## ECOLOGICALL TO ACTION

A week of skillshare

## Erasmus+ training

10th-20th of september 2023
Joigny, France









### ALL CONCERNED

### We are not impacted at the same level but all involved as part of the living.

The ecosocial crisis our world is undergoing is part of our daily life nowadays: fires, floods, heat waves, pandemic, mass extention, repetitive economical and social crises, forced migrations...

#### TAKE ACTION

While the main political actors and institutions are failing to address these issues and often denying their responsibilities, activists are taking action and standing up for climate justice. All over the world, communities of resistance, transformation and regeneration are exploring different ways of being together and fighting for a better world.

# Seeding for future

Seeding for future is a team of young facilitators travelling around Europe every year to raise awareness about ecology and discover inspiring initiatives.

Despite all the obstacles, we have decided to take action at personal, community and political levels.

In 2021 and 2022, we traveled in several countries of Europe to hold workshops about ecology and interview activists to share their stories through a documentary and a podcast.

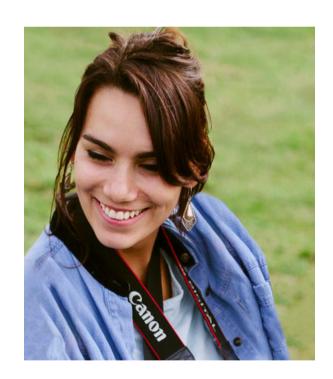
We keep hope in spreading knowledge, open spaces for dialogue and highlight all the people who act daily to make the world a better place for the living.

### The Team

Seeding for Future connects people who **initially did not know each other and come from different backgrounds**, hence bringing their own special gold to the group dynamic and work. Here are a few words on each member of the team behind the training.



Arthur (they/them) first took part in a forest occupation at ZAD de la Colline in 2021. Since then, they have been active in groups in different countries as an activist and facilitator. They combine science, theater and emotional awareness in their workshops.



Lisa (she/her) is a naturalist illustrator, who shares her creation through artistic initiations. Engaged artist coated with a lot of kindness, she invite people to reflect about life's meaning. She's also the one making Seeding for future's beautiful illustrations.

### The team



Eco-feminist, **Tina** (she/her) is the embodiment of empowerment.

A wild traveler and activist involved in a lot of radiant associations, she is a flawless facilitator with an aura of great goodwill.





Stage director and a nitroglycerine minstrel,

Ronan (he/him) is the good-time guy of the team.

A creator of eco-fantastical works, he brings
a touch of poetry to the workshops, raising
awareness through the senses and a wild
imagination!

A lawyer focussed on European Union law, a committed traveller and a ray of sunshine, Laurelen (she/her) makes ethics rhymes with politics. She's likely down-to-earth, but she also explores the artistic skies. You could say: she's high and a law!

## Date and location

DATE:

10-20 september 2023

ARRIVAL DAY: 10th of september before 8 pm

DEPARTURE DAY: 20th of september before 10 am



### LOCATION:

La Caserne Bascule, a community for the transition of the territory in Joigny, France.



# Objectives

This training, shaped under a skillshare format, aims to **empower the participants** with **playful, impactful, and meaningful tools** to speak and raise awareness about ecology in the complex challenges we are living.

### RAISE AWARENESS

By **spreading our tools** and workshops all around Europe.



### SHARE TOOLS

We believe that according to the places and backgrounds we are from, we all have different experiences and tools that we can exchange, try out and discuss about.

### CREATE CONNECTIONS

We want this training be a place to create links between activist in different countries.
We also think about creating new teams of Seeding for Future in other countries.

## Skillshare

Most of the training will take the form of a skillshare, a group transformative space driven by all the qualities, tools and ressources in the space.

The first 4 days will be facilitated by our team. Imagine those days as sowing seeds and creating the context to explore together.

Grounded and rooted after a full day break, we invite you to co-create 3 days of skillshare, exploration and collective empowerment, watering our seeds and what is alive in us. This part will be less prescheduled to enable group flow, collaborations and wisdom manifest.

The last day will be dedicated to harvesting and celebrating our time together before saying goodbye.



# Self-organization

Following the organization principles of the community that will host our space, part of the training will be self-organized, which means we are all responsible for cleaning, supporting each other, taking care of the beauty and other qualities of the space, sharing knowledge (power), dismantling toxic power dynamics and working with any type discrimination. Specially for the training, one person from our team will be responsible for the cooking. We will ask you to support that person with simple tasks during the training.

We aim to create a space where feedback, active listening, open communication, radical responsibility and taking care is welcomed.



## Dissemination activities

A disseminated activity is an activity that you will create after the training, taking your inspiration from what you learnt from us, and that you will facilitate in your own community, back home. It can be organising a meeting, a workshop, create a tool....





#### STEPS:

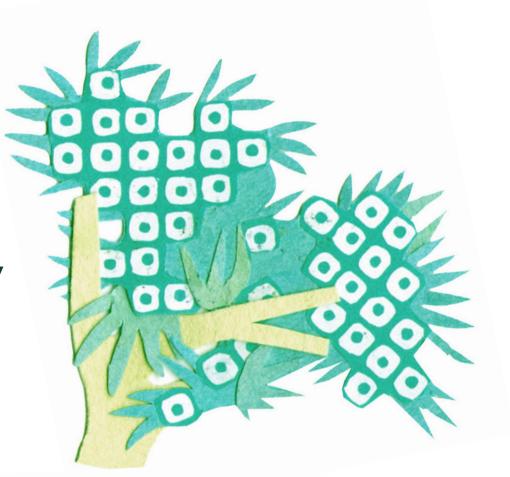
- 1) During the training you will discover diverse workshops which hopefully will inspire you to create your own activity, using the tools which fits the best your target.
- 2) After the training you will have one month to experiment and offer the activity in your community.
- 3) We are curious to know how it went. So we will ask you to commit to send us photos, videos, documents... to share what you did.



# Participants

AGE AND PROFILE

18 years old and more. Youth workers and activists from France, Italy, Serbia, Greece, Slovenia and other european countries who actively work with young people and communities.



### SELECTION CRITERIUM

We will select the participants based on their motivation to spread knowledge about ecology in their community, run workshops and open spaces on similar topics.

We are not looking for Erasmus+ consumers.



## Draft schedule

DAY 1 Mon 11	DAY 2 Tue 12	DAY 3 Wed 13	DAY 4 Thu 14	DAY 5 Fri 15	DAY 6 Day 7 Day 8 Sat 16 Sun 17 Mon 18	DAY 9 Thu 19
			BREAK	FAST		
Body time - Meditation - Energizer						
Introduction Icebreaker, Intentions, Context.	Climate collage Dominations system game	Art + Activism = Artivism Roots	Decolonial Ecology How intersectionality play in ecology ?	Break day	Skillshare	Closing and harvesting
LUNCH						
Energizer - Meditation - Body time						
Visit of the place Organisation Documentary screening	Cap's n' Doc's Moving debates	Sharing circle Engraving	Growing Plants Ecofeminism Workshop	Break day	Skillshare	Closing and harvesting, cleaning
FAMILY TIME						



## Accomodation

### WHAT TO EXPECT?

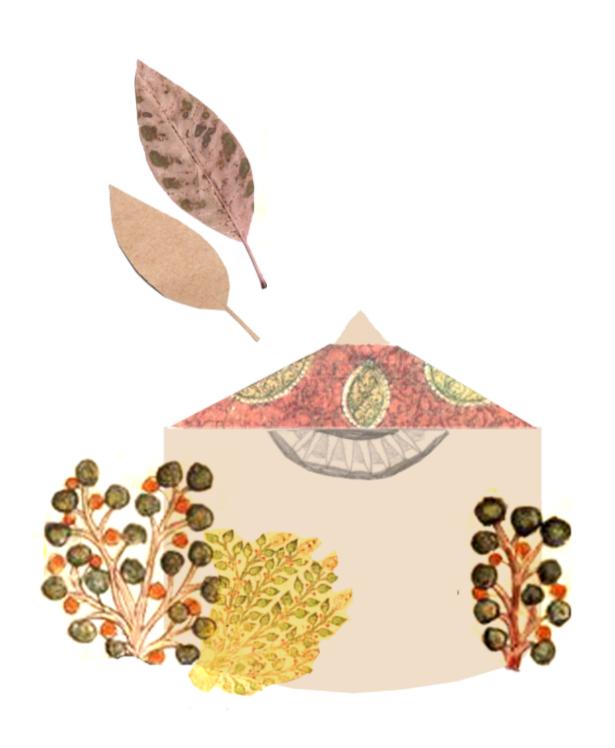
### A place to live, work, exchange, meet and experiment.

A crossroads between the local, all the initiatives already present in Joigny, and the global, organizations, actors and actresses of the change who act for the transition in all part of France.



### **3 PRINCIPLES**

- Self-management
- Community life
- Shared spaces



# Travel budget

NO PLANE RULE

**Taking plane to come to the training is a no go fur us.** We are aware that it can be excluding for some people who are not able or confortable with a trip of several days by train or buses to come to France but we don't want to support the airline industry in any way.

In order to help you, we have access to a green travel budget:

• Serbia, Slovenia, Italy: 320€

• Greece: 410€

• France : 210€

• Reach out to us if you come from an other country

Included in the travel budget: Interrail passes, trains, buses, carpooling, nights in hostel during the travel, food during the travel.



# Financial participation

Our Erasmus+ grant (30k) covers most of the expenses of the training (accommodation, transportation, food, management). Our team will get paid only from what is left of the money after all expenses are covered. So far, our budget does not allow us to pay the 6 people (5 spaceholders included one cook + 1 administrative assistant) behind the organisation of the training as much as we would like to, considering the amount of work that we put in it.

We also want to make this training accessible to everyone; money should not be an obstacle to your participation. We ask you to contribute financially to the training on a sliding scale from 0€ to 200€+. We want that the amount reflects the value you give to the training according to your financial possibilities. We do not have expectations on the amount of money that anyone should give and we will hold space for a process and discussions about this financial participation during the training.

# Application

STEPS:

1) Read carefully this info pack.

2) Fill the application form. We know that writing and filling forms is not confortable for everyone. If you are somehow inconfortable filling in the form, let us know in your answers in the form and if you are really too much inconfortable, we offer you the possibility to write to us and have a call instead. Please mind that this option takes us much more time. Check out our contact details in this infopack.

3) Watch your mailbox for our answer.



## Contact



To ask questions or requests about the training, you can write to us at **seedingforfuture@protonmail.com**.

For very urgent matters or if filling out our form is too much of an obstacle (panic zone), contact any of the following person:

TINA (she/her):

@TinaTrnx on Telegram

+33 6 63 62 02 95 on Signal/Whatsapp

ARTHUR (they/them):

<a href="mailto:emycelium 74">emycelium 74</a> on Telegram

+33 7 57 77 92 26 on Signal/Whatsapp</a>



## Partners

Thanks to our partners from all around Europe:

### **OFFICINE CITTADINE**

from Italia

### **LOJTRA**

from Slovenia

### **CENTAR ZIL VERN**

from Serbia

### LA CASBA

from France

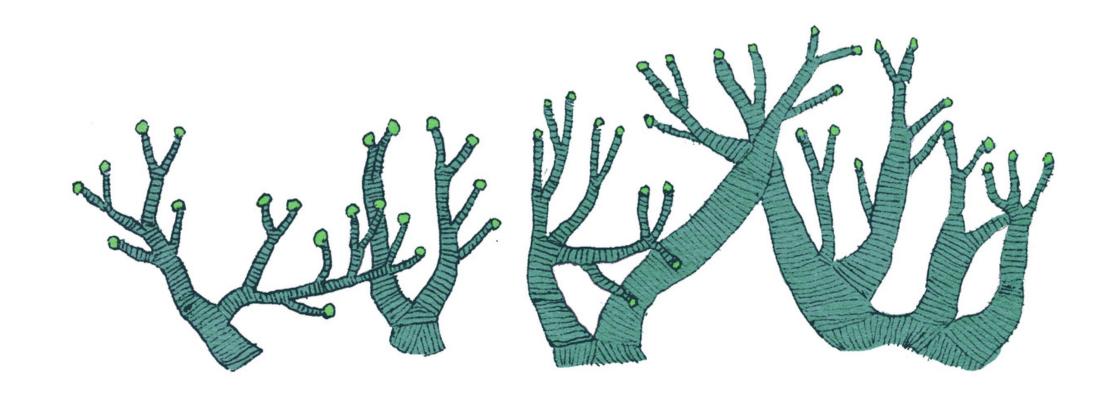
### **INTER ALIA**

from Greece

### **CLIMATES**

from France





# See you soon?

We hope you feel curious, excited and motivated by the presentation of the training!

We look forward to hear from you and maybe to meet you in France!

