



Mobility of youth workers, KA153-YOU

07-15 JUNE in Presenzano (Caserta), ITALY

Abstract

CET Platform Italy is hosting a Professional Development Activity, granted by Agenzia Nazionale Giovani and funded by the Erasmus+ programme, gathering 23 participants from 7 partner NGOs

CET Platform Italy

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- **Hosting & Partner Organizations**



CET Platform Italy is a non-governmental organization **founded on April 2016**, Italian branch of the international CET network, currently present in 12 Countries (you can see them in the picture below). CET Platform Italy has been founded by experienced people, active in civil sector and youth work from many years.

Programmes like **Erasmus+**, which includes actions for youth mobility and a strong intercultural dimension, are the main fields of our activities. Indeed, we focus on spreading **European culture and opportunities** deriving from EU programmes and we strongly support the dissemination of **European citizenship and values** at local, national and international level. To achieve our goals, we work in network with other local and international organizations to increase quality of youth projects, sharing experiences and best practices.

Our last implemented mobilities:



*Non Formal Lab
Training Course, 22-30 June 2022*



*Theatre for Active Citizenship & Participation
Youth Exchange, 12-17 December 2022*

As NGO, our mission is to **improve the level of competences** and skills of young people and youth workers, as well as to foster **intercultural learning, active citizenship and social inclusion** through **non-formal education** principles and methodologies. Our vision is to **empower** youngsters to shape the world they live and work in, enhancing **creativity, innovation and entrepreneurship**. We want to help young people in their **personal and professional growth** to contribute to the **sustainable development** of European society



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• Participants' profile

- 3 people per Country respecting **gender balance**
- Leaders and volunteers **actively involved** in their sending organizations
- Youth workers with some **experience in international projects** and/or already working with people with fewer opportunities in their communities, **motivated** to share and increase their knowledge about the topic of the project, in particular as concerning **European values, active citizenship** and **social inclusion**
- Priority to **people with fewer opportunities**, especially NEET (Not in Employment, Education and Training) people, youth workers coming from rural areas and those subject to discrimination because of gender, ethnicity, religion or sexual orientation



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- **How to get there?**

To reach the venue you must head to the train station called “**Vairano-Caianello**”. From there we will **pick you up**. To start your trip, you can land either at **Rome** or **Naples** international airports. The closest is Naples (around 60 km far away) while Rome is more distant (around 200 km). Below there are some **useful information** to organize your trip:

N.B. It is very important **before buying** your flight tickets to **check the timetables of the trains** (follow the instructions of this infopack), because options can be limited and it is crucial that the train timetables are **matching with the flights’ landing/departure hours!** If you have any problem to find good options, contact us and we will give you all the necessary support to find the best solutions

Landing in Naples:



1) Take the bus to the **main railway station of Napoli, Garibaldi**. The bus is named **Alibus**, from **ANM** company and you can take it just outside the arrival terminal. Follow the directions on the boards from the exit of the terminal to reach the stop. The ticket costs 5€ and you can do it onboard. It leaves every 15-20 minutes and the journey takes about 15-20 minutes. Here’s the timetable and further info: http://www.anm.it/index.php?option=com_content&task=view&id=1314&Itemid=373

2) From the main station of Naples, you can take the **regional train to Vairano-Caianello**. It costs around 5€ and the journey takes about 1:30 hours. Trains are quite frequent (every 1-2 hours), but **last one** is usually scheduled around **19:30**. Check on **Trenitalia** website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>

Landing in Rome Ciampino



1) Take a bus to the **main railway station of Rome (Roma Termini)**. There are **several companies** for this route: Terravision, Schiaffini, Cotral, etc. Buses are outside the arrival terminal and there should be runs every 15-20 minutes; tickets cost about 5€ and you can check the websites of the companies for more info and if you want to buy your ticket in advance; in Ciampino, you can buy the tickets inside the arrival terminal or at the bus stop. The journey takes about 45 mins


2) Take the train to **Vairano-Caianello**. The ticket costs around 10€ and the journey takes about 2-3 hours. There are only **few direct trains**, scattered during the day, and **last one** is usually scheduled

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around 18:00. You must check on **Trenitalia** website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>. Mind that “**regionale**” trains are the economic options, and they have the following icon: . These trains have fixed prices, while the others (Frecciarossa or Frecciargento) can be way more expensive and price rises according to approaching travel dates and seats left


Landing in Rome Fiumicino:



1) You can take either a bus or a train to the **main railway station, Roma Termini**:

By bus: there are **several companies** for this route: Terravision, Schiaffini, Cotral, etc. Buses are outside the arrival terminal and rides are every 15-20 minutes; tickets cost about 5€ and you can also check the websites of the companies for more information and if you want to buy your ticket in advance; in Fiumicino you can buy the tickets at the bus stop (50 mins journey)

By train: it is called **Leonardo Express**, it costs 14€ and leaves every 15 minutes (30 mins journey)

2) Take the train to **Vairano-Caianello**. The ticket costs around 10€ and the journey takes about 2-3 hours. There are only **few direct trains**, scattered during the day, and **last one** is usually scheduled **around 18:00**. You must check on “**Trenitalia**” website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>. Mind that “**regionale**” trains are the economic options, and they have the following icon: . These trains have also fixed prices, while the others (Frecciarossa or Frecciargento) can be way more expensive and price rises according to approaching travel dates and seats left

- **Logistics, Preparation & Activities**



Check-in at the place is possible only from **5 pm** on the **7th of June**; therefore, plan your trip to Vairano-Caianello train station accordingly. On the arrival day we will only have dinner and a first **informal meeting** with basic information to familiarize with the place and its facilities, no further activity is planned.

The **15th of June** is departure day, and **check-out** is due by **11 am**. Be sure to keep in mind the hours and duration of the train journey (checking from Trenitalia website), according to the departure times of your flights, and book the tickets accordingly. We will take you to the train station based on your travel plans.

Preparatory tasks for every **national group** and more detailed **timetable of activities** will be provided to the selected participants before the Training Course, also based on the inputs and agreements with partners during the **Preparatory Visit** (taking place 12-14 April).

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- **Venue, Food and Accommodation**

You will be accommodated in **same gender room, shared** among 3 people (according to availability and group composition), with participants from other nationalities. All the rooms are equipped with **private bathroom, sheets and towels**. It may be possible to have two people in one bed because some rooms are designed with double beds (as you can see in the side picture), so if you have any **special request** and/or want to give us a preference about a **possible roommate**, please let us know in advance.



You will be provided with **three meals per day**, plus **2 coffee breaks** in between the morning and the afternoon sessions. Since you will be hosted in Italy, **meals** will mainly be “Italian style”, to let you properly discover and delve into **Italian food tradition!** So, get ready to taste delicious pasta and sweet breakfast with homemade cakes and pies!



The facility is home to many different **animals** (goats, sheep, donkeys, horses, cows, pigs), since it is also a farm with production one of the most delicious and famous products of our region: **buffalo mozzarella**. All the food you are going to eat during the week is **produced by the farm**, or sourced locally. You can check the website of the venue at the following link (only in Italian): [Masseria Cardilli - Agriturismo](https://www.masseria-cardilli.it/).



Moreover, the venue has a **wide external space** that can be used for our activities, or just to enjoy and relax during the informal and free time



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- **For the Reimbursement:**

To ensure the reimbursement of your travel costs, you are requested to arrange your journey by the **most economical route** and to make use, wherever possible, of any available reduced tariff (student fares, discount for young people, etc.).

Mind that you need to be in Italy on the 7th of June and to leave on the 15th. You are allowed to stay for a total of **2 extra days** (before, after, or a combination of both), but keep in mind that the project **budget doesn't cover** food and accommodation outside of the official dates.



The travel costs within the budget limit of your Country (see below) will be reimbursed only if these **4 conditions** are fulfilled by **EACH MEMBER OF YOUR GROUP**:

1. You gave all the **ORIGINAL** tickets to our organization. It is fundamental to bring the invoices or the travel confirmations where is clearly shown:
 - a) **the name & surname of the traveler;**
 - b) **the cost incurred/price paid;**
 - c) **the date and itinerary of the travel;**
 - d) **the date of the purchase;**
2. You attended the **full duration** of the Training. Absence to any activity is only allowed for justified and proven reasons, communicated beforehand to the trainers;
3. You submitted every **survey** and **report** that our organization or EU requested;
4. You did your planned **dissemination and follow-up activity**, with evidence of implementation;

Return tickets must all be provided by postal service once you come back home, unless you have the chance to provide them to us during the training itself.

N.B. We highly recommend this option, as in this case you won't spend the money (not refundable) of the postal service, the reimbursement will be faster because we won't need to wait for your tickets to arrive and there will be no risk to lose the postage. Therefore, we strongly suggest you to make electronic tickets and online check in, whenever possible

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The budget limit per each participant is the following:

Bulgaria, Greece, Poland, Portugal, Romania: 275€

Sweden: 360€

In case the amount of your ticket is not written in euro, we will use the **European commission currency converter** with the exchange rate of the day of your purchase.

The above budget includes all the means of transportation for the **round trip** as specified in this section of the infopack. If you exceed the above budget, it will be **up to you to cover the extra expenses**, so try to buy your tickets as soon as possible, in order to avoid the increasing prices (of the flights mostly).

TAXI, car sharing services and other similar private transportations are not refundable (e.g. Uber, MyTaxi, Blablacar, etc.), so do not consider them as options while planning your trip



• Health Insurance

Before coming to Italy, please make sure that you have a **valid health insurance!**

For those who have **European Health Insurance Card (EHIC)**, bring it with you or request it if you're EU resident and you still don't have it, while for those who are not eligible for it, you can buy a travel insurance.



You can buy it **while booking your flights**, since every company give it as option. Such insurance must cover **medical treatments** and **expenses** incurred abroad.

This is absolutely a must to join the project.

Costs regarding Health Insurance can be reimbursed **ONLY** to the participants not eligible for EHIC and **ONLY** if insurance is bought together with the flight ticket in the same invoice/confirmation. Any other scenario will not be taken into consideration.

Keep in mind that it will always be your **full responsibility** to comply with all the safety rules and regulations while participating to the training.

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- **Caserta and its province**

The Province of Caserta is located in **Campania region** of Italy. Caserta is the main city of the province and it's situated about 36 kilometres north of Naples. The province has an area of 2,639 square kilometres and a population of more than 900.000.



The province of Caserta covered the greatest expanse of territory around the 13th century when it extended from the Tyrrhenian Sea and the islands of Ponza and Ventotene to the Apennines and the southern end of the Roveto Valley. In the Kingdom of Naples and the Kingdom of the Two Sicilies, **Caserta was one of the most important departments in southern Italy**. The first capital of the region was the ancient city of Capua (the city with the second biggest amphitheatre in Italy after Colosseum) until 1818, then Caserta.



Caserta is an important agricultural, commercial and industrial municipality. It is located on the edge of the Campanian plain at the foot of the Campanian Subapennine mountain range.

Modern Caserta was established in Lombard times by Pando, Prince of Capua. The original population moved from **Casertavecchia** (former bishopric seat) to the current site in the 16th century.



The city and vicinity were the property of the Acquaviva family who, being pressed by huge debts, sold all the land to the royal family. The royal family then selected **Caserta for the construction of their new palace** which, being inland, was seen as more defensible than the previous palace fronting the Bay of Naples.

Central squares and streets of Caserta are: piazza Margherita, piazza Vanvitelli, via Ferrante, via Mazzini, corso Trieste (just google it :D).



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Royal Palace of Caserta

The Palace of Caserta is located in the very center of the city, a royal residence constructed for the Bourbon kings of Naples. It was one of the **largest buildings erected in Europe during the 18th century** and today it's the world's largest royal palace by volume.



In 1997, the palace was designated **UNESCO World Heritage Site**, described in its nomination as "the swan song of the spectacular art of the Baroque, from which it adopted all the features needed to create the illusions of multidirectional space".



In terms of volume, the **Royal Palace of Caserta is the largest royal residence in the world** with over 2 million m³ and covers an area of about 47,000 m².

The construction of the palace was begun in 1752 for Charles VII of Naples, who worked closely with his architect, **Luigi Vanvitelli**.

In the end Charles VII never slept a night at the Reggia, as he abdicated in 1759 to become King of Spain, and the project was carried to only partial completion for his third son and successor, **Ferdinand IV of Naples**.

The political and social model for Vanvitelli's palace was **Versailles**, which, though it is strikingly different in its variety and disposition, solves similar problems of assembling and providing for king, court and government in a massive building with the social structure of a **small city**.



The palace has **1,200 rooms**, including two dozen state apartments, a large library, and a theatre modelled after the Teatro San Carlo of Naples. The palace has a rectangular plan, measuring 247 × 184 m. The four sides are connected by two orthogonal arms, forming four inner courts, each measuring more than 3,800 m².



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Of all the royal residences inspired by the Palace of Versailles, the Reggia of Caserta is the one that bears the greatest resemblance to the original model. As at Versailles, a **large aqueduct** was required to bring water for the prodigious water displays. Like its French predecessor, the palace was intended to display the power and grandeur of an absolute **Bourbon monarchy**.



The garden, a typical example of the baroque extension of formal vistas, stretches for 120 ha, partly on hilly terrain. It is also **inspired by the park of Versailles**. The park starts from the back façade of the palace, flanking a long alley with artificial fountains and cascades. There is a botanical garden, called "The English Garden", in the upper part designed in the 1780s by Carlo Vanvitelli and John Graefer.

The fountains and cascades, each filling a "vasca" (basin), with architecture and hydraulics by Luigi Vanvitelli at intervals along a wide straight canal that runs to the horizon, rivalled those at Peterhof outside St. Petersburg.



The Caserta Palace has been used as a **filming location** in a number of movie productions. In 1997 it served as a filming location for **Star Wars** when it was used as the setting for Queen Amidala's royal palace on Naboo in the 1999 film **Star Wars Episode I: The Phantom Menace**. It featured again in the 2002 film **Star Wars Episode II: Attack of the Clones** as Queen Jamilla's palace.

The same room was also used in **Mission: Impossible III** as Vatican City. In the film, a Lamborghini car is blown up in a square inside the palace. The main staircase is also used in **Angels & Demons** as the Vatican's staircase.

If you want to visit the royal palace, the train station of Caserta is right in front of it, and you can reach it easily from Naples or Rome.



The royal palace is really big, it won't take you less than 4-5 hours if you want to have a decent visit, so keep it in mind and plan your day accordingly. The **official website** with opening/closing hours and tickets prices can be found at the following link: <https://reggiadicaserta.cultura.gov.it/en/>

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- **Contacts and Facebook group**

In case of any question concerning the travel, the project, your preparation or any other matter, please contact the **partner organization from your Country**. For direct communication to us, you can write at italy@cetplatform.org

Moreover, you can find **CET Platform Italy** on:



Instagram: https://www.instagram.com/cet_italy/



Facebook: <https://www.facebook.com/cetplatformitaly>

We will also create an official **Facebook group** of the project later on. On that virtual space we can start getting to know each other, familiarize with the topic and objectives of the project, and ask all the information you might need.

ONLY for urgent communication, you can contact us via WhatsApp:

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Get Ready to be part of ME and EU!!!

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