

WARRMING

UP



Training course

Berlin, Germany

JUNE 22
-
02.07



Co-funded by
the European Union



THE PROJECT

Warming Up is a training course that addresses the urgent need for a holistic response to climate change. There is a growing sense of "**climate depression**", especially among young people who see no hope for meaningful change or only futile ways to channel their efforts. **This project aims to** engage both active participants and those who have not yet found their role and to encourage a shift away from a passive attitude.

OBJECTIVES



Expand participants' and youth's knowledge of climate change based on scientific facts.



Develop specific skills and provide proper tools that contribute to a positive impact on climate change.



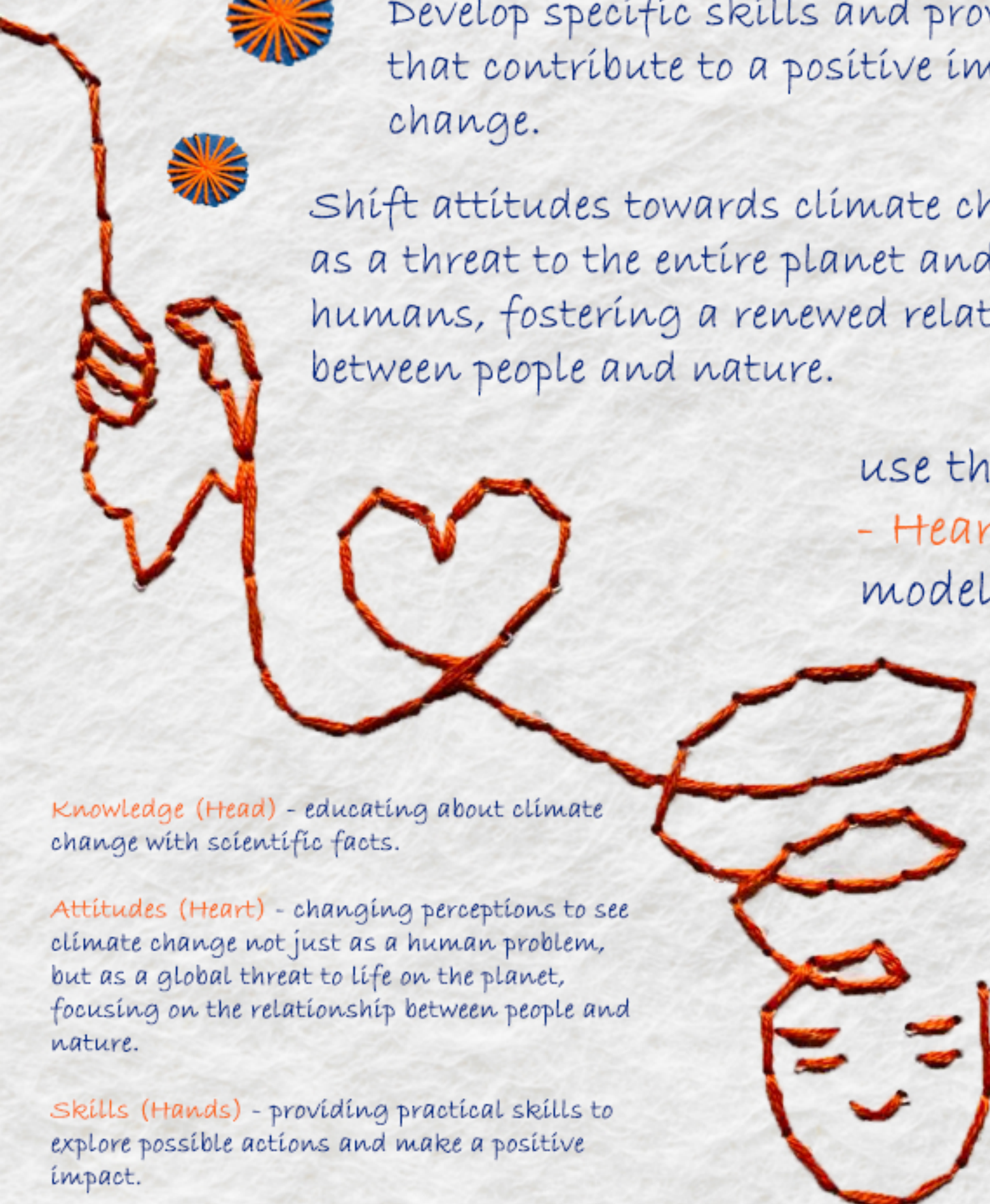
Shift attitudes towards climate change, seeing it as a threat to the entire planet and not only to humans, fostering a renewed relationship between people and nature.



We will use the **3H (Head - Heart - Hands)** model to ensure a holistic and complex approach to the topic.

Knowledge (Head) - educating about climate change with scientific facts.

Attitudes (Heart) - changing perceptions to see climate change not just as a human problem, but as a global threat to life on the planet, focusing on the relationship between people and nature.

Skills (Hands) - providing practical skills to explore possible actions and make a positive impact.





WHO CAN APPLY?

The target group of the project are people who work with young people, including youth workers, youth leaders, project coordinators, activists and educators.

We'd like you to be actively involved in the daily work of the partner organizations and to be aware of their strengths and challenges.

PARTNERS

KOBIETY.LODZ.PL - Poland

Baltic Ecovillage Network - Sweden

ART MARKET - Latvia


Arterra Bizimodu - Spain

Trailblazers Network Trapani Erasmus Generation

Associazione di Promozione Sociale - Italy

Ecovillage de Pourgues - France

Asociația Puzzle OptimEast Tg. Neamt - Romania





ACCOMONDATION

The Nature and Culture Camp Treibgut offers open spaces and educational activities on and around the water. Their water pilgrimage centre for nature and cultural experiences.

The venue is close to Berlin. The Treibgut Nature Camp is situated directly on the Havel waterway network, in a unique natural setting, surrounded by water and beautiful woodland and countryside.



Alter Königsweg, 14469 Potsdam
website





ACCOMODATION

The location has been carefully chosen to suit the theme of the project. **There are two large yurts that you will share during your stay.** They are equipped with everything you need for a comfortable stay. Nevertheless, please **bring your own sleeping bag.** There is also the possibility of setting up a tent, please contact the host organisation for more details - Dreaming Openly.

Food will be provided by DOPE. There will be two main meals each day, plus breakfast and two coffee breaks. **All food will be completely vegan.**

WHAT TO BRING

Everything you need for 2 weeks without shopping:

Toiletries,

Sun protection (hat, sun cream),

Towels,

Sleeping bag,

Earplugs,



Comfortable outdoor clothing and shoes,




Drinking bottle

Necessary medication,

European health insurance card

Optional: camera, other things that you need to feel comfortable...





TRAVEL

Travel to Berlin.

You can travel up to 2 days before and 2 days after the project. If you travel green, this will exceed up to 4 days. You will need to get to Berlin, from where you will take the local transport to Potsdam, Institut für Agrartechnik. From there, the project venue is only 10 minutes away by foot.

Usefull links:

Link to the German rail way website
<https://int.bahn.de/en/>

Típs!

You can use the Berlin ABC ticket, which covers all public transport in the city. Remember to stump the ticket!



In order to receive a refund, it is essential that you retain all of your receipts, tickets and boarding passes!



Please send your itinerary to Dreaming Openly or your sending organization for approval prior to purchase!

Dreaming Openly is not responsible for tickets purchased without prior approval!

If you need help planning your trip, don't hesitate to contact Dreaming Openly.







TRAVEL REIMBURSEMENT

Maximum reimbursement per distance (the distance band is calculated from the official address of the sending organisation and the hosting location).

Distance	Green travel (EUR)	Standard travel (EUR)
10-99 km	56	28
100-499 km	285	211
500-1999 km	417	309
2000-2999 km	535	395
3000-3999 km	785	580
4000-7999 km	1188	1188
8000 km and more	1735	1735

Participants must use environmentally friendly means of transport for the **majority of their journey** to be eligible for **Green Travel**.

Participants **will be reimbursed at the end of the training course** after submission of all original travel documents, including return train, bus and shuttle tickets, which must be sent by post if they are not digital.





CONTACT US!

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