



Roadtrip to you Dream

A training course to find out about your visions and which guides you to the way to follow them.

Organized by NERONT

22.-30 August 2014 (including travel days)
in Andorf, Austria

Participant's Infopack



WHY THIS TC?

We live in a busy world, time has become a precious good. Questions such as what are you using your time for can leave a bitter taste in our mouth. Am I doing what I love? If you feel this bitter taste too join us and let us act together for a little more clarity and understanding of our passions and visions (and to make this world a little more wonderful!). Roadtrip to your dream training course in the beautiful Austrian countryside aims at addressing this topic and providing you with tools, methods, best practices and free space to develop your dreams.

AIMS AND OBJECTIVES

The aim of this TC is to gain an understanding and clarity of individual visions, dreams and passions and to learn about tools to realize them.

The main objectives of this TC are:

- providing room for exploring one's own passion and dreams
- sharing tools that can help realizing one's own dream
- exchanging our ideas and passions
- gaining basic understanding of different ways to learn (learning to learn)
- reaching basic understanding of the concept of non-violent communication
- creating possibilities to connect and network for future projects
- experiencing different cultures
- giving participants the possibility to practice their facilitation skills

METHODS

We will use the full range of non-formal working methodology such as group work, games and creative methods, input, discussions, reflection time, etc.

We will hold the main frame of the course, at the same time leaving the programme also in the hands of participants, who will have the possibility to share their knowledge and shape the TC according to their visions, ideas, needs, creativity etc. Therefore we will use the open space method.

The working language will be **English**.

THIS TC IS FOR YOU

- if you want to find out about your vision, passion and dream and you would like to spend some time to discover it
- if you have a dream and you would like to know more about how to realize them
- if you have experience with realising your dreams and you are willing to hold a session about it
- if you have no time to do what you really want to do! ;)

THE ORGANIZERS

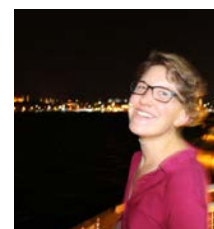
NERONT is a group of young active and enthusiastic people from the rural area in Upper Austria, which members are already experienced in working within the Youth in Action programme, holding workshops, doing trainings, etc.

Our Credo is: Think global - act local. Therefore we aim to work on a more sustainable world, foster intercultural dialogue and empower especially young people to “be the change, they want to see in the world” – to say it with Ghandi.

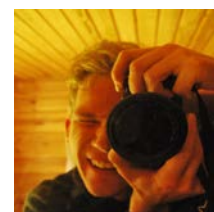
Raphael Kolic – studies psychology in Vienna, has a huge passion for non-violent communication (he can talk ages about it) and is also a professional trainer for NVC. He loves to bivouac in the mountains and is the one who ensures balance, calmness and the breakfast during the project (;



Katharina Spanlang – is obsessed by creative and non-formal ways of learning, organizes from time to time art festivals, loves to go to the forests to pick fruits or herbs for making jam, drying tea etc. currently studies international development, does an education to become a mediator and dreams from hitch-hiking the whole world (and the moon).



David Witzeneder – studies agronomy in Vienna, goes around Vienna only by bike (even when there are snowstorms), works on an organic small scale farm, is facilitator in all kinds of workshops and is planning a start-up with his cousin and brother on selling worm-compost-boxes.



VENUE AND DATE

This TC will be held from **August 22nd** (arrival day) **till August 30th** (departure day) in the village **ANDORF**, part of the beautiful Upper Austrian countryside. Participants will be accommodated by local families, whose homes are in walking distance to the place of venue of the workshops.

HOW TO GET THERE – CYCLING? SWIMMING? JUMPING?

Yes, yes you can also come by bike to Austria, but also by public transport Andorf is easily reachable. With the train you can get directly to the center of Andorf.

By Train:

Maybe the easiest way, you can check out national and international connections here:

<http://www.oebb.at/en/index.jsp>

By Bus:

All over Europe are also very good bus connections, the next biggest bus stations for international buses are Linz, Wels and Passau from there you can take the train which takes between one and half an hour (depending where you gonna be). According to the fact that bus services are not as centralized as trains are, I couldn't find "the one" webpage which would provide a good overview for connection all over Europe. Anyways, here are some:

<http://www.eurolines.at/en>

<http://www.buseurope.eu/front/home.seam?cid=8202570>

By Plane:

Closest airports are Vienna International (VIE) (3h to Andorf) and Munich (MUC) (5h to Andorf)

We aim to create our TC as “green” as possible so please choose the mean of transport with the lowest energy output.

WHO CAN APPLY AND HOW?

For this Training Course we have partners in the following countries and interested participants with residency in those countries can apply. There is no age limit, but you need to be over 18 years old to apply.

<i>country</i>	<i>partner-organisation</i>
Bulgaria	ASCS
Croatia	LAG
France	REALD Solafrika
Hungary	Csezzniek fiatalde
Latvia	Radi vidi pats
Spain	Biodiversa Biovives
Austria	NERONT

Please find the application form online:

https://docs.google.com/forms/d/1hV8qLI5Z23ISBJz5JDvIR0eQL6i3K49xg0HIF_bDqYk/viewform?c=0&w=1

Deadline for applications is July 16th.

Selection of Participants will be by 18th of July.

HOW TO FINANCE?

The course is co-funded by the Erasmus+ programme. Expenses that are covered include:

- accommodation
- food
- transport during the TC
- 70% of the travel costs*

* travel costs: please note, that we can only reimburse public transport, 2nd class fares. Taxi and private cars are not refundable.

For the reimbursement we will need all the original tickets (+boarding passes if you fly)

We can cover 70% of the following amounts:

Travel distances	Amount
Between 100 and 499 KM:	180 EUR per participant
Between 500 and 1999 KM:	275 EUR per participant
Between 2000 and 2999 KM:	360 EUR per participant
Between 3000 and 3999 KM:	530 EUR per participant
Between 4000 and 7999 KM:	820 EUR per participant
8000 KM or more:	1100 EUR per participant

Important notice: to determine where you are from, residence is the counting factor, not nationality. This means that we can support the participation of somebody living in France (or Croatia, Spain, etc), as long as they travel to and from the country, no matter what nationality is shown on their passport.

ANY QUESTIONS?

Write to info@neront.at

Or call Raphael Kolic: 0043 650 925 4105

PROGRAMME

TC ROADTRIP TO YOUR DREAM programme

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Theme	Getting to know. What is your dream?	Taking first steps on our road: Finding Vision and first tools	Best Practice and Culture	Learning to travel our way: Tools, Technics and Things to know	Learning to travel our way: Tools, Technics and Things to know	Starting the adventure: Guided time to develop your action plan	Farewell and new beginning: Youthpass, Erasmus+, Evaluation, Au-Revoir Part
Slot 1	Getting to know games	Appreciative Inquiry 1	Visiting people who live their dreams	The art of achieving goals	Conflict as a way for growth		Youthpass
Slot 2	Group building	Appreciative Inquiry 2		Pitfalls	Becoming acquainted with our frustration tolerance		Erasmus+ & Collecting Ideas for Future Projects
Lunch							
Slot 3	People with great visions: A Journey	Dragon-dreaming		NVC as a tool to be clear about your vision	Comfort Zone Crashing		Evaluation
Slot 4	What is your dream?	The art of setting goals		The mindful paradox and how it can help you to follow your dream	Learning to learn: Granulizing		
	HG*	HG	HG	HG	HG	HG	HG
Dinner							
Evening	Dinner with host family	Intercultural evening	Evening in the nature	Partnership building evening	Movie night	Free night	Farewell evening

* Homegroups serve the daily evaluation of needs met and unmet

** Day 2, 4, 5 will be held using **open space technology**

* Please notice, this is a programme draft, small changes may be possible.