



Solution Focus in Youth Work

Training of Trainers
Education Programme

10th November - 16th November 2023,
Hungary



É L M É N Y A K A D É M I A



**Solution Focus
in Youth Work**

Future is YOUth is funded
by the Erasmus + program
of the European Union.

2023-1-HU01-KA151-YOU-000127465



Erasmus+



Welcome

Dear Participants,

We are happy to invite you to Solution Focus in Youth Work training course supported by the Erasmus+ Programme of the EU!

Let us share some useful information:

1. Dates and Application
2. Goals & Learning Outcomes
3. Participants profile
4. Preparation
5. Program
6. Accommodation and venue
7. The Team
8. Reimbursement of travel tickets for participants & travel budget

1 Dates and Application

Arrival day - 10/11/2023

Program days - 11/11-15/11/2023

Departure day - 16/11/2023

[Application form](https://forms.gle/aqZoba8R3t8V_NhTK8)

https://forms.gle/aqZoba8R3t8V_NhTK8

Application deadline: 15/10/2023

Selection 18/10/2023

Contribution fee: 30,00 €

The participation fee can be paid during the registration on the arrival day.

If your financial situation is limited, please email us at titanilla.garabas@elmenyakademia.hu.

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Goals & Learning Outcomes

The training program spans 5 days, focusing on in-depth understanding of solution focus approach, and principles.

What are the intentions/objectives of the training?

- to develop the coaching skills of youth workers and support professionals to enable participants to consciously lead their discussions or group processes in a way that supports their clients and participants on their path to change
- transfer and promote the basic concept of the solution-focused paradigm/approach
- support participants to develop their own practice in leading discussions and facilitating group processes
- create space for participants to work with their own issues, questions and challenges, experiencing first-hand what facilitative conversation around resources looks like
- to reflect together on how they can apply SF practice in their everyday work.



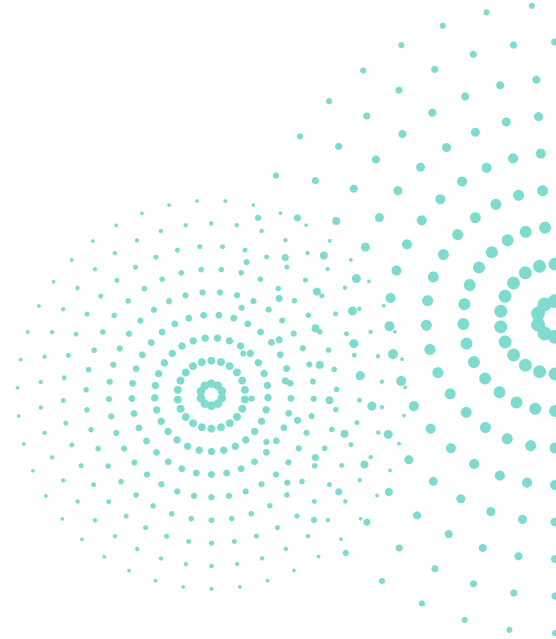
What methods will you use during the training?

- the 5 days will move within the solution-focused paradigm - it means that the conversation will be oriented towards building on the participants' existing curiosity - in this way it will be a co-created learning process
- experiential learning will be the most fundamental method -
- we will practice and observe conversations - participants will try themselves out as coach, clients and, where appropriate, observers
- we will record some of the conversations in order to learn by reflecting on our own conversations
- we will observe and report back to our peers on what seems to be most useful to their clients in their own conversation practice
- we will examine the conversations of other coaches
- we will look at the whole learning process in small and large group reflections



What learning outcomes participants can expect

- basic understanding of the SF paradigm
- broaden their options in the practice of facilitation and group process management
- learn how to keep conversations and group processes constructive,
- gain experience in how to support the client in mapping their resources and moving in the direction they want to go
- reflection will help you to know where to focus your attention in your post-training work
- move forward with his/her own issues/challenges
- together with others, they will have ideas on how to develop their practice further
- develop close human relationships



3 Participants profile

We are looking for trainers, educators, youth workers or volunteers working with youth, instructors, facilitators, teachers, coaches, and psychologists who are interested in the topic and who:

- Motivated to learn new methods of experiential education.
- Interested in coaching and supportive conversations.
- Being able to communicate and express thoughts and feelings in English.
- Motivated to gain new competencies through group or individual challenges.
- Being able to commit to the program.



4 Preparation

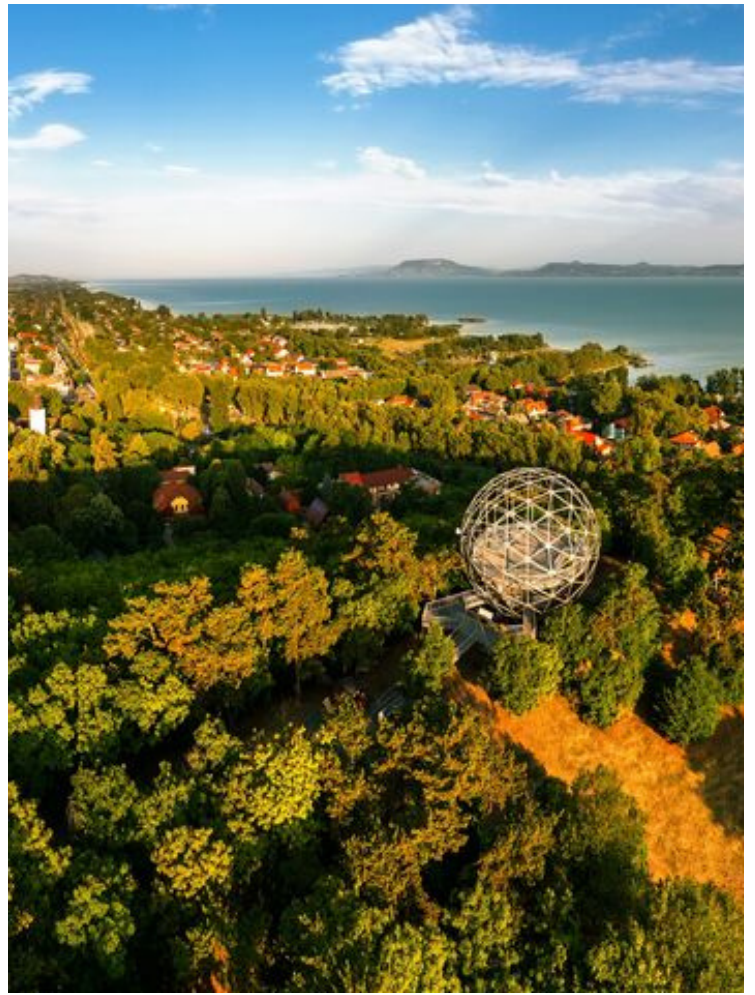
What to bring with you?

- **Your valid (during the whole event days) ID or Passport**
- Your boarding pass printed (please check if you should do your check-in online)
- Luggage size - please check the correct measures that you are allowed to bring.
- The European Health Card for the whole duration of the training
- HUF money! At Liszt Ferenc Airport it is possible to change (expensive), but we advise you to change some money in your country or in Hungary on the way to the venue.
- You can bring a swimming suit as the location is close the Lake Balaton.
- Contribution fee
- Your personal items and medications.
- November is rainy and fresh. Bring a rain jacket, waterproof shoes and warm clothes, too.

5 Program

Click [HERE](#) for the daily program draft.





6 Accomodation & venue

Venue: Bábel Camp, Balatonboglár, Hungary

Address: Balatonboglár, Szabadság u. 28, 8630 Magyarország

- Rooms with 2-4 beds are available with private or shared bathrooms.
- The water is drinkable from the taps.
- Bedsheets are provided, but you should bring your own towel.

You are going to be provided food (breakfast, lunch, dinner, and some snacks) and accommodation for the whole period of the training. On the arrival day, dinner will be the 1st meal to be served. On the departure day, breakfast is your last meal.

After the selection of the participants, we provide you with all the information and the options for how to get to the venue by regional transportation.

7 The Team

Trainers



Jesper H Christiansen

I am an experienced solution-focused coach and trainer. With lots of experience in both national and international environments, I like to create a unique, light, and intense learning space. I am supporting my governmental and corporate clients towards their goals with participative and appreciative methods. After discovering the simplicity of working with goals and resources in teams and large groups, solution-focus has become the core competency in all my work.

LinkedIn:

<https://www.linkedin.com/in/briefcoach/>

Áron Levendel

I'm a solution-focused coach and trainer; founder and CEO; community builder and a father of two lads. I first read about the solution-focused approach in the excellent book *Switch* in 2010, completed the basic training the following year, and a year later I was a trainer and co-trainer in Solutionsurfers' training programmes. I am now involved in observing with the participants of the training courses how learning is taking place between us. Just as in brief coaching, it is possible to create a significant and lasting shift (change) in a surprisingly short period of time, so too the training time is shortened and transformed - in my experience. Instead of 'training', I would say that self-directed, intensive learning of the participants is what I'm thrilled by.



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Reimbursement of travel tickets for participants/ travel budget

Travel costs will be reimbursed up to 100% if you manage your travel within the allocated budget

Please keep in mind that only direct travel costs between your “home location” and the venue of the event can be reimbursed (private traveling cannot be financed by the fund).

Travel costs will be reimbursed only for the cheapest way of transport. Please, take into consideration eco-friendly types of transportation. We cant cover taxi costs.

You are entitled to the reimbursement of your travel costs if you present the tickets themselves.



The allocated travel budget is calculated by the Distance Calculator. [Please check it out here.](#) Once you know the distance between your location and the venue's you can check the allocated costs for your travels.

10-99 km.....	23 €
100-499 km.....	180 €
500-1999 km.....	275 €
2000-2999 km.....	360 €

Green travel means car sharing (but at least more people traveling by the same car), bus, train. If you are planning green travel, please let us know!

Please be aware if you do not have the receipt AND the tickets we CAN NOT reimburse your expenses!

Travel cost reimbursement will be done via bank transfer to your sending organization after having received all your travel documents.

Application Form deadline:

15/11/2023

[https://forms.gle/aqZoba8R3t8V
NhTK8](https://forms.gle/aqZoba8R3t8V_NhTK8)

In case of questions,
please feel free to
contact us.



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