

ACTIVE CITIZENSHIP

through

VOLUNTEERING

Training Course

Bucharest, Romania

10 - 18 December



EUROPEAN
SOLIDARITY
CORPS



Erasmus+
Enriching lives, opening minds.

About the project

“The fact that disparities in political involvement are so substantial and that so many citizens are not active at all potentially compromises democracy”

Nowadays the participation and involvement of the citizens in the society is facilitated by the multiple number of opportunities. Giving these and the known importance of social engagement, the reality does not look encouraging and the citizens, especially the youth are not doing their part. According to a study carried by Eurostat, the number of participants in the society is low, **only 10.28% of the adult population in the European Union consider themselves as being active citizens.**

There are 7 countries, almost a quarter of the member states of the EU, with less than 5% of the population practicing an active citizenship: Belgium (4,9%), Hungary (4,7%), Czech Republic (4,2%), Bulgaria (3,7%), Romania (3,7%), Slovakia (2,8%) and Cyprus (2,1%).

Following the idea that “**Citizenship involves volunteering but not all volunteering involves citizenship**”, social participation is closely linked with volunteering. While the situation is better than when we talk about active citizenship, the numbers are still very low. According to Eurostat, **only 20.7% of the population over 16 in EU are taking part in volunteering activities** (an average calculated between formal and informal voluntary activities). Cyprus and Romania are again on the bottom of the list, with only 4,9% and 3,2% of the population volunteering. The other countries are not in a better position either, almost a half of the EU member states (14 countries) having less than 15% of the population involved in volunteering.

Therefore, there is an obvious balance between the involvement in voluntary activities and active citizenship, and the majority of the population from the EU countries doesn't get involved in the society.



Objectives

Therefore, COSI together with the partner organizations, intend to contribute to the promotion of active citizenship through volunteering activities. For making a change in our communities, we need to improve the work of our organizations and the skills of our youth workers.

Hence, during 9 days mobility and throughout the project period, we intend to:

01

Participants

- Improve the communication skills of 29 youth workers during 9 mobility days to promote the importance and benefits of volunteering and to attract new volunteers.
- Increase the understanding about active citizenship of 29 youth workers by promoting volunteering, Erasmus+ and ESC as tools for social participation during the 9 mobility days.

02

Partners

- Develop a common perspective for the 9 NGOs about the selection process of new volunteers by sharing good practices, examples, jointly finding solutions and ideas during the mobility and create a recruitment guide, during the first 2 months after the mobility.
- Build partnerships within the participant NGOs during the duration of the project by creating an online HUB on the topic of active citizenship through volunteering for future projects and develop minimum 3 common projects until 2022.



Partners



COSI, Romania



INTERNATIONAL YOUTH COMMITTEE, Bulgaria



Geoclube - Associação Juvenil, Portugal



UNITED SOCIETIES OF BALKANS, Greece



AETF, Hungary



Kreativa, Croatia



Amaita Intercultura, Italy



Kaebnai, Spain



Drawing to Health, Netherlands

*Click on the
partners' names*



Financial and logistics

Travel tickets

The project is co-funded by Erasmus+ Programme. Accommodation, food, traveling, materials, visa costs are fully covered.

All tickets are booked and bought **only after the approval** of COSI's staff. Only previously approved travel expenses will be reimbursed, so please do not buy any tickets until this has been agreed with the hosting organization.

Participants are asked to keep all of the **original tickets, boarding passes, receipts/invoices** which will be collected during the training.

Health Insurance

Health insurance IS NOT provided and reimbursed by organizers. All participants are strongly advised to issue private travel insurance.

All EU-based participants need to apply for **European Health Insurance Cards (EHIC)**.

Please let us know if you have any illnesses or use any medicine and you have a special diet or/ and have any kind of limitation.

Reimbursement

The reimbursement process will take place after the mobility, within approx. 30 days, to the partner organisation bank account. However, we will reimburse participants after: collecting all the travel documents (tickets, boarding passes, invoices), filling the reimbursement form, filling the final Mobility Tools online evaluation, and **only if the participants were actively involved in the whole duration.**

The travel budget limit is 275 Euro per participant, except Bulgaria and Greece (180 Euro per participant) and Spain and Portugal (360 Euro per participant).

Venue

The Training Course will take place in **Bucharest, Romania**, the capital and largest city, as well as its cultural, industrial, and financial center.

It is located in the southeast of the country, on the banks of the Dâmbovită River.

Daily schedule

Day 1

We will create a positive learning atmosphere for all participants, by knowing each-other through ice-breaking and team-building activities, and introducing the project in general and the mobility program.

Day 2

We will introduce the topic of active citizenship. We will have the chance to get a better understanding of concepts as democracy, equality, active citizen and differences in the partner countries.

Day 3

Introduction to the topic of volunteering and its benefits. Through a role play session, we will discover the journey of a volunteer and learn about ESC program as a tool to involve youth in volunteering activities.

Day 4

Visit at Federația Volum in Bucharest, where we will learn more about volunteering in Romania. Afterwards, we will have a cultural tour of Bucharest.

Day 5

Workshop on target groups and social media. Then we'll brainstorm 3 different topics: Communication with the target groups, Recruitment Process, Strategies and Internal Communication.

Day 6

We will work in 2 groups on the expected results of the project: an attractive material about volunteering and a guide about recruitment process and strategies.

Day 7

The working groups will present the final results of their work. We will discuss about the dissemination stage. Then we will have the final evaluation and the Youthpass ceremony.



Looking
forward
to meeting
you!