



# ABC

Training Course  
"Art of Being Creative –  
ABC training on creativity for social inclusion"

*Gonio, Georgia, 15-23 October 2023*

# TABLE OF CONTENTS

01 About the project. General information.

02 Objectives. Goals of the project.

03 Outcomes and impact. Planned results.

04 Participants. Participating countries.  
Participant profile. Application form.

05 Participation.  
Terms and conditions of participation.

06 Venue and accommodation.

07 Travelling. Booking tickets. Getting to the venue.

08 Financial terms and conditions. Reimbursement.  
Financial contribution. Travel grant per participant.

09 Things to bring.

10 Program.

11 Trainers.

12 Contacts.



## ABOUT THE PROJECT

“ABC” is a uniquely designed training aimed at improving social inclusion and bringing change to local communities through the development of creativity fluency, social competences in theatre and improvisation, collaboration and creation of new projects.

The first step for a change, improvement or innovation is always creativity, creative ideas and thoughts. We become creative when we are in need, and right now European society is in need of inclusive activities and methods for working with different groups of people due to the drastic changes in demographics, increased migration and population transition.

Therefore, our goal is to define and share the peculiarities of youth work in the participating countries, to design follow-up local projects aimed at improving social inclusion and community development through combination of NFE activities that will involve creative thinking tools and problem-solving methods along with improvisation theatre and games.

# ABOUT THE PROJECT

For 7 days, 39 youth workers will deeply dive into the topic, playing, discovering and assimilating our working methods suitable for small and large groups. The goal of this activity is to boost your creativity, develop your competences and skills of creative thinking and problem-solving, to equip you with relevant methods and tools in order to create and design follow-up local projects aimed at improving social inclusion and community development in your countries. The learning by doing approach ensures many interactive activities, such as role-plays, simulations, improvisation theatre techniques and sharing best practices. We will have long debrief sessions on all the elements of each method, ensuring a detailed understanding for all participants.



# OBJECTIVES

Throughout the training, moving in the direction:  
practice -> debriefing -> awareness -> theoretical  
inputs and support -> skills development, we want:

**1**

to boost creativity fluency through improvisation theatre, games and other NFE activities; to encourage creativity usage in everyday situations, as well as in solving local and global problems using a competency-based approach;

**2**

to improve social, interpersonal and communication competences, as well as to boost creativity through NFE and peer education;



**3**

to provide youth/social workers, educators and future leaders with the tools for creative thinking and problem-solving skills development (that will result in creating follow-up projects for their local communities);

**4**

to create follow-up local projects aimed for community development through social inclusion of marginalized youth and other social groups with fewer opportunities;

# OBJECTIVES



**5**

to provide a partnership building platform for NGO workers that specialize on working with people with fewer opportunities, migrants, refugees and marginal groups;

**6**

to promote positive and respectful attitudes toward various cultures, people and their specialty; to develop the key competences and skills of self-reflection among the participants.



# OUTCOMES AND IMPACT

During the training, we will:

- examine the applicability of creative methods and tools in social work dimension;
- discover, how the creative methods and tools can be used for the aims of social inclusion;
- define and examine the peculiarities of youth/social work in our countries;
- as an outcome, elaborate and design follow-up local projects aimed for social inclusion of various social groups at risk of exclusion, creation of new and alternative participation opportunities and, therefore, community development. The generation of projects ideas will be boosted by creativity fluency development and based on the knowledge and experience, gained during the project. From the ideas, we will proceed to planning, scheduling, defining the needs, aims, objectives, target groups, appropriate tools, needed resources, timeframes of realization, expected outcomes, digitalization and adjusting to online use (where applicable) – as a result, we will get ready-to-be-realized planned and scheduled local follow-up projects.

Moreover, the participants and partner organizations will get methods and tools to boost and develop creative thinking, which later on they will be able to use in their follow-up activities.

Finally, the training will have a significant impact on the personal and professional development of the participants themselves.

# PARTICIPANTS

## Participant profile:

- 18+ years old youth/social workers/leaders/NGO key staff;
- responsible, motivated and open to the new experience and learning opportunities;
- open-minded and flexible towards new knowledge, viewpoints and perspectives;
- with knowledge and experience in working with NFL programs (desirable, but not mandatory);
- ready to contribute to the project implementation: share relevant knowledge and experience, organize a workshop, lead a session, etc.;
- ready to implement the project results in further work;
- with good command of English.

Keep in mind that the selection will be done strictly based on applications. The priority in the selection will be given to the participants with a relevant matching profile, constructive detailed application, as well as for participants with fewer opportunities.

During the first day of the training you will sign the learning agreement, stating your active involvement in all the project activities during the implementation stage and active contribution during the dissemination and follow-up stages.

**In order to sign up for this training course, please, carefully fill the application form!**



## 39 participants from 11 countries:

Czech Republic	.....3 participants
Estonia	.....3 participants
France	.....3 participants
Germany	.....3 participants
Italy	.....3 participants
Romania	.....3 participants
Spain	.....3 participants
Armenia	.....3 participants
Georgia	.....4 participants
Moldova	.....3 participants
Ukraine	.....5 participants



# PARTICIPATION

**1**

Full attendance and being on time at sessions is mandatory and it is a condition for reimbursing your travel costs.

**2**

Active involvement. We expect to have a contribution-based process, with consistent input from your experience. You are invited to share your relevant knowledge and experience in NFL, creativity development, creative problem-solving, social inclusion and community development; to organize a workshop or facilitate a session on a relevant topic; to help us in organization process; etc.

**3**

Financial contribution. We will have one full day for exploring cultural and historical heritage and social community of Georgia. You are expected to contribute 40 EUR fee for organization of this day. This will be collected in cash upon your arrival.



**4**

The training course consists of two parts. During the first part, you will explore the methods that we created and work with; also, we will explore the main social challenges that we have in our local communities. During the second part, you will have the opportunity to organize your workshop or lead a session on the relevant topic; and after that in small groups, you will elaborate and design follow-up local projects aimed for social inclusion of various social groups at risk of exclusion, creation of new participation opportunities and community development.

# PARTICIPATION



## 5

Dissemination and follow-up. After the training, each of you is expected to:

- organize and conduct the elaborated follow-up local project, provide pictures from the activity and report on it (within maximum one month after the end of the training);
- contribute to the activities on dissemination of the Erasmus+ Programme, training course and learning outcomes, writing and sharing minimum one report and/or article about it in your social media and/or mass media.

## 6

During the first day of the training you will sign the learning agreement on all the mentioned aspects, stating your active involvement in all the project activities during the implementation stage and active contribution during the dissemination and follow-up stages.

**Please, carefully consider everything mentioned above before taking a decision to join us on this adventure!**

# VENUE AND ACCOMMODATION

## Venue



### Gonio.

Gonio – is a settlement near Batumi, in Gonio-Kvariati district. It is located on the left side of the river Tchorokhi. Gonio is one of the popular Black Sea resorts in Georgia.

Our Guest House in Gonio is located 14 km from the Batumi Railway Station, 8 km from the Batumi International Airport.

## Accommodation

During the project we will live in a Jujuna Guest House.  
Address: Gonio, Matata Motsikuli Street 56.

The rooms will be shared between 2, 3 or 4 participants of the same gender from different countries. The rooms have individual bathrooms. Bed linen and towels are provided.

We will be provided with breakfast, lunch, dinner and 2 coffee breaks. The water is drinkable from the tap.



# TRAVELLING



**15/10 – the arrival day**

**23/10 – the departure day**

According to the rules of the French National Agency, you can use 2 additional traveling days.

Remember that it's your own responsibility to organize your stay in Georgia during additional traveling days!

You can arrive/depart to/from Tbilisi, Kutaisi or Batumi.

**Please, do not book any tickets until you get them confirmed by us!**

Otherwise, we will not be able to reimburse you!

To confirm your traveling plan, before booking it, please, send your proposal to

[vkozachun@gmail.com](mailto:vkozachun@gmail.com)

[med13ngo@gmail.com](mailto:med13ngo@gmail.com)

with the e-mail subject

"ABC\_Country\_Name Surname"

# TRAVELLING

## **If you arrive to Tbilisi:**

You can easily reach the Tbilisi Central Railway Station / Central Station via public transportation. Bus stop is just in front of the Departure Terminal of the Airport, from where you can take the bus #337, which terminates at the Tbilisi Central Station. It will cost you less than 1 Euro, but you should have Georgian Lari (GEL) coins.

You can check more about Airport transfer [here](#).

From the Tbilisi Central Railway station, which is just behind of the Tbilisi Central Station, you can take train, probably, the most safe and shortest way to Batumi.

In order to get reimbursed, you have to book the 2nd class ticket (and still be in the travel budget).

You can book Tbilisi-Batumi train tickets online [here](#).

From the Batumi Railway Station, the best option is to order the [Bolt](#) or [Yandex Go](#) taxi via application to the project venue: [Gonio, Jujuna Guest House, Matata Motsikuli Street 56](#), which will cost you nearly 5 Euro for the car (you can also share the car with others).

If you still decide to reach Batumi from Tbilisi by bus, or you cannot manage to get train tickets, the Tbilisi Central Bus station is just next to the Central Railway Station, where you can buy the tickets on spot in the Ticket Office. After arrival to the Batumi Bus station, the [Bolt](#) or [Yandex Go](#) taxi is the best option to reach the project venue: [Gonio, Jujuna Guest House, Matata Motsikuli Street 56](#), which will cost you nearly 5 Euro for the car (you can also share the car with others).



# TRAVELLING

## **If you arrive to Kutaisi:**

Option 1: Booking in advance the bus ticket Kutaisi Airport – Batumi [here](#) and after ordering the [Bolt](#) or [Yandex Go](#) taxi via application to the project venue: [Gonio, Jujuna Guest House, Matata Motsikuli Street 56](#), which will cost you nearly 5 Euro for the car (you can also share the car with others).

Option 2: Booking in advance the train ticket Kutaisi Airport – Batumi [here](#) (just keep in mind that the Kutaisi Railway Station is around 2 km away from the airport).

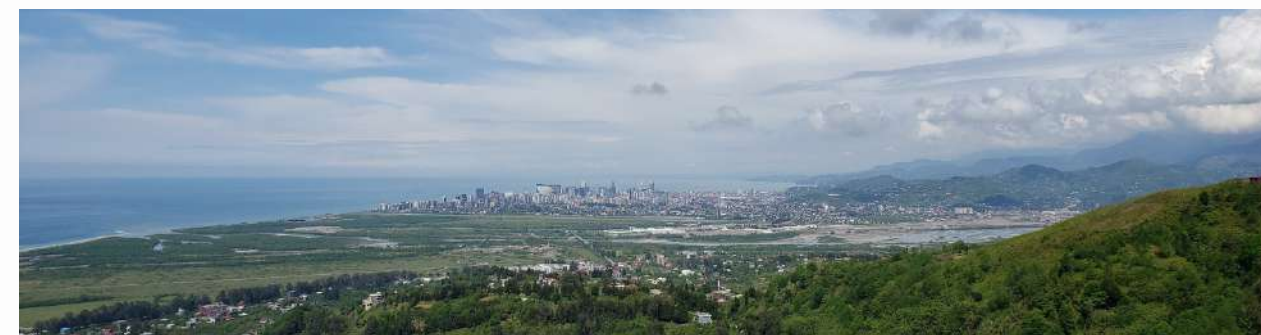
From the Batumi Railway Station, the best option is to order the [Bolt](#) or [Yandex Go](#) taxi via application to the project venue: [Gonio, Jujuna Guest House, Matata Motsikuli Street 56](#), which will cost you nearly 5 Euro for the car (you can also share the car with others).

## **If you arrive to Batumi:**

You just simply order the [Bolt](#) or [Yandex Go](#) taxi via application to the project venue: [Gonio, Jujuna Guest House, Matata Motsikuli Street 56](#), which will cost you nearly 5 Euro for the car (you can also share the car with others).

**Check-in time: 15th October at the venue, after 15:00!**

**In case you arrive earlier, we cannot guarantee early check-in!**



# FINANCIAL TERMS AND CONDITIONS

## Reimbursement

Please, save all the originals of your travel documents!

International travel expenses can be reimbursed within the travel grant ONLY upon presentation of ALL ORIGINAL DOCUMENTS, stating your travel data and costs (boarding passes, tickets for plane/bus/train, invoices, payment checks, bank statements, etc.).

Please, give all the originals of your travel documents, including boarding passes, to the organizational team and send all your bookings, invoices and online boarding passes to

[vkozachun@gmail.com](mailto:vkozachun@gmail.com)

[med13ngo@gmail.com](mailto:med13ngo@gmail.com)

with the e-mail subject  
"ABC\_Country\_Name Surname"

Keep in mind that you will be reimbursed after the project within next 6 months via bank transfer!

## Financial contribution

You are expected to contribute 40 EUR fee, which will be collected in cash upon your arrival. This fee will be used to organize the day, devoted to exploration of cultural and historical heritage and social community of Georgia.

Your financial contribution will ensure the principle of co-financing of Erasmus+ Programme as well as your personal input and involvement into the project implementation.

## Travel grant per participant:

Czech Republic	.....360 EUR
Estonia	.....360 EUR
France	.....530 EUR
Germany	.....360 EUR
Italy	.....360 EUR
Romania	.....275 EUR
Spain	.....820 EUR
Armenia	.....180 EUR
Georgia	.....180 EUR
Moldova	.....275 EUR
Ukraine	.....275 EUR



# THINGS TO BRING



- Valid passport for travel;
- Travel/health insurance, valid in Georgia for the whole duration of the project (desirable, but not mandatory – it's on your own responsibility);
- All the required travel documents (all the tickets, invoices and boarding passes (preferably, the online check-in));
- Everything you need to share your relevant knowledge and experience, to organize a workshop or facilitate a session on a relevant topic (desirable, but not mandatory);
- Laptop (we will have the digital tasks during the last two days);
- Something special to share during the intercultural evening;
- Comfortable shoes, outdoor light clothes and backpacks, warm clothes (it might be warm during the daytime and chilly in the evenings within the period of the project);
- Swimming suit;
- Flip flops or indoor shoes;
- Personal hygiene items;
- The medicine you may need.



# PROGRAM

**Day 1**  
Mon 16/10

Getting to know each other. Group building.  
Intro to the program.

**Day 2**  
Tue 17/10

Creativity for social inclusion. Theory of  
creativity. Test your creativity.

**Day 3**  
Wed 18/10

Creative thinking development. Spontaneity  
and creativity. Improvisation workshops.

**Day 4**  
Thu 19/10

Exploring cultural and historical heritage  
and social community of Georgia.

**Day 5**  
Fri 20/10

Creative problem solving.  
Sharing best practices.

**Day 6**  
Sat 21/10

Open Space.  
Local projects development.

**Day 7**  
Sun 22/10

Presentation of the local projects.  
Final evaluation & feedback.

# TRAINERS



## **Vladimir Kozachun**

PhD studies in psychology, practical social and medical psychologist, psychological counselor, coach, trainer with expertise in creative thinking, creativity development, Improvisation Theatre methodology

**[trainer's profile](#)**



## **Sofia Chorna**

PhD studies in psychology, practical social psychologist, psychological counselor, trainer with expertise in creative thinking, creativity development

**[trainer's profile](#)**



# CONTACTS



Find out the alternative design

[Design B](#)

[Design C](#)