

*Learn!*

**BOROVETS,  
BULGARIA**

**22 - 26  
OCTOBER  
2 0 1 9**

(Excluding travel days)



INFINITE  
OPPORTUNITIES  
ASSOCIATION

Co-funded by the  
Erasmus+ Programme  
of the European Union



**Less is the green more!**

is a project, aimed at training youth workers, environmental and community activists on how to promote and live in sustainable and planet-friendly way.

The course will be held between October 22<sup>nd</sup> and 26<sup>th</sup> in Borovets, Bulgaria.







# IF YOU...

- Work with young people
  - Want to raise awareness on the environmental impact humans have on nature
  - Are up for a personal challenge
  - Want to expand your understanding of personal and community impact on our planet
- Want to help young people be more aware of their personal footprint in the nature



IF THE ANSWER IS **YES,**  
**LEEN! IS FOR YOU!**

# Project Countries

- Portugal
- Sint Maarten (Dutch Antilles)
- Spain
- Sweden
- Tunisia

# Hosting Country





- Youth workers
- Educators
- Environmental activists
- Trainers

## Requirements

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- You are over 18 years old
- You work with young people or on environmental topics
- You have interest in exploring the topics of sustainable development and responsible consumption
- You want to develop your training skills
- You are committed and love challenges
- You are able to work in English



# OBJECTIVES

- To train 24 youth workers and environmental activists from 6 countries on the topics of SDGs, with focus on sustainable consumption
- All 4 participants by country (with the support of each partner organization) to deliver 2 full days of training with 30 people locally to multiply the effect of the project by reaching out to young people

# TIMELINE




# PREPARATION

During this initial stage you will be preparing yourself for the course – do research, get familiar with the project, meet your local organization and plan the training and follow-up activities.







# PROGRAM AND METHODS

Program: TBA

The methods used in the training follow the principles of non-formal education. We rely on experiential learning as a powerful tool for training.

We believe the best way to raise awareness and promote sustainable consumption is by lifelong learning and leading by example. That is why the participants in the project have a follow-up task to organize 2 days of local trainings on the covered topics to multiply the effects of the training by reaching out to young people.

# HOSTING ORGANIZATION



INFINITE  
OPPORTUNITIES  
ASSOCIATION

## **Infinite Opportunities Association (IOA)**

Is an NGO established at the beginning of 2010, committed to youth work, active citizenship, promotion of non-formal education and encouraging young people to develop their social and creative potential for a better future for everyone.

# THE TEAM

The team involved in the project consists of two professional trainers.



*Kaloyan  
Yanakiev*

*Stefani  
Roshcova*



Stefani and Kaloyan are working in the NGO sector for more than 4 years each and have lengthy experience in designing and delivering trainings on Human Rights Education, Non-Formal Learning, Youth Work and Advocacy, Structure Dialog and outdoor activities.

Stefani has been interested in the topic of Sustainable Development over the last 3 years, including experience at the ongoing project Youth-Led Advocacy for Wildlife Conservation.

Kaloyan's interest is on learning through sport and critical thinking. He works on mastering the tools of communication and empower young people.



# TRAVEL BUDGETS

Travel expenses limits are according to Erasmus+ programme:

- 30 EUR for Bulgaria
- 275 EUR for Tunisia (Visa expenses separately included)
- 275 EUR for Sweden
- 360 EUR for Portugal and Spain
- 820 EUR for Sint Maarten



# TRAVEL AND LOGISTICS

- The training will be in Borovets, mountain resort in the foothills of Rila mountain ~1h 30 minutes away from Sofia
- Buses from Sofia to the close town of Samokov are daily and almost every hour
- The departure bus station is close to metro station
- Please, book your trip as soon as your participation is confirmed and no later than date so you arrive in Borovets on the 22nd October before 8:30AM and leave on the 27th at any time
- Sofia is the transport hub for Bulgaria and has good connections with other EU countries
- Your local organization can support you in organizing and booking your trip and the hosting organization will send details about local connections

# CONTACTS

COUNTRY	ORGANISATION	EMAIL
Portugal	Rede Inducar	direcao@inducar.pt tamyrodrigues@gmail.com
Sint Maarten	The St. Maarten Youth Council Association	sxmyouthcouncil@hotmail.com
Spain	Las Niñas Del Tul	tul@lasdeltul.net sve@lasdeltul.net
Sweden	Hästekasen Gård Förening	info@hastekasen.se sebastian@hastekasen.se
Tunisia	La Voix de l'Enfant Rural	voixdenfantratal@yahoo.fr Anis.sadah@hotmail.fr
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