

## Call for trainers

### “Sport as a method of social inclusion of young people” Training Course on Supporting Youth Projects in Erasmus+

Polish National Agency of the Erasmus + Programme is looking for a trainers who will be responsible for preparing and carrying out the “**Sport as a method of social inclusion of young people**” Training Course on Supporting Youth Projects in Erasmus+.

**Training** offers youth leaders, youth workers and coaches an opportunity to share, discuss and experience useful approaches, techniques and tools helping to evoke, develop and support using sport as a method of social inclusion. The aim of the TC is also to promote **sport as an educational and social tool** helpful to support young people (life skills, attitude, values, social integration).

#### Why sport?

**Bill Shankly** (legendary Scottish football trainer) said:

“Some people think **sport** is a matter of life and death. I am disappointed with this approach. I can assure you that this is something much more important.”

We believe that sport is one of the most important things in youngsters' lives. It could be not only a method to spend time but also a tool for changing their lives. Sport is part of both intangible heritage and daily life, and it is a symbol of the cultural diversity, richness of our societies. Sports are also an efficient means to convey values of solidarity, diversity, inclusiveness and cultural awareness. Moreover, sport reflects on different values and creates a bridge between different social groups and better mutual comprehension and dialogue.

During the training course we would like to identify, share, work out concrete tools, skills, approaches to help young people to do the best in their lives.

#### **Aims and objectives of the course:**

**Aim:** To foster using sport as an educational tool for social inclusion

- To discover and test diverse educational practices,
- To reflect and analyse about the transferability of the different educational tools,
- build a broader understanding of what an inclusion attitude means,
- introduce methods and approaches of supporting young people in
- understand how developing entrepreneurial attitude may influence employability of young people,
- raise interest in carrying out international projects of KA1 and KA2 as a way of developing life skills, tool for social inclusion, method of raising social activity of youngsters,
- create ideas for projects on the frame of Youth Erasmus+ Programme (KA1 and KA2), work out concepts of the projects and facilitate cooperation among participants.

#### **After the training participants will be able:**

- use sport as an educational and social inclusion tool,
- support young people in their life challenges,
- guide young people how they can make use of their sports potential in a lifelong perspective (for example work, school, non-formal or formal activity)
- use Erasmus+ Programme tools to help young people and develop potential of their organizations,
- have new contacts and possible partners for future cooperation.

The training will be based on the principles and practice of non-formal education taking into account participants' needs, motivations and experiences. Variety of methods will be used to allow involvement of participants with different learning styles and to ensure a balance between theory and practice.

### Target group of the course:

Participants: about 25-30 participants from all of the Programme Countries. 25-30 adults who are:

- Youth leaders, youth workers or representatives of NGOs, community centers, youth clubs, schools, local authorities, local governments or other public institutions, non-formal groups of young people that have a mandate to enter into a partnership with other organizations/groups,
- willing to support youth in preparing and carrying out transnational projects,
- motivation towards sports and social inclusion environments,
- able to communicate easily and work in English.

### Dates and venue of the training

Venue: Youth Sport Center Agrykola in Warsaw, Poland.

Proposed dates: **21st-25th October 2015** (trainers may arrive one day before)

1 <sup>st</sup> day	2 <sup>nd</sup> day	3 <sup>rd</sup> day	4 <sup>th</sup> day	5 <sup>th</sup> day
Arrivals by 6 p.m.	Working day	Working day	Working day	Departures from early morning

### Team

- 2 trainers - responsible for the programme flow, methodology and final report. One European trainer and one member of Polish Trainers' Pool;
- representatives of the Polish NA – responsible for the organisational part of the training (concept, promotion of the training, cooperation with other NAs, recruitment of participants, logistics etc.).

### Trainer's profile

We are looking for one European trainer, someone who:

- has experience in using sport as an educational tool,
- has experience in creating educational programme stimulating young people,
- has experience with supporting others (youth and/or adults) in creating social projects,
- knows the idea of coaching or other methods of supporting people (youth and/or adults),
- is experienced in the field of non-formal education,
- is experienced in carrying out not less than 2 international trainings, seminars etc. on similar topic;
- has knowledge concerning aims, priorities and rules of Youth Sector of Erasmus+ Programme,
- very good level of spoken and written English language.

### Trainer's fee

7 paid days (260 € per day with tax included).

- 4 working days during the training
- 3 days for preparation and evaluation (including individual and team preparation, prep-meeting, on-going and final evaluation directly after the training + final report; prep-meeting dates and final report are not extra paid)
- board, lodging and travel costs are covered by hosting National Agency.

### Tasks for trainers

- **One preparatory meeting:** 1,5 working days, Warsaw **20-21 may 2014**
- **Programme design & implementation:** Come up with an attractive title, specific objectives, develop concept and programme, select active methodology, ideas for necessary input (programme, best practices, theory,...);
- **Develop the call for participants** together with the team of National Agencies;
- **Evaluate the course** and concept;
- **Prepare the final report with the concept of the course** so that it can be repeated;
- **Availability for the preparatory meeting.**

For more information, please contact:

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