

YOUTH GUARD

Training Course

Buchov, Czechia

14-20 July 2024



Erasmus+

CARE HUB





PREMISE

1 in 5 European children experiences sexual violence or harassment. These traumatic experiences yield lasting negative effects on self-identity, leading to marginalization, disengagement, and educational drop-outs.

Youth workers hold a responsibility to nurture youth's understanding of boundaries and respect, using our non-formal education methods.

MOST YOUTH WORKERS LACK TRAINING TO ADDRESS SEXUAL HARASSMENT

Overlooking violence perpetuates trauma, a common yet ignored reality in European youth work. Study shows this stems from youth workers' **discomfort with the subject**.

Youth workers are legally bound to provide safe spaces; neglect has **legal and reputational consequences**.



AIM OF THE PROJECT

Sustainable practices with a lasting impact on the **safety and wellbeing of young people** in our activities.

- To equip youth workers with **tools** and **confidence** for to create safety and prevention of sexual harassment,
- To promote **gender equality, inclusion, diversity, wellbeing** and **by-stander intervention** among youth,
- To establish a **network** of youth workers building safety of youth around EU.



LEARNING

- how to create **safer environments** for youth,
- how to **prevent** incidents (primary prevention),
- how to **deal with** an occurred accident (secondary),
- how to **continue after** an incident (tertiary prevention),
- how to inspire for a **by-stander intervention**,
- how to bring topics of **respect, boundaries, consent**,
- how to address **gender equality, inclusion, diversity**, and **overall wellbeing**.

OVERVIEW

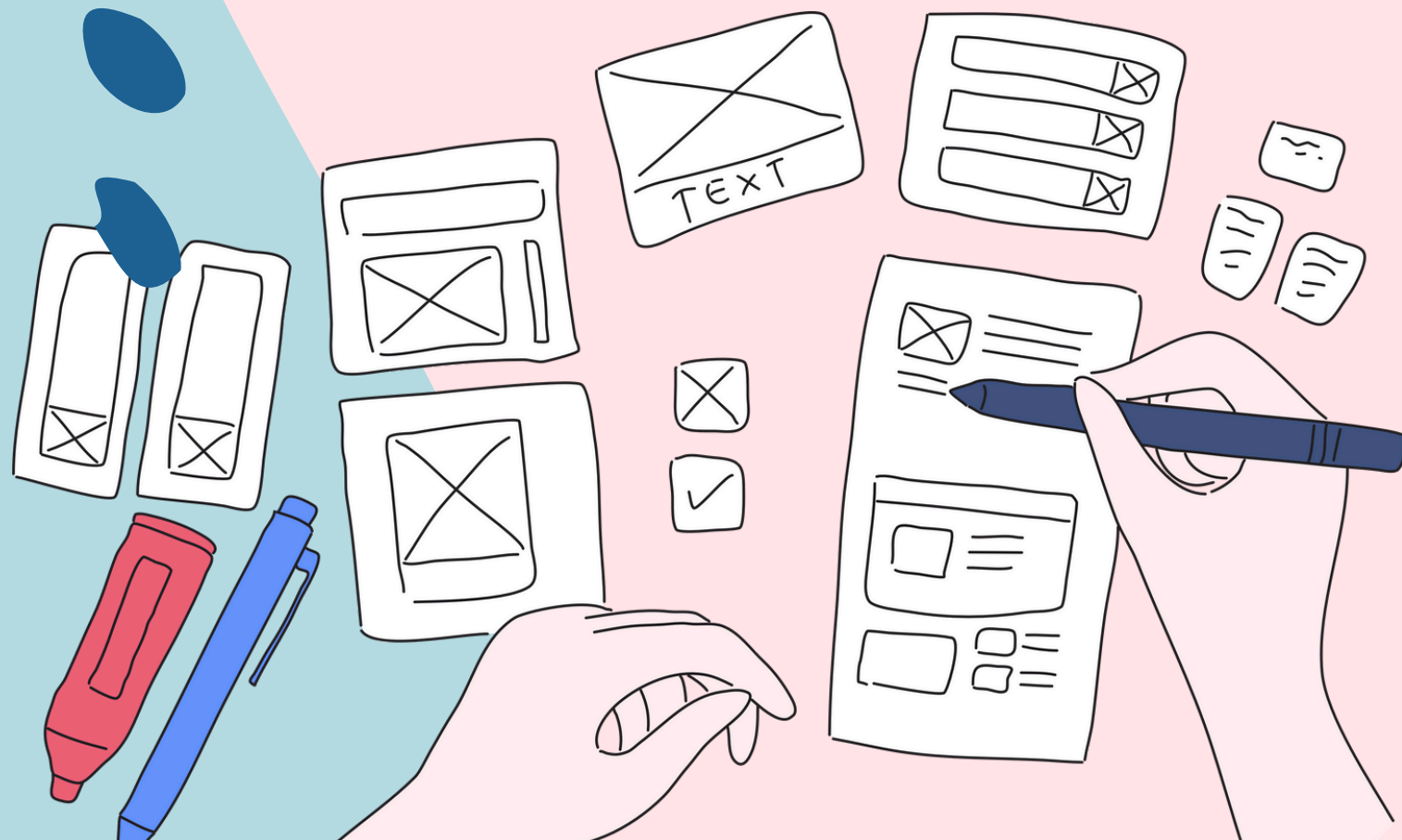
📍 **Buchov, Czechia**

📅 **14. – 20. 7. 2024**

- **Arrival day:** 13. 7. 2024
- **Departure day:** 21. 7. 2024

👩👦 The training is **children friendly** = parents can apply ([LINK](#)) to bring their kids, we will provide care and support during training sessions.

Training will be held in **English**



LOCATION



- The venue is surrounded by forests and meadows, yet not far from Prague,
- Workshops will be held in spacious common room.
- Participants will sleep in shared rooms.
- Vegetarian/vegan food prepared by professional chefs from the facility.

MEET OUR TEAM



Ivan Kobelev

Trainer

He has been in youth work since 2010. In 2019–2023 he was part of Konsent NGO. As a trainer responsible to develop a group of peer trainers on gender based cyber violence. He was further responsible for development of methodologies for parents training on how to talk with children about sex, as well as corporate training on sexual harassment prevention. He also applies nature based learning, theatre of the oppressed, mindfulness, peace education, and coaching. As a freelance trainer and facilitator, he has delivered programs in 20 countries, incl. South Africa, Egypt, Russia, Sweden, of over 330 days, for over 70 different youth-led organisations, among them also UN, universities, French-German Youth Office, Czech Women Lobby.

MEET OUR TEAM



Meesha Weingartová

Trainer

She has worked for the last 8 years in Prague as a Project Manager for One World human right documentary film festival, Konsent and the Czechs Government office - Department of equality of women and men. Through these experiences Michaela carries an intercultural mindset and is used to working with people from different backgrounds. As a member of an NGO Konsent she has lectured many workshops on the prevention of sexual violence for young people, teachers and youth workers, as well as academics. This will be the largest source of sharing very specific experiences, stories from the practice to learn from, with the participants.

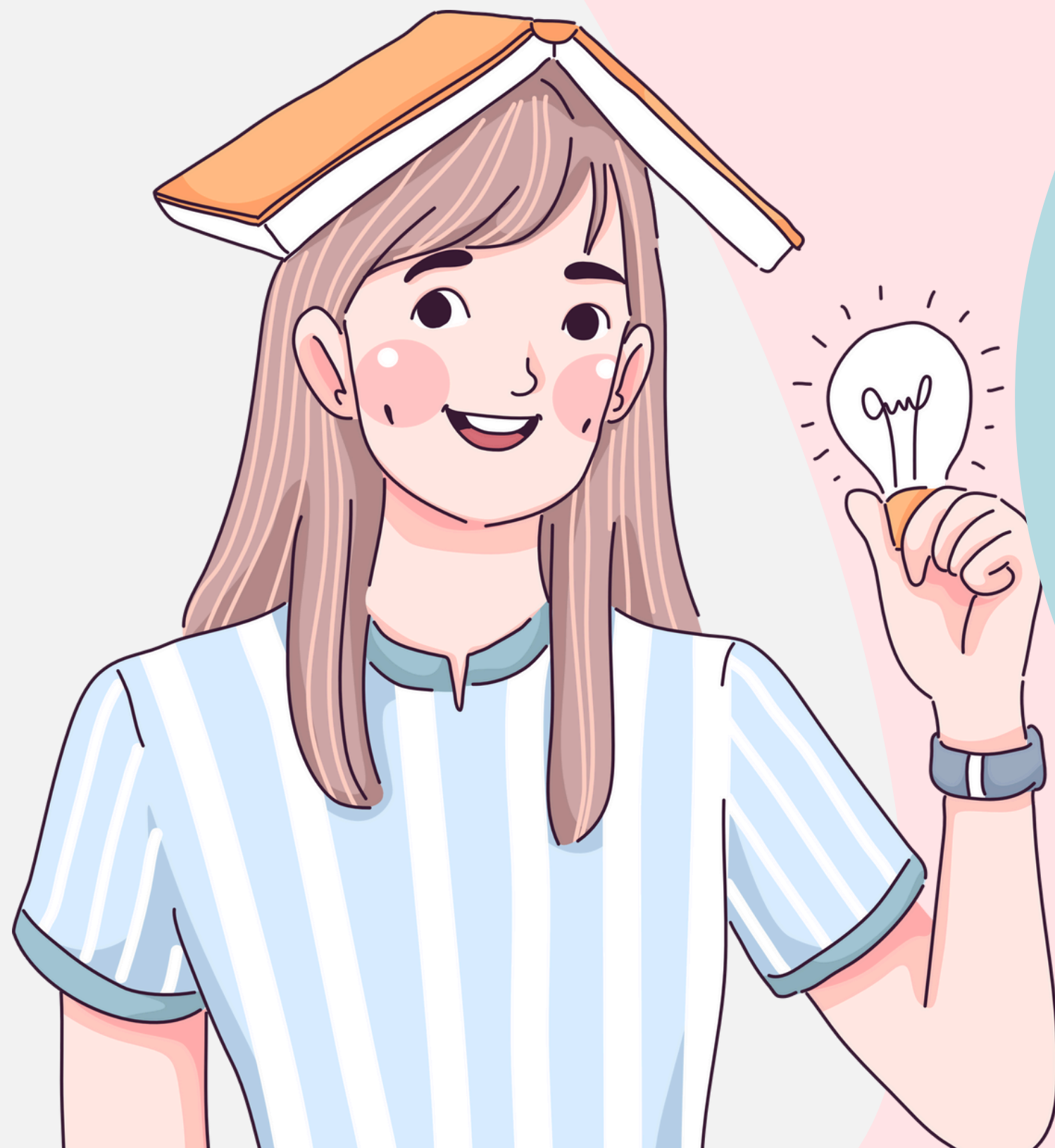
MEET OUR TEAM



Richard Kotrč

Production

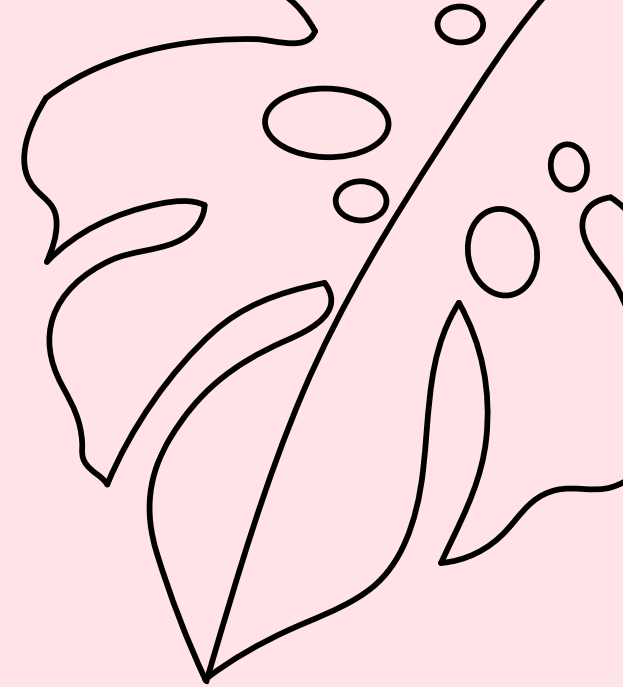
He is a freelance facilitator and project coordinator with over six years of expertise in the education sector, collaborating with non-profit organizations like the Duke of Edinburgh International Award, ReCreativity, and Sytev, as well as corporate engagements. He prepared and implemented numerous Erasmus+ projects. Utilizing methods such as non-formal education, experiential learning, gamification, and digital media. He focuses on offering career counselling and guidance to empower youth in exploring their interests, and pursuing their goals. He also holds a degree in Psychology.



PARTICIPANTS

- Youth workers: Mentors, Volunteers, Social workers, Teachers, Educators
- Resident in any of the 10 countries: Czechia, Estonia, Italy, Spain, Portugal, Slovakia, France, Poland, Bulgaria, or Belgium,
- Able to work in English,
- Over 18 years old.

TRAVEL



Country	Travel subsidy	Green travel subsidy
Czechia	23 EUR	-
Slovakia, Poland	210 EUR	260 EUR
Estonia, Italy, Spain, France, Bulgaria or Belgium	320 EUR	370 EUR
Portugal	360 EUR	410 EUR

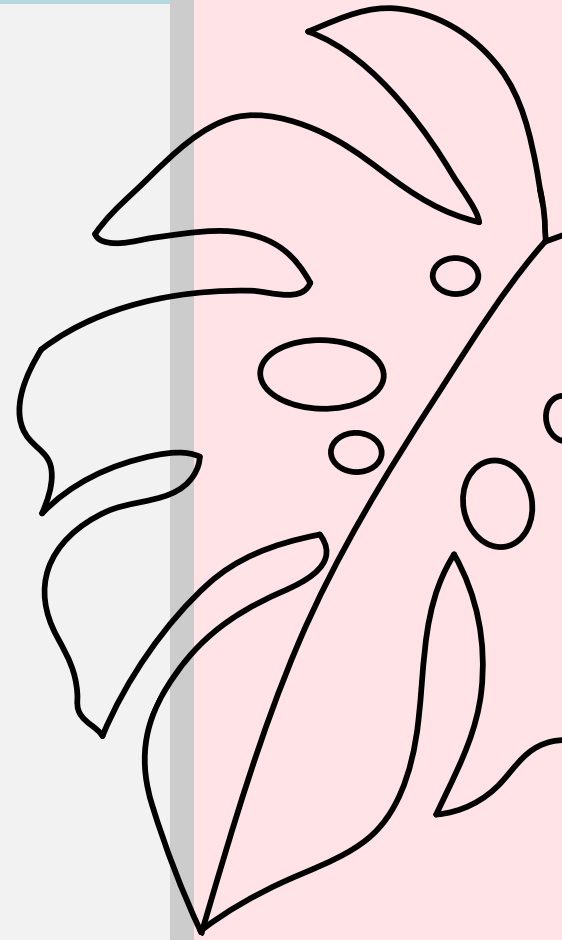
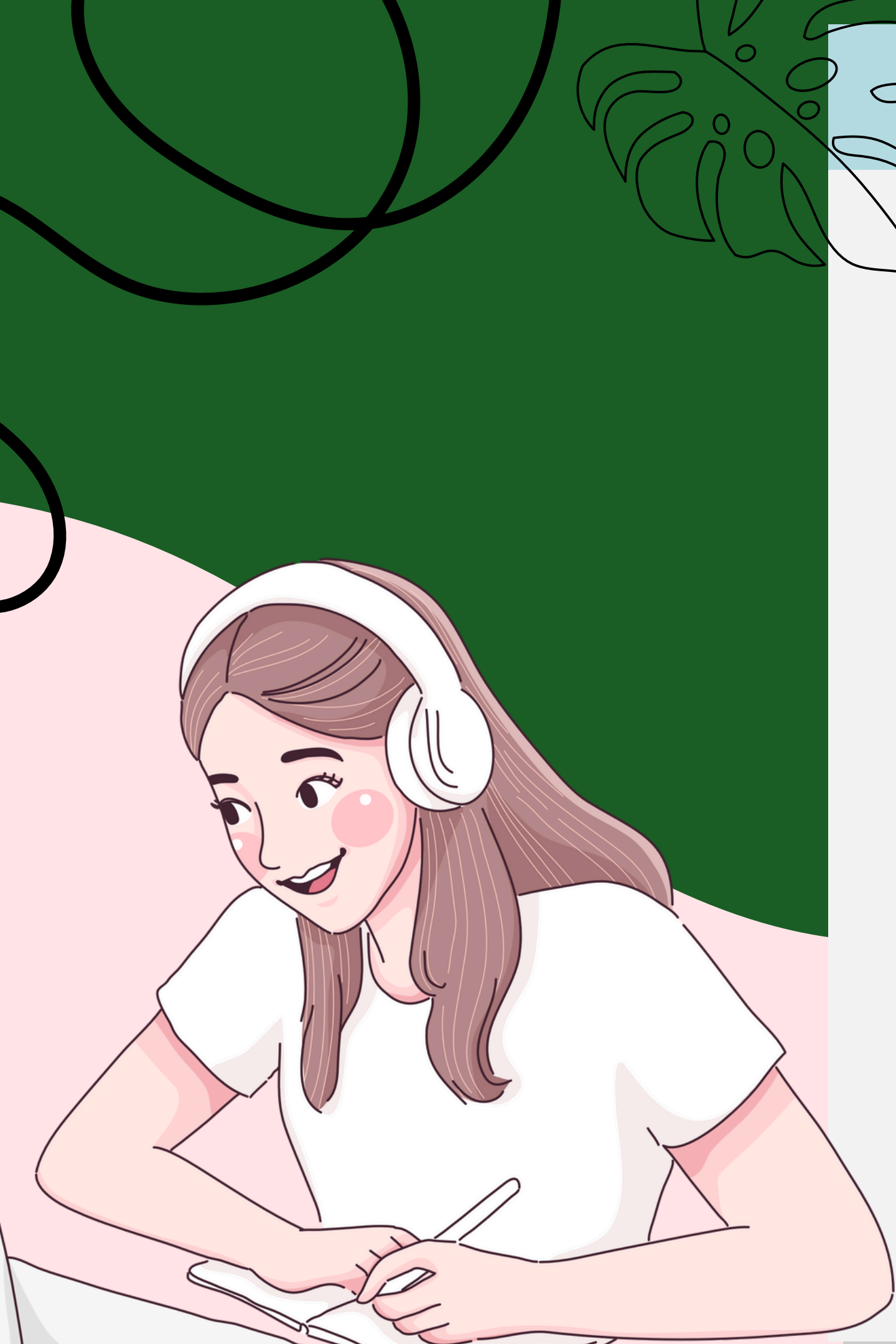


GREEN TRAVEL

Using low-emission means of transport for the main part of the travel, such as **by bus, train, or carpooling**.

If you choose green travel, you can enjoy extra budget for a 1-day stopover on your way to us and back, there is a maximum reimbursement of 45 EUR per stopover (except Czechia).

IMPORTANT: You must collect any receipts that you wish to have reimbursed!



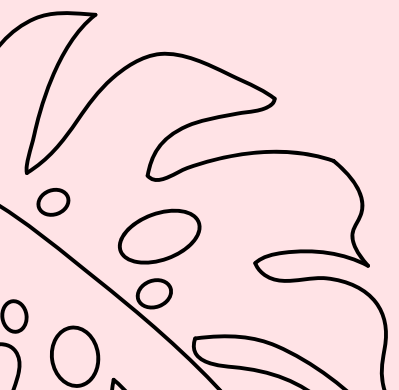
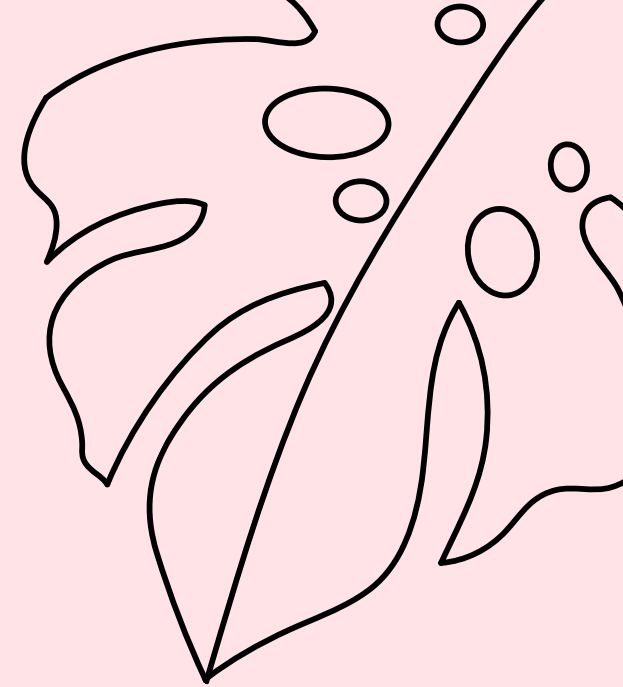
FEE



The course is co-funded by participants' contribution. It is to cover extra costs and to allow participation of those who would not be able otherwise.

However, **money should not be an obstacle** for your participation. Join the course even if you can not pay the fee.

The fee is on the scale of **0-120 Eur** and it is paid in cash during the course.



Applications are reviewed **on rolling basis** so apply without delays.

For further **questions** you can contact organisers at carehubcz@gmail.com

CLICK TO
APPLY NOW

CARE HUB