

The Spanish and Turkish “Erasmus+: Youth in action” National Agencies in cooperation with the SALTO-YOUTH Participation Resource Centre organise a long-term training course on coaching for young people’s development with the support of the “Erasmus+: Youth in action” programme.

PLACE & TIME

The first TC will take place in **Mollina, Malaga, Spain, from 23 to 28 November 2014.**

The second TC will be organised in **Istanbul, Turkey from 18 to 23 May 2015.**



COACHING+

LTTTC on Coaching in Erasmus+ for Young People's Development

CALL FOR PARTICIPANTS

BACKGROUND

Coaching has been introduced in the “Youth in action” programme as a way of accompanying groups of young people, facilitating their learning process and supporting their participation. The notion of coaching used so far in youth work and “Youth in action” is not necessarily compatible with the definition of professional coaching used in business or personal development. It is rather a combination of mentoring, counselling and coaching and the methods used are slightly different from the ones used by professional coaches.

The organising NAs and SALTO Participation believe that coaching is still needed to support E+YiA beneficiaries. Coaching can be used for the personal and professional development of young people and for fostering their active participation in daily life. We will organise this activity based on the methods and techniques widely applied in current professional coaching. Youth workers could benefit from professional coaching that would allow them to integrate its approaches in their daily work to better respond to the needs of young people.

STRUCTURE OF THE LTTTC

This is a long-term project that will include two residential training courses and a period in between of online exchanges. During the **first TC**, to be hosted by the Spanish NA, participants will be introduced to the basics of coaching as a method that they can apply in their daily work to improve the quality of the guidance that they offer to young people in their personal and professional development.

After the first TC participants will go back to their organisations and apply the new acquired coaching approach. **An Internet platform** will be set up to record, document and share participants’ experiences related to coaching in the learning lane.

The **second residential training course**, organised in Turkey, will give participants the opportunity to reflect on their coaching experiences and their own development. The challenges that they encountered will be shared, allowing them to reflect on and become aware of their learning outcomes and competences acquired throughout the whole LTTTC.



Erasmus+



Aim

- assist youth workers in developing a coaching approach to improve the quality development of youth work with the support of E+YIA.

Objectives

- bring an innovative and empowering mindset to youth workers by means of individual and group coaching methods and tools;
- help youth workers to increase participation of young people in society, including those with fewer opportunities;
- help them build their personal and professional resources to contribute to their development in a holistic way;
- give them the possibility to transfer the acquired competences and inspire others to adopt the coaching approach.

We will present participants with different methods and tools used both in life and business coaching.

By the end of the LTTC we expect participants to be able to:

- know, use and adapt coaching methods and tools easily in their daily work;
- strengthen the learning process by implementing the full coaching cycle: set goals, identify new possibilities, make decisions, take actions, and reflect;
- work on their personal and professional development to improve theirs and others' employability prospects;
- raise awareness of the entrepreneurial learning potential with coaching tools;
- be part of a support platform for sharing and exchanging experiences and good practices.

Profile of participants

- The participants will be **youth work professionals/youth leaders** interested in acquiring a coaching approach in their practices.
- We are looking for **26 participants**.
- The participants should have a working level of **English (min. B2 level)** to participate actively throughout the training course (discussions, sharing, group activities, active listening...).
- They need to be **over 18 years old**.
- **They must be able to attend both residential training courses and actively participate on the online platform.**



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*LTTC on Coaching in
Erasmus+ for Young
People's Development*

Co-organised

by



Agencia Nacional Española



TÜRKİYE ULUSAL AJANSI
TURKISH NATIONAL AGENCY

**SALTO-YOUTH
PARTICIPATION
RESOURCE CENTRE**



Education and Culture

Apply by **October 19th, 2014:**

<http://trainings.salto-youth.net/4527>