



Erasmus+

aMUSEd by Amalfi Coast

Inspiring Practices for Environmental Sustainability & Youth Involvement
Erasmus+ KA153-YOU – Mobility of Youth Workers
Study Visit: May 02-10, 2025 | Amalfi Coast, Italy



ACARBIO



A.T.A.

Asociația
de Tineri
din Ardeal



MANFRED
ON TOUR



EUPHORIA
youth lab



KREAKTIVA
Udruga za razvoj zajednice



SPOTUR
Slovenj Gradec



MESI



PILIENS
OKEĀNĀ

The project

The project 'aMUSEd by Amalfi Coast' is a mobility project for youth workers involving eight partner organisations from seven countries. The main activity of the project is a 7-day study visit in Tramonti and the Amalfi Coast in Italy, scheduled from 02 to 10 May 2025. The project aims to inspire youth workers, educators and environmental activists by exposing them to best practices in environmental sustainability and youth involvement. Participants will engage in activities such as site visits, interactive workshops, outdoor learning and cultural sharing to gain knowledge, skills and motivation to develop youth-centred impact initiatives in their communities. A key aspect will be to avoid superficial 'green-washing' and promote real behaviour change.

Venue: Tramonti, Amalfi Coast

The Amalfi Coast is a region of extraordinary biodiversity and rich cultural traditions, yet it also faces significant challenges such as over-tourism, environmental degradation, and youth migration.

The study visit is hosted in Tramonti, a lesser-known but historically rich inland village, known for its community-driven sustainability efforts and commitment to preserving traditional practices.

It was a strategically important part of the Maritime Republic of Amalfi, as it guarded the coast from any possible attack from the mountains. In fact, there once were several towers and military castles that could easily communicate any danger directly to the coast. Furthermore, it used to be and still is the green heart of the Coast and an important supplier for wood and agricultural products. Tramonti consists of 13 small villages. One of them is Polvica, where our project will take place.

Accomodation



Participants will stay in a historic monastery in Tramonti, offering a unique cultural experience. The monastery, now used as a community guesthouse, provides shared rooms (2-4 people per room), bathrooms, and communal spaces for meetings, relaxation, and group activities. The location offers stunning views of the surrounding mountains and terraced vineyards, immersing participants in the natural beauty of the Amalfi Coast.

Participating organisations

-  ACARBIO (Italy) - Project Coordinator
-  Asociación Juvenil Manfred on Tour (Spain)
-  KOINONIKI SYNETAIRISTIKI EPICHIRISI (Greece)
-  Piliens okeānā (Latvia)
-  ASOCIATIA DE TINERI DIN ARDEAL (Romania)
-  UDRUGA ZA RAZVOJ ZAJEDNICE "KREAKTIVA" (Croatia)
-  Javni zavod SPOTUR Slovenj Gradec (Slovenia)
-  Mòvesi APS (Italy)

Project Overview

This study visit aims to equip youth workers, educators, and environmental activists with tools and knowledge to promote sustainability and youth engagement in their communities. It will focus on:

- Best practices in sustainability
- Avoiding “green-washing”
- Networking & collaboration
- Developing new youth projects

Project Objectives



1. Inspire participants through real-world sustainability initiatives.
2. Provide practical tools to engage youth in environmental projects.
3. Raise awareness on the impact of sustainability.
4. Encourage international collaboration and networking.
5. Foster cross-sectoral cooperation between NGOs, municipalities, and schools.

Activities

- Study Visits: NGOs, local schools, cooperatives, and environmental projects.
- Workshops & Discussions: Sustainability, youth engagement, and avoiding green-washing.
- Job Shadowing: Participants will choose organizations for focused learning.
- Outdoor Activities: City games, nature hikes, and hands-on experiences.
- Cultural Exchange: Sharing local traditions, food, and experiences.
- Digital Collaboration: PADLET platform for documentation and learning resources.
- Reflection & Evaluation: Structured feedback and learning assessment.

Participants



- **Number of Participants:** 24 (3 per partner organization)
- **Background:** Youth workers, educators, NGO activists, social workers, peer educators.
- **Commitment:** Participants must apply new knowledge in their communities.
- **Open to Learning:** Willing to engage in discussions, exchange experiences, and collaborate internationally.
- **Duration:** The study visit will last 7 days of activities, plus 2 travel days, making it a total of 9 days. Participants are expected to engage fully in all scheduled activities during this period.

Expected outcome

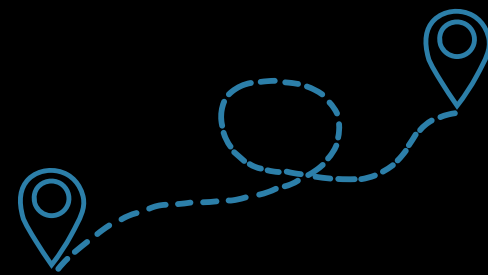
- Professional Growth: New competencies in youth work and sustainability.
- New Initiatives: Each participant will develop at least one project idea.
- Networking: Strengthened international collaboration and partnerships.
- Community Impact: Practical applications in youth work to benefit local communities.
- Awareness on Greenwashing: Participants will learn how to promote real sustainability and avoid superficial efforts.

Follow-Up



- Implementation of new practices: Each organization expected to adopt 3 new sustainability initiatives.
- Sharing knowledge: Workshops and discussions after returning home.
- Online documentation: Resources and findings shared through the PADLET platform.
- Networking & Collaboration: Ongoing communication between participants to foster future projects.

Logistics



The nearest airport is Naples International Airport (NAP) or few options to Salerno Costa d'Amalfi (QSR). Otherwise you can also check flights to Rome but in this case, please be aware to plan at least 3 hours extra.

Important for the booking of flights: Please look for flights arriving before 16.30 in Naples and leaving after 11.00 from Naples to be able to arrive at and depart from the venue. Transport early in the morning or late in the evening can be difficult.

From the airport in Napoli there is a direct shuttle bus to Maiori [here](#)

If the option above is not possible, from the airport you need to reach Salerno.

Option 1: shuttle bus from Napoli airport to station and then train to Salerno

Option 2: Flixbus from Napoli airport direct to Salerno (if options are matching the time of landing)

From Salerno there are two more buses (SITA SUD) to reach Tramonti:

1.From Salerno to AMALFI (stop in Maiori Bar Oriente)

2.From Maiori to TRAMONTI (stop in Polvica)

Travel reimbursement

Organization	From	Travel budget per 1 person
Piliens okeānā	Latvia	Eur 309
ASOCIATIA DE TINERI DIN ARDEAL	Romania	Eur 309
Asociación Juvenil Manfred on Tour	Spain	Eur 309
SPOTUR	Slovenia	Eur 309 (417 Green Travel)
EuPhoria	Greece	Eur 309
KREAKTIVA	Croatia	Eur 309 (417 Green Travel)
Mòvesi APS	Italy	Eur 56
ACARBIO	Italy	Eur 0

Reimbursement will only be processed upon receiving all original tickets, invoices, and boarding passes.

Logistics



Meals: 3 meals a day and coffee breaks will be provided, featuring locally sourced and sustainable ingredients. Participants will enjoy traditional Mediterranean cuisine, with vegetarian and vegan options upon request. Lunch boxes will be prepared if needed for visits.

Packing List:

- Comfortable walking shoes
- Rain gear & sun protection
- Notebook for reflections
- Traditional food item for cultural exchange

HOW TO APPLY?

You can [APPLY HERE](#)
until 25/03/2025

We are looking forward to spending some exciting and inspiring days with you here in the beautiful Tramonti!



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OKEĀNĀ

Activity Programme (One page overview)										
Time / day	A Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	D Day	
8 - 9.30	Arrivals to study visit location	OWN time (morning yoga, meditation) and breakfast								Final individual reflections on outcomes from the study visit and closing ritual of "saying goodbye" Farewell and departure
9.30 - 11.30		Intro and ice-breaking Programme, approach, objectives	ACARBIO - good practice workshops	Visit at the Tramonti Municipality + meeting Youth Forum association with focus on youth participation	Visit at the nuns of Maiori - focus on church initiatives	Check-in with the group - plans of the day and support Job shadowing a chosen place (in groups) + visibility activity	Sharing experiences from Job-shadowing Discussion on remaining questions	Minori Scout activities with focus on practical skills		
11.30 - 12.00										
12.00 - 13.30		"My community" - getting to know each other and our communities	ACARBIO - good practice workshops	Practical exploration of Polvica (part of Tramonti) through city game lead by volunteers	Meeting with activists from the Greeners Youth Club - small hike together	Job shadowing a chosen place (in groups) + visibility activity	Open Space with Sharing "Good practices" by partners and offering questions for discussions	Conversations/discussions with Minori Scouts(on topics proposed by us)		
13.30-15.00		Lunch								
15.00-16.30		Speed training on crucial skills for study visits @town environment Walking towards ACARBIO	Visiting Tramonti School - focus on intercession between formal and non-formal - how to involve young people?	Meeting with local Theater Association with focus on social emancipation	Meeting with activists from the Greeners Youth Club - small hike together	Job shadowing a chosen place (in groups) + visibility activity Reflection/evaluation of the experience in group	Open Space with Sharing "Good practices" by partners and offering questions for discussions	Summing up of study visit - individual level (learning and Youthpass) and group level Agreeing on follow-up		
16.30-17.00		Coffee break								
17.00-18.30		Welcome Dinner	ACARBIO with focus on understanding the "big picture"	Workshop: "Food - bringing people together" (optional)	Checking-in and mid-term evaluation (reflection) Planning of job-shadowing day	Self-directed exploring of Amalfi coast	Free time and continuation of self-directed exploring of Amalfi coast	Ideas for Cooperation & Networking time	Self-organized time - networking, publicity, "me-time", documents...	
18.30-19.00			Time for reflection in group			Reflection		Reflection		
19.00		Welcome evening	Dinner							
~20.30	Integration evening		Self-organized	Intercultural evening with games outdoors	Self-organized	Free time	Karaoke evening	Farewell dinner and evening		