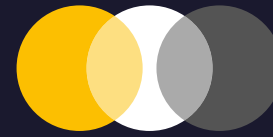


Fundacja Active Kids



TRAINING COURSE **INCLUSION ON STAGE**

—● 22-29.09.2022 | Murzasichle ●—





ERASMUS+

Erasmus+ is the European Union program for education, training, youth and sport.

This programme, aims to modernize education, training and youth work across Europe. It offers exciting opportunities for participants to then study, work, volunteer, learn and train abroad in Europe.





AIM

The project „Inclusion on stage” aims to design learning methodologies for inclusion of youth with fewer opportunities sector through intercultural facilitation methodology based on theatre of the oppressed which enable development of participants level of competances and increase their participation in society.

Objectives

of the training



Combining the formal education concepts with the non-formal theatrical methodology

Combining non-verbal communication methods (theater, drama, mime) with youth work

Increasing participation of educators at the local and regional level

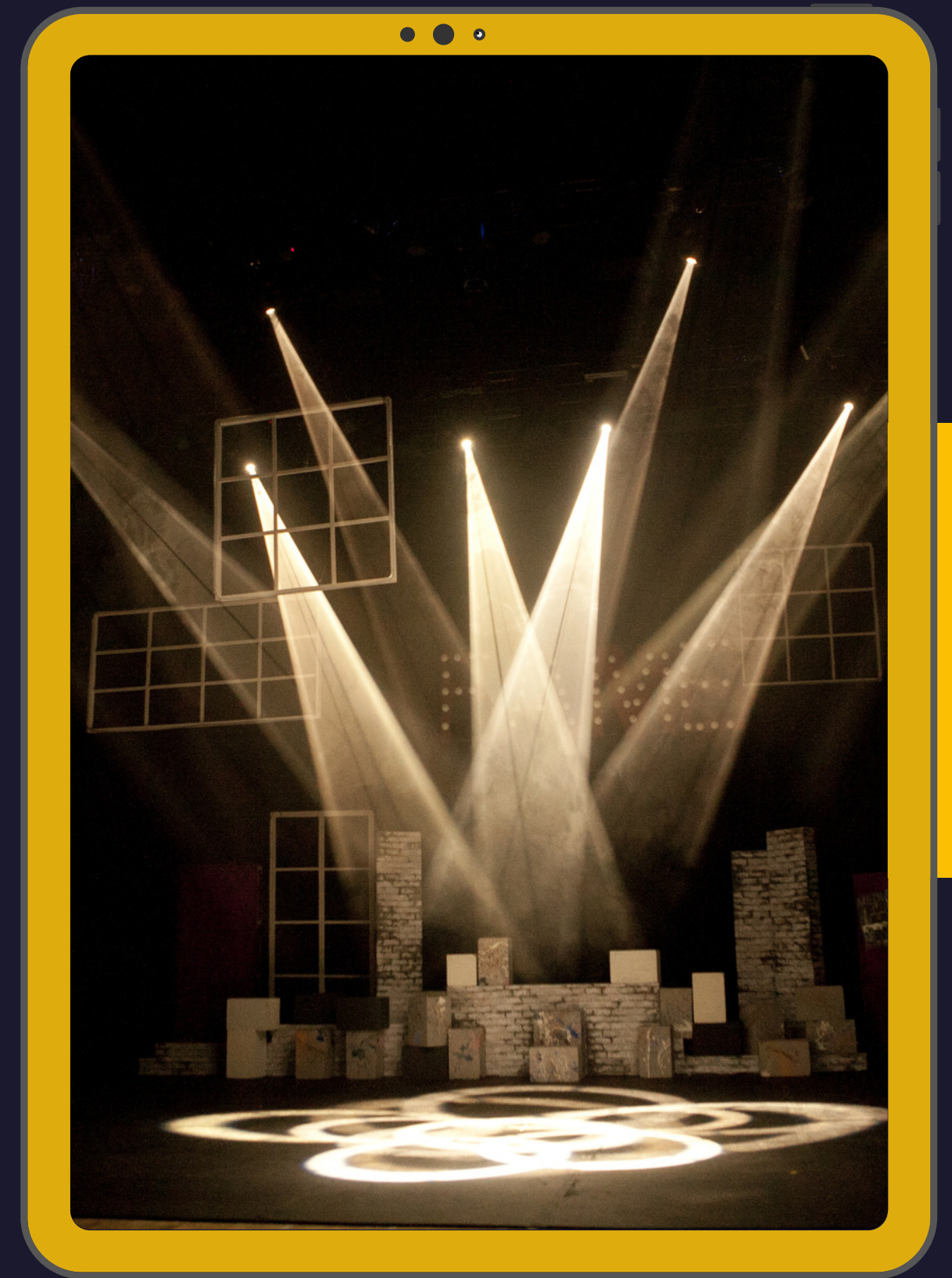
Promoting theatre methodology for youth empowerment

Methodology

Physical theatre

Improvisation theatre

Visual theatre



Participants PROFILE

Participants from Programme countries can apply.



communicative level of English
age limit minimum 18 years old
active youth workers, leaders daily working with youth
active teachers from formal education institutions
motivation to experience NFE methodology
motivation to take active part in all workshops during the activity
willing to promote the project during all phases via social media
willing to improve the quality of their education methods use in work with youth
willing to make the follow up activities

VENUE

The training course will take place in Murzasichle the small town in the Tatra mountains, near Zakopane (the winter capitol of Poland). Participants will stay in bedrooms (2-4 people in rooms) with bathrooms. All activities will take place in the workshops room in the next building. In the venue would be canteen which will provide the meals (breakfast, lunch, dinner) and coffee breaks.



ACTIVITIES

There would be 4 workshops daily (3 with a trainer and 1 based on peer learning). There would be one free afternoon and one day cultural visit.

LIVING CONDITIONS

All together we will take care of our space where we will live, work and learn therefore we need to keep the place clean and useful for our activities. During the theatrical activiites we will walk in the workshop room barefoot or in socks (so take some warm socks if you get cold easily).

Active participation

By taking part in this project you are confirming that you are going to be active in all phases of the project:

Preparation before the training course,

Taking part in all workshops during the training course,

Preparation and organizing the workshops about non-formal methods together with your national team after the training

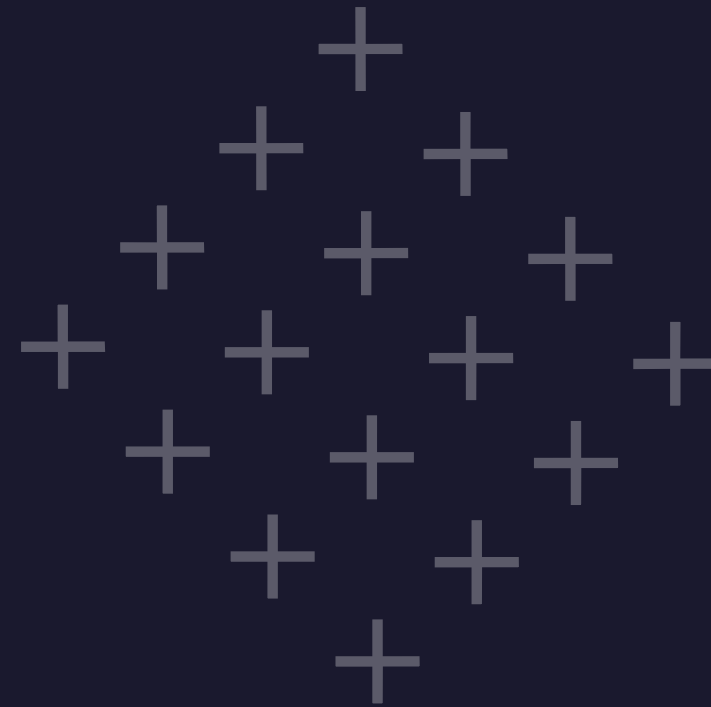
Promotion of the project on social media before and after the training

Accomplish all tasks connected with dissemination of the project and its results



FOLLOW UP ACTIVITIES

The dissemination of the project is one of our priorities. After the project participants are obligated to make follow up activities till the 20th of October. What requires preparation for those activities before the training.





FOLLOW UP ACTIVITIES

Organize 2 workshops in their local community with usage of theatre methods.

Write the article about the training and participants reflection in english and national language (one per country).

Promoting the project on the Social media (Facebook and Instagram)

Promoting the results of the project

Write personal diary about their learning journey.





TRAVEL

Due to ecology and environmental protection we would recommend to lower the carbon emission during the travel (promote train/bus transportation, direct flights).



TRAVEL

Selected participants could start to find a connection to Kraków. Please, send to us proposal of your travel (which includes travel company, time&date or arrival and departure, price), later wait for our confirmation to buy them. Tickets bought without our confirmation will be not reimbursed. More about reimbursement process in next section.

Tickets should be bought by low fare prices, only second class. You can come to Poland in total 2 days before or after the main activities, however we can not cover expenses of your venue and meals before or after the activities.



ARRIVAL - DEPARTURE

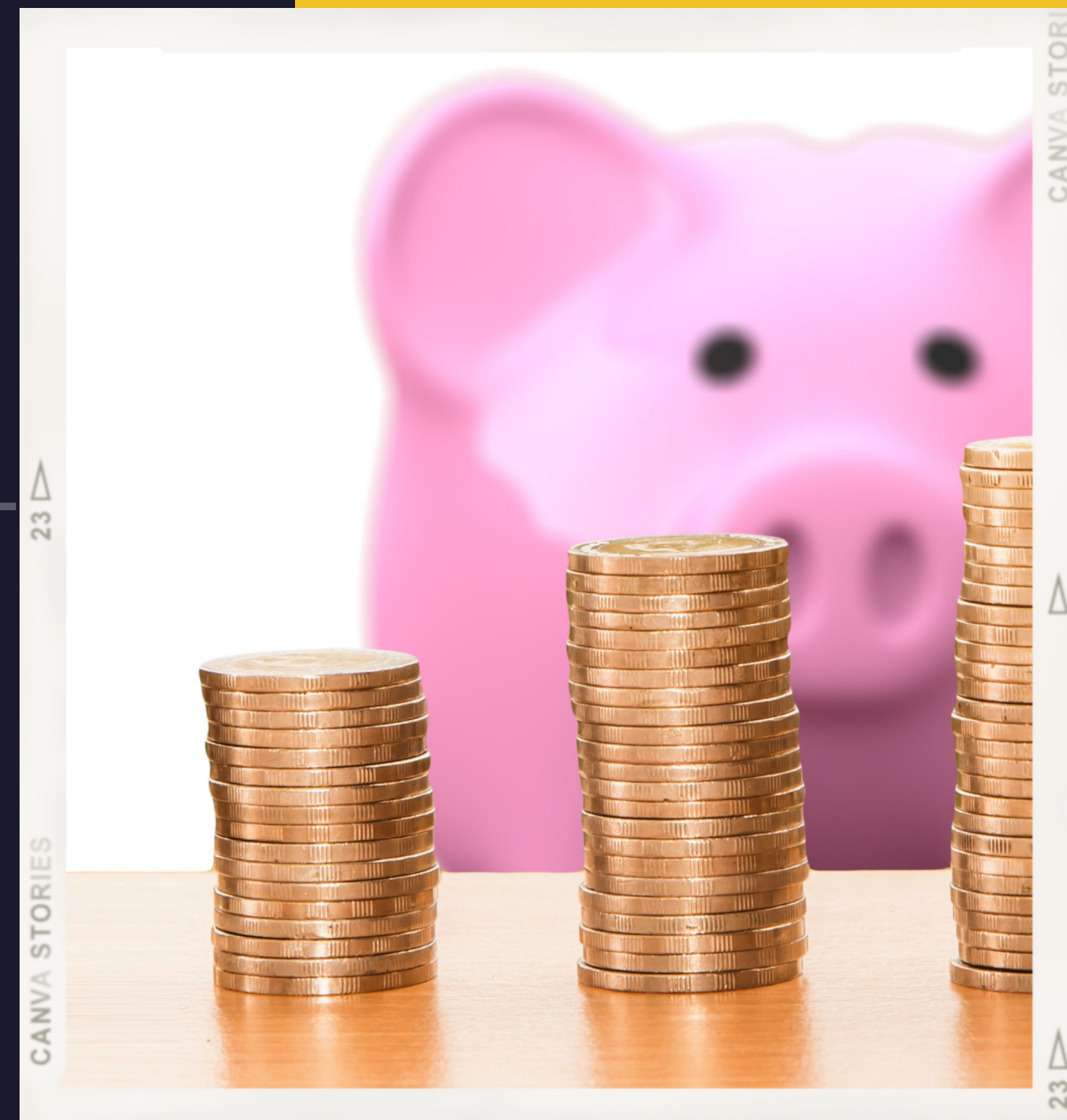
On 22th of September we are going to make the meeting point around 18 oclock near the main train station in Cracow. Then we will go with shuttle bus to our venue (the cost of the shuttle bus will be reduced from the travel reimbursement limits). Plan your travel to be before 18 oclock in Cracow. On the 29th of September we will leave our venue around 8 am in the morning, please plan your departure from Cracow after 12 oclock.

The closests airports to Kraków are in Kraków, Katowice, Warszawa. From those cities you can take the train to Kraków (check out the schedule at: <http://rozkladpkp.pl/en>).

REIMBURSEMENT

For the reimbursement of travel costs please bring all of your original travel documents, including the tickets, receipts, bills and boarding passes.

The reimbursement of the travel costs would be done in cash at the end of the training after providing all needed documents. The maximum travel reimbursement for people traveling from EU is 245 euro. The amount is lower by 30 euro to provide the shuttle bus from and to Kraków to/from our venue in Murzasichle.





What to bring

- positive attitude
- clear mind without stress of doing some work/home task during the TC
- european insurance card,
- comfortable clothes and shoes for the workshops which will take place mainly indoor,
- warm socks for walking barefeet in the workshop room
- cosmetics, soap,
- traditional food, drinks and souvenirs for intercultural evenings
- swimming suit as there might be possible to use sauna or swimming pool



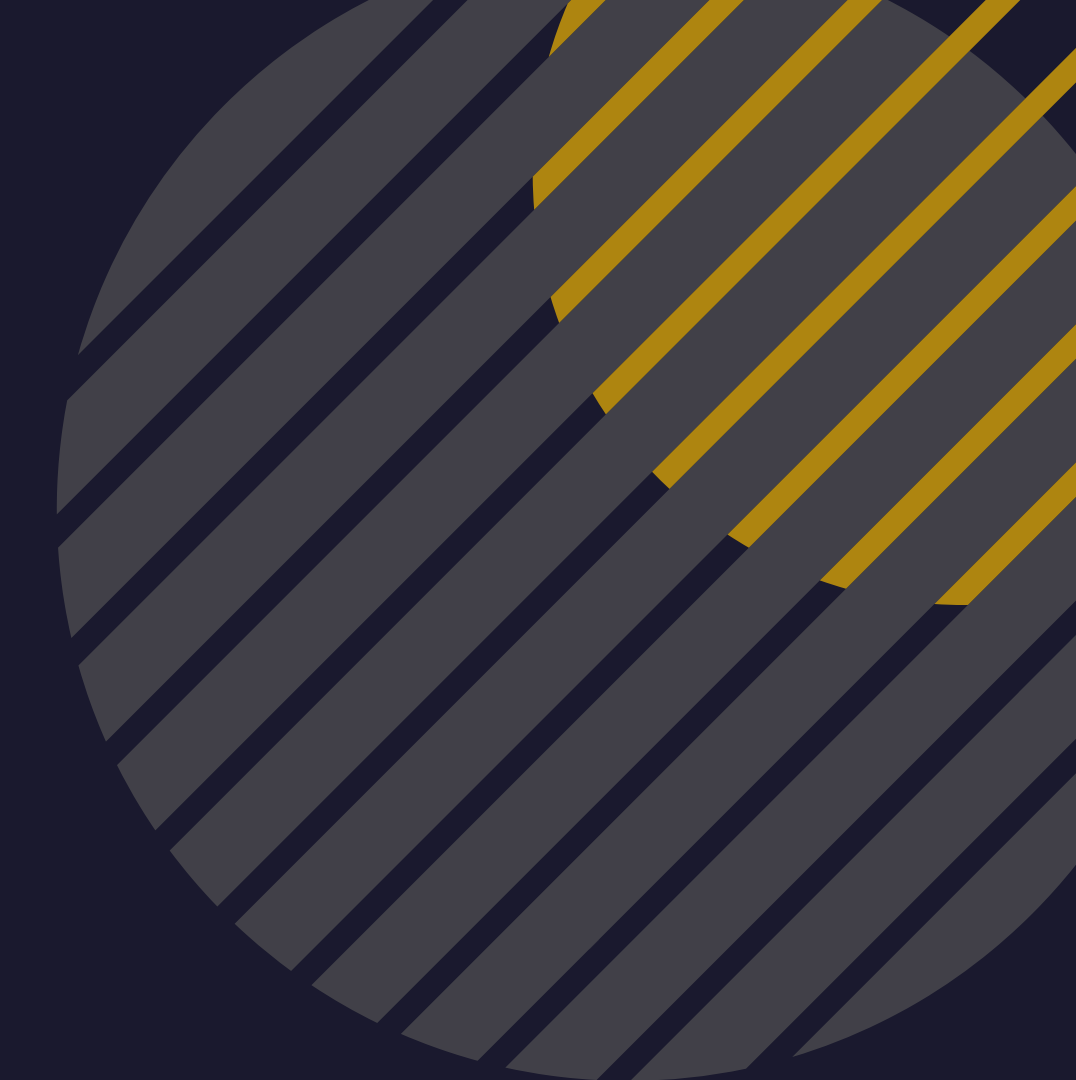
Covid

Due to the unstable situation with COVID-19 it's OBLIGATORY to have a health insurance and travel insurance. Participants are themselves responsible to get a travel insurance.

If there's anyone who uses any kind of medications, they should bring them with themselves. We don't give any medicines and we don't cover insurance fees.

We hope that situation with COVID-19 will not affect our event and we all be meeting very soon.

During the Training Course we will take care of safety (e.g. fever measurements and usage of sanitizers) and follow the recommendations announced by Polish Ministry of Health, if any by that time. We would kindly ask participants to bring their individual protection (e.g. masks) and any other medicine they feel needed.



Covid Acknowledge

I acknowledge the contagious nature of the Coronavirus/COVID-19 further acknowledge that Fundacja Active Kids foundation has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. I further acknowledge that Fundacja Active Kids can not guarantee that I will not become infected with the Coronavirus/Covid-19.

I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, venue staff, and other participants.

I acknowledge that I must comply with all set procedures to reduce the spread while attending my appointment. I attest that:

- * I am not experiencing any symptoms of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- * I have not traveled internationally within the last 14 days.
- * I have not traveled to a highly impacted area within the last 14 days.
- * I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.
- * I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.

I hereby release and agree to hold Fundacja Active Kids harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the Fundacja Active Kids, or that may otherwise arise in any way in connection with any services received from Fundacja Active Kids.

I understand that this release discharges Fundacja Active Kids from any liability or claim that I, my heirs, or any personal representatives may have against the Fundacja Active Kids with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Fundacja Active Kids. This liability waiver and release extends to the project together with all NGOs members, partners, and participants.



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