

Youth Exchanges for ALL

23-27 September 2024, Tunis, Tunisia

Dear participant,

We are looking forward to welcoming you on the training course “Youth Exchanges for ALL”, coordinated by SALTO Euromed and SALTO Inclusion & Diversity. Half of the participants will be from ‘Meda countries’ (south of the Mediterranean) and half will be from Erasmus+ programme countries. A great opportunity to learn about both sides of the Mediterranean (and a bit further afield).

Thank you for taking some time to read the full info pack.

1. About the training course (a quick reminder)

This training is especially designed for NEWCOMERS to Erasmus+ Youth who are directly working with young people from disadvantaged backgrounds.

In only 3 working days, we will show you the possibilities Erasmus+ Youth Exchanges have to offer for young people from disadvantaged backgrounds e.g. those from minority backgrounds, with additional needs, with socio-economic difficulties, discriminated groups, those in difficult situations, with limited opportunities...

This course will give you a concrete taste of **what is possible**, bring you in contact with **other inclusion youth organisations**, show you what **funding** is available specifically for youth inclusion projects and walk you **step-by-step** through the process in case you would like to give it a try.

The “Youth Exchanges for ALL” is not based on a ‘one-way information-flow’ it requires pro-active participation from you. We hope that this information will help you to prepare for an adventurous, challenging and inspiring course!

This training course will be in ‘international’ English. No need to be perfect, but be open to communicate as good and as a bad as you can. We welcome funny language mistakes ;-)

You can find the draft programme of the training at www.salto-youth.net/youthexchangesforall/

During this training course, you might find new partners, **but** as this is not the focus of the course, it will largely depend on your initiative during the breaks, mealtimes and free time.

2. Our venue

We will work and sleep in **hotel Golden Tulip El Mechtel** - <https://el-mechtel.goldentulip.com> – Avenue Ouled Haffouz El Omrane, 1005 Tunis, Tunisia, Tel +216 71 783 200

You will be accommodated in **single rooms** with towels and bed linens provided.

You will have access to a seminar room with all necessary technicalities, which is situated in the same hotel. There is also **free wireless** connection to the internet in the place, and a hammam and outdoor pool (bring a swimsuit if you want to use it).

3. Arrange your travel

Check with your sending Erasmus+/Solidarity Corps National Agency or SALTO EuroMed about the rules which apply to the reimbursement of your **local** and **international** travel costs. Keep all the documents that prove your travel costs to be able to justify them when claiming your travel reimbursement.

IMPORTANT WHEN BOOKING YOUR TRAVEL

- **Arrival:** We start the course with a welcome session at 18h on Monday 23 September 2024, so please book transport that arrives in time! It's nice for the group dynamics if we can all start together, so nobody is left out.
- **Departure:** On Friday 27 September 2024, you can depart anytime.
- **Meals and lodging** are foreseen from dinner on Monday 23 September 2024 till breakfast on 27 September 2024.

The training programme is intense and there will be **one free evening only**. If you want to visit the country, you should check with your sending National Agency or SALTO about the rules they apply in case you plan to come earlier or leave the hosting country later. Bear in mind that the costs and organisation of extra nights outside the official dates of the programme are your responsibility.

Submit ASAP your arrival/departure and any needs

Let us know your travel details **AS SOON AS YOU KNOW THEM (preferably by August)** by filling in the 'confirmation form' at <http://onlineform.salto-youth.net/2102>

You can access it with the same login & password you used for your course application.

In this form, you can also specify any food or other needs that we should cater for.

If you have **reduced mobility**, please mention this in the confirmation form, so we will organise an airport transfer for you.

Please fill in this confirmation form asap so we can start preparing the practicalities.

Getting to the hotel

From Tunis Carthage Airport

1- By bus

Go out from the airport arrival hall, head out to the main gate of the airport and you'll see a roundabout. There is a bus stop. See photo (or ask for the Transtu bus stop to the city).



The bus leaves from the airport (roundabout) at the following times:
8h - 9h - 10h - 11h - 12h - 13h30 - 14h30 - 15h30 - 16h30 - 17h30 - 18h30 - 19h30

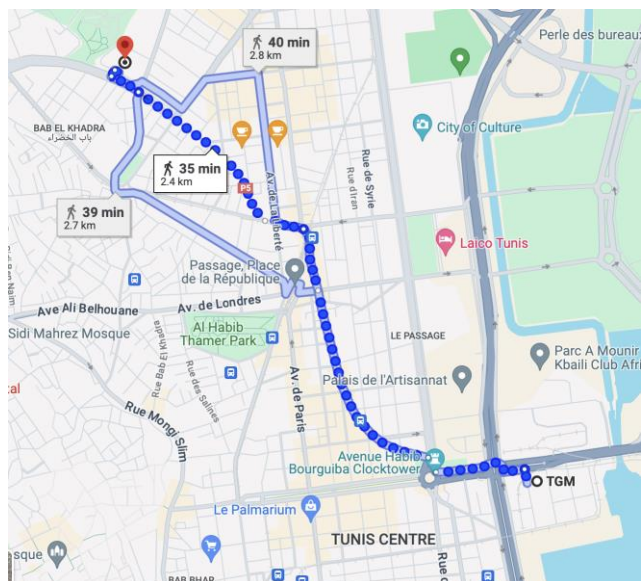
It costs: **1 TND** (make sure you get some local currency/coins at the airport on arrival – ATM or exchange office).

The bus will take you to the **TGM station**, from there you can decide to walk (around 40min) or take a taxi (see more info on taxis below).

2- By taxi

Note: some National Agencies or SALTO centres do not reimburse taxi costs – only bus. Check with your NA.

Taking a taxi in Tunisia might be a bit complicated (there can be scams) but here are some practical tips:



- a) Check the arrival time with other participants (SALTO ID will share this closer to the course) and see if there's a possibility **to share a taxi** (no more than 3 people, 2 people if you have big luggage). The driver will charge you 1 TND for each luggage, it's normal.
- b) Once you get in the taxi, make sure the driver puts the meter on. When you arrive at destination, you should pay the amount on the meter indicated in **TND not in Euro** (+ extra for the luggage). Make sure you get local currency (and small bills/coins) in the airport to pay it in TND and avoid any scam.
- c) While you have internet (e.g. in the airport), enter/download the **itinerary from the airport to the hotel** in advance to follow the ride. In case you see the driver is making the trip longer to make you pay more, you can object.

Transfers by the organisers

- We can arrange airport transfer for the participants with reduced mobility, regardless of your time of arrival. Please add this as a comment in the 'confirmation form' and we will contact you.

Practical information

- Currency:** Tunisian Dinar (TND), €1 (EURO) = 3.36 TND
You can exchange money at the airport (bad exchange rate) or get money out of the ATM bank machines – make sure you have small notes to pay for the taxi (buy a drink or so in a shop to break down big bills)
- Local Time:** UTC+1 (CET) – this is the same time as Lisbon/Dublin (one hour earlier than Brussels, Paris, Stockholm, Berlin...)
- Country phone code:** +216 – check with your provider what are the rates for mobile phone calls. Often it is very expensive outside of the EU. Consider switching off your data before you arrive in Tunisia.
- Emergency number:** Police: 197/193, Fire brigade: 198, Ambulance: 190

4. Things to bring

About your organisation

During the training course, everyone will get the opportunity to present their own organisation in a visual way, through an interactive activity. Please be aware that **there will be no time within the organised programme** of the training course to present your organisation in front of the whole group, or to show videos. Do, however, bring relevant materials about your (youth) organisation and its activities, this can be posters, flyers/leaflets, photos, etc. that can stay in the working room in 'exhibition style'.

Cultural Coffee breaks

We invite you to bring some typical sweet or savoury snack from your country/region to share with others during one of the coffee breaks during the course. Be mindful of people who might have allergies or are vegan.

It would be good if it is something that does not require preparation or cooling. We won't have the possibility to heat, cook or cool your snacks.

5. Join the online intro session on Friday 6 September 2024, 14h-16h CET

We invite you to participate in an **online intro meeting (in Zoom)** to get to know each other and give you already some basic information and preparation tasks. That way, we can make most of the 3 days we have together.

If you cannot free yourself for this session, please inform the trainers.

Please put **Friday 6 September 2024, from 14h to 16h CET** (Brussels time zone, not Tunisia time) in your agenda.

> *If you are not in the Central European time zone (CET) you can calculate at what time we meet in your time zone at*

<https://www.timeanddate.com/worldclock/converter.html?iso=20240906T120000&p1=48>

Use this link to access the Zoom meeting (download Zoom or open the link in a browser)

<https://us02web.zoom.us/j/81142416321?pwd=VjF2ZHY4YzBCeWZpQ2tkWmNQR1BPdz09>

Meeting ID: 811 4241 6321 - Passcode: hello (in case the application asks you)

>> If you really cannot join the online meeting, please let the trainers know.

Your team

- **Mara Arvai** (mara.arvai@yopa.hu), trainer
Mara has been working as a youth worker, trainer, and expert assessor in the field of youth within Erasmus+ programme and European Solidarity Corps for more than 20 years. She is a member of the Council of Europe trainers' pool and the Youthpass Advisory Group of the European Commission. Mara has a broad experience in implementing youth exchanges with special focus on inclusion and diversity. She is passionate about human rights, intercultural learning and empowerment and active participation of young people with fewer opportunities. Her mission is to give any kind of support for young people till the moment they do not need her anymore.
You can contact her for info about the training programme.

Mariem Ben Ltaifa (mariem.benltaifa@gmail.com), trainer

Mariem has years of experience as a youth worker, trainer and facilitator in different programs like Erasmus+, the German French Youth Office and the EuroMed program. She is a

member in different pools of trainers involved mainly in transcultural learning and dialogue. Her work focuses on gender equality, political participation and migration. Mariem is very passionate about challenging stereotypes, critical thinking as well as creating alternative narratives for a more diverse representation of societies.

You can contact her for info about the training programme and local Tunisia information.

- **Nerijus Kriauciunas** (nerijus@awero.org), trainer
Nerijus has extensive experience working for National Agencies in Networking training activities (Appetiser, BiTriMulti, ATOQ) and organisations. Last several years he was involved in delivering impactful online training opportunities. He has grass-root youth work experience till now. Passionate and involved in with using digital Open Badges for the recognition of learning. Involved in developing EduTech solutions tailored to youth work sector.
You can contact him for info about the training programme.
- **Tony Geudens** (tony@salto-youth.net), SALTO Inclusion & Diversity
Tony has been working for SALTO ID for more than 20 years. He has been coordinating training course for different inclusion target groups and has written some of the SALTO inclusion publications.
You can contact him for all participant and course questions.
- **Moussa Sall** (moussa@salto-youth.net) – SALTO Euromed
Moussa has been working for SALTO EuroMed for 2 years now. He has been in charge of organising trainings and seminars mainly in the framework of the Erasmus+ Youth programme.
You can contact him for questions relating to the venue in Tunisia.

See you soon!

This course has been made possible through the support of the European Commission, the National Agencies of Erasmus+/Solidarity Corps and in particular SALTO Inclusion & Diversity and SALTO EuroMed.