Symbiosis trainers and/or to join technical workshops to enrich your practice.
Evenings will be open for participants willing to propose activities to each other.

Day 1 | Who is who?
Day 2 | Symbiosis team
Day 3 | Embodied exploration in nature
Day 4 | Emotional intelligence
Day 5 | Ecological engagement
Day 6 | Symbiotic creation design
Day 7 | FREE DAY
Day 8 | Symbiotic creations
Day 9 | Symbiotic storytelling
Day 10 | Evaluation & learning outcomes!

Learning methods

Our methodology is based on experiential learning (learn by doing it!), interdisciplinary exchange (widen your panel of knowledge!) outdoor education and non-formal education principles (explore the power of collective intelligence!) Participants will learn through testing designed methods and reflecting upon the experience. Using a participatory approach, we encourage the exchange of experience between the participants and with the local community, fostering peer learning. We invite diverse participants profiles to foster co-learning and enrich everyone's creations with the expertise and perspective of others.



Symbiosis trainers

Meet here the two pillars of our project, who dreamt it and made it happen. Together, they will host and animate Symbiosis programme.

Anne Merlin

Anne is a creativity explorer. Whilst studying visual arts and interaction design in France, she discovered the magic of creativity mixed with collective intelligence and social action. Excited about the whole thing, she co-founded Nomadways in 2014 and Tiliade in 2021 where she crafts and animates workshops mixing performing and visual arts, to explore new ways to co-create and learn in Europe and beyond. She lived all over the world, experimenting with ever more creative ways to interact and discover one another in multilingual or non verbal settings. Along the way, she collected myriads of tools & methods for collaborative creation, nature-based learning, emotional intelligence, specializing in storytelling, team dynamics and project design using creativity, movement, emotions and stories to foster well-being, cooperation & social action.

Shyrley Mussot

Shyrley is deeply passionate about nature. Ex-city working girl, she founded and coordinates the «Les Jardins du Pré d'Aubié», an educational and intergenerational urban garden rooting on permaculture principles. Shyrley also fulfilled one of her childhood dreams by working in a stationery shop & creative workshop. Entrepreneur, Shyrley launched an upcycling project that includes commercial window designs and hand-made paper from paper scraps. She loves traveling, biking and meeting people. Smiling, tolerant and a just a tiny bit stubborn, she is also mom of a little girl, soon to be 5, and hostess to a 15-year-old boy!



Symbiosis **location**

Symbiosis activities will take place in France, in the Occitanie region, in the village of Cornac. It is located 6km from Bretenoux-Biars train station, 50km from Brive-la-Gaillarde, 200km from Toulouse, 250km from Bordeaux, 500km from Paris. You can find it here on the map: maps.app.goo.gl/cE8U2cqJ1gkr7Fbb9

Occitanie region

Occitanie is one of few parts of France to have it all: the sea, with the Mediterranean coast; the mountains, with the Pyrenees; the city, with its two big metropolises, Toulouse and Montpellier, and the countryside, endlessly rolling out its typical scenery, picturesque villages and protected natural landscapes. This is where, in the greenest heart of the region, Symbiosis will happen.

Your **home**

We will host you in the beautiful village of Cornac, close to nature, forest, river streams and lush hills. The accomodation that we offer is rudimentary, please be ready for it. Our home is an ancient farm, with collective dormitory, bathrooms and shared tents, in a 4000m² garden. Sheets are provided and we kindly ask you to bring your own toiletry. Note that there is no WIFI there, nor ATM or shop in the village. We will work in Cornac village ballroom, where our vegetarian meals will also be prepared and served by Camille, our fantastic cook! And an associative cafe will be open every evening.



Travel to our venue

We require all participants and organisers to engage in green travel, using exclusively sustainable low-emissions means of transport such as bus, train or car-pooling (no plane!). You can enjoy up to 6 days of travelling! We will be able to reimburse your travel costs up to a maximum amount of 320€, thanks to the support of the Erasmus+ programme.

Tickets booking & reimbursement

To book your tickets, remember to:

- arrive on September 12 at 9PM latest in Cornac or Bretenoux-Biars train station
- leave on September 23 at 8AM earliest from Cornac

Our space is located here: maps.app.goo.gl/cE8U2cqJ1gkr7Fbb9

To join us, book a train going to Bretenoux-Biars on [sncf-connect.com](https://www.sncf-connect.com)

You can also use carpooling services such as [blablacar.com](https://www.blablacar.com)

Once your travel plans are set, let us know. We will organise collective pick ups to bring everyone to Cornac for our activities.

We will be able to reimburse your green travel costs up to a maximum amount of 320€. Food, accomodation and activities are provided for free, co-funded by the Erasmus+ programme. Note that we will ask you to organise a dissemination activity in order to get reimbursed for your travel. We also ask for a symbolic donation of 50€ minimum for your participation, deductible from your travel reimbursement. The amount collected will be dedicated to Tiliade team training. It will support our organisation crew to design and propose ever better creative community projects.

To get reimbursed for your transport costs, remember to:

- travel green, using exclusively low-emissions means: bus, train or car-pooling. No plane!
- keep all your original tickets: we will need them for our accounting.
- organise a dissemination activity to share what you learnt during the training



To do know...

If selected, you can now:

1. book your ecological transport to
 - arrive on September 12 at 9PM latest near Cornac
 - leave on September 23 at 8AM earliest from Cornac
2. send us your booking info at assotiliade@gmail.com
3. fill in this participant form:
forms.gle/qqjpoxPmau4XaDTv9
...to confirm your participation!

...And until we meet

We also invite you to:

- introduce yourself to our whatsapp group:
chat.whatsapp.com/KtqzniWnQjO9U08hBkPfqd
- read *Earth Emotions: New Words for a New World* from Glenn Albrecht if you want to dive in our topic from the comfort of your own home!

When packing, remember to take:

- your toiletry: towel(s), soap(s), ...
- comfortable outdoor and movement clothes
- comfortable hiking shoes
- a headlamp
- your European health insurance card and personal travel insurance info



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TILI!ADE — collective art training



Jonglirium e.V.



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